

## November 2019 BREAKFAST MENU Kalaheo Elementary School

All menus are subject to change without notice.

All meals include a choice of a half pint 1% white or FF Chocolate milk.

**\*\*\*\*Alternate choice with main breakfast: Cereal & Toast or Yogurt & Toast.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pepperoni pizza stick Apple juice Orange wedges
4 Cinnamon raisin bagel Cream cheese Pineapple chunk	5 Fruit yogurt bowl Pineapple chunk Grape juice Apple wedges	6 Coffee cake Peaches Honeydew melon	7 Chicken Patty Steamed rice Cantaloupe Fruit cocktail	8 Pizza bagel Orange wedges Fruit juice
11 Veterans day	12 Ham links Steamed rice Fruit cocktail Cantaloupe	13 Kalua quesadilla Pineapple Orange wedges	14 Belgian waffle Syrup Apple wedge Peaches	15 Pancake wrap Watermelon Peaches
18 Turkey egg sliders Peaches Honeydew melon	19 Applesauce muffin Orange wedges Fruit cocktail	20 Cinnamon roll Orange wedges Pineapple	21 Fried rice Portuguese sausage Cantaloupe Fruit juice	22 Ham and cheese roll Peaces Apple wedges
25 Pepperoni pizza stick Fruit cocktail Apple wedges	26 Pork links Steamed rice Orange wedge Peaches	27 Papaya bread Cantaloupe Fruit juice	28 Thanksgiving Day	29 School Holiday

<p><b>All bread and bread products are made with whole grain.</b> Breakfast is served from 7:00AM-7:40AM</p> <p style="text-align: center;"><b>BREAKFAST PRICE</b></p> <p>Reduced.....\$0.30 Paid.....\$1.10 Milk Only...\$0.75 Second meal and Adult....\$2.40</p> <p style="text-align: center;"><b>LUNCH PRICE</b></p> <p>Reduced...\$0.40 Paid.....\$2.50 Milk only.....\$0.75 Second meal and Adult.....\$5.50</p>	<p>School meal payments can be done at the office. Prepayments can also be made online, to create an account go to <a href="http://www.EZSchoolPay.com">www.EZSchoolPay.com</a> with your child's last name and their student number.</p> <p>****Low balance and negative letters will be sent out weekly with your child.</p>
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**This institution is an equal opportunity provider.**

# NOVEMBER 2019 LUNCH MENU Kalaheo Elementary School

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 All meals include a choice of a half pint 1% white or FF Chocolate milk.  
 All bread and bread products are made with whole grain.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Sloppy Joe WG Bun Baked Beans Vegi sticks Cantaloupe
4 Fish Sandwich WG bun Rainbow Salad Pineapple	5 Popcorn Chicken Steamed Rice Carrots and Corn Honeydew melon	6 Crispy Nachos Spinach/Romaine Salad Celery Sticks Orange wedges	7 Hot turkey sandwich Whipped potatoes Carrot and Edamame Apple wedges	8 Kalua pork and cabbage Steamed rice Lomi tomato Pineapple
11 Veterans day	12 Chicken tenders Steamed rice Spinach/Romaine Salad Carrot Sticks Peaches	13 Meatloaf w/ Gravy Steamed Rice Broccoli and Carrot Apple Wedges	14 Corn dog Vegi Sticks Edamame banana	15 Pepperoni Pizza Watermelon Broccoli and celery Edamame
18 Chicken Patty Sandwich Broccoli and Cucumber Orange Wedges Baked Beans	19 Beef Stew Steamed Rice Broccoli and Corn Apple Wedges	20 Korean Chicken Steamed Rice Spinach/ Romaine Salad Fruit Cocktail	21 Hot Dog in Bun Carrot/Celery Sticks Potato Wedges Peaches	22 Roast Pork w/ Gravy Steamed Rice Rainbow Salad Cantaloupe
25 Sweet and Sour pork Steamed Rice Romaine Salad Peaches	26 Hamburger steak Steamed Rice Gravy Carrots/ Corn Fruit Cocktail	27 Oven Baked chicken WG roll Mashed potatoes Carrots / Edamame Apple wedges	28 Thanksgiving Day	29 School Holiday

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