

DANCE UNLIMITED

COVID-19 Preparedness Plan

Dance Unlimited is committed to providing a safe and healthy environment for staff, students, and families. We have developed the COVID-19 Preparedness Plan below to ensure a safe and healthy environment at each of our three Dance Unlimited locations. Staff, students and families are all responsible for implementing this plan.

Our goal is to mitigate the potential for transmission of COVID- 19 in our facilities and communities through cooperation and compliance of this Preparedness Plan from all staff, students, and families. Our COVID-19 Preparedness Plan follows Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines, federal OSHA standards related to COVID-19 and Executive Order 20-56, and addresses:

- Hygiene and Cough/Sneeze Etiquette.
- Social distancing policies.
- Cleaning, disinfecting, and ventilation.
- Prompt identification and isolation of sick persons.
- Communications and training that will be provided to staff.
- Communications and instructions for students and families.

Screening Policy

All persons entering one of our facilities must self-monitor for signs and symptoms of COVID-19. Any staff member or any student who shows symptoms of COVID-19, has tested positive for COVID-19 or has been exposed to someone with a positive COVID-19 test may not enter the dance studio and must immediately inform the studio via email. Parents are asked to take their child's temperature at home prior to coming to the studio. Any person with a fever greater than 99.9 should stay home. Dance Unlimited has implemented policies that workers stay at home when they are sick, when household members are sick, when required by a health care provider to isolate or quarantine themselves or a member of their household. We have also implemented a policy to inform staff and families if they have been exposed to a person with COVID-19. Notification will be sent to all affected persons via email. In addition, a policy has been implemented to protect the privacy of workers' health status and health information. We will not reveal the name of the individual with the positive COVID-19 test or symptoms.

Handwashing

Staff and students are instructed to wash their hands for at least 20 seconds with soap and water frequently throughout the day, but especially at the beginning and end of their dance class, prior to eating and after using the restroom. All visitors to the studio will be required to wash or sanitize their hands prior to or immediately upon entering the facility. Hand-sanitizer dispensing stations are in each studio lobby and each individual dance studio. Hand soap is available in each bathroom, with signage reminding to wash thoroughly for 20 seconds or more.

Cough/Sneeze Etiquette

Staff, students, and families are instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing and to avoid touching their face, especially the mouth, nose and eyes. Tissues should be disposed of in a trash can and hands should be washed or sanitized immediately afterward. <https://www.health.state.mn.us/diseases/coronavirus/prevention.html>.

Masks

Staff, students, and families are encouraged to wear a mask upon entering the studio lobby space. Staff will wear a mask while teaching through the month of June. Wearing a mask while in the studio dancing will be up to each student's preference and comfort level of exercising with a mask on. Students and families will provide their own mask.

Social Distancing

A space of six feet will be maintained between teachers and dancers in the lobby area of each location. Individual spaces six feet apart will also be marked on the dance studio floors. Current classes are limited to 9 students. Teachers will remain at a 6 foot distance when demonstrating or correcting students. Entrance to the dance studios will be limited to students attending classes. Parents should plan to drop their dancer off in the lobby entrance and then leave the building during class time.

Cleaning, disinfection, and ventilation

We will continue with our regular routine of cleaning and disinfecting, including lobby areas, restrooms, dance floors, mirrors, and barres, and all surfaces. Frequency of cleaning and disinfecting will be increased in high-touch areas, including door handles, barres, stereo equipment and any props used. Barres will be cleaned following every class in which they were touched as well as at the beginning and end of each day of classes. Stereo equipment will be sanitized each time a new teacher uses the room. Staff and students are encouraged to use their restroom at home prior to arriving at the studio. Restrooms will be open for use if needed during class, and will be sanitized regularly. Upon leaving the restroom, we advise staff and students to use a paper towel to open the door handle. Students that have a break longer than 15 minutes between classes are asked to go outside and return for their next class.

Dance Unlimited has purchased cleaning and disinfectant supplies that are in accordance with CDC guidelines. Please note that some of our cleaning supplies are bleach based.

Our ventilation systems are being properly used and maintained, the maximum amount of fresh air is being brought into each location, and air recirculation is being limited. Outside doors will be propped open when weather permits. Our drinking fountain (St Louis Park location) is not to be used until further notice. Please bring your own water bottle to class.

Communication and Training

This COVID-19 Preparedness Plan is being sent by email to all families and staff. Additional communication and training will be ongoing as new information becomes available.

This COVID-19 Preparedness Plan has been certified by Dance Unlimited and is posted at each location. This Preparedness Plan will be updated as necessary. Certified by: Gretchen Novak, Owner & Director of Dance Unlimited.