The Sydmor Stables lesson program enables riders of all levels to receive instruction on safe and reliable school horses. Our experienced instructors are dedicated to meeting the needs of each individual rider in a relaxed and positive family environment. Lessons focus on teaching strong basic fundamentals with the intention of creating confident and well-prepared riders. Classroom sessions are taught covering a variety of topics which include the principles of horsemanship, horse care, feeding, grooming, and much more. The mission of Sydmor Stable lesson program is to create horsemen/women who respect the horses and have an in-depth understanding of the responsibility involved in riding and horse care

***Sydmor Stables*** offers lessons for riders age 5 and up. From the beginning, riders are learning basic skills to the competitive rider who wishes to actively compete in area of schooling and rated shows. We enjoy working with both adult amateur riders and young riders alike, using positive training and coaching methods with an emphasis on horsemanship, education and success.

We realize that not every rider will have the same riding goals and individualized lessons can be created to fulfill their goals.

Group and or private riding lessons are available depending on the needs and schedules of our clients. Our large all weather riding arenas allows lessons and training to continue even in the winter months. Our safe well mannered lesson horses are available to lease or purchase at a later time.

Group lessons are offered daily Monday through Sunday, private lessons are scheduled individually.

***Riding Lesson Rates:***

• **Private Lessons:**
 Available on an individual basis, $50 for 1 hour.
• **Semi-Private Lessons**
 (2 people) $45 per person for 1 hour
• **Group Lessons**
 (3 + people) $40 per person for 1 - 1.5 hours.
•**New Rider Program**
 $180 for 4 private lessons. Includes additional time to learn horse care, proper use of tack, basic equine anatomy, horsemanship and horse safety.

**Lesson Packages:**
• 3 or more Private Lessons - $45 each.
• 3 or more Semi-Private Lessons - (2 people) $40 each

(Lesson packages are non-refundable and must be used within 30 days of purchase.)

***Children's Program***

New riders age 5 and up are always welcome! If your child has never ridden a horse before, we look forward to introducing them to the equestrian sport in a safe, professional and fun environment. They will learn grooming, basic horse anatomy, correct terminology and care for their tack. Riding skills and equine knowledge are built up from week to week assuring a well rounded foundation in riding. We have well mannered safe lesson horses and all the necessary tack, helmets and equipment to get them started!

***Horsemanship & Education***
All riders will learn to properly care for their horses and tack during riding lessons. Basic knowledge for the new horseperson should include how to safely handle a horse on the ground, groom, tack and untack. We believe that proper basic horsemanship is an essential part of being a knowledgeable and safe equestrian. If you are ready to take the next step in your riding, we can customize a lesson program for you!

***New Rider Program***Geared towards the child or adult beginner, our New Rider Program is a four-week course that will safely teach you the basics of horseback riding. This one on one course assures individual attention to you from the trainer and will be educational and a fun experience. Join us to become familiar and comfortable with basic riding skills on one of our well trained school horses. You’ll learn important horsemanship skills including:

* Grooming (caring for your horse before and after riding)
* Tacking up and un-tacking (saddle, bridle, etc.)
* Rider position
* Learning about riding aids
* Steering and controlling your horse
* The gaits of the horse - walk, trot, canter
* Learning the posting or rising trot and diagonals
* Horse, Rider and Barn Safety

**Schedule:**  1 lesson per week, scheduled at your convenience.
**Program Fee:**  $180.00 for 4 private lessons.
(New Rider packages are non-refundable and must be used within 60 days of purchase. Limit one New Rider Package per person, than normal rates apply.)

**Jumping Lessons**
Jumping lessons are offered individually or as part of our training programs. Private and group lessons are both available. Trailer in clients are always welcome.

**Recommended Riding Attire and Safety**

Below is a list of riding attire and safety considerations that will help you get the most from your lessons. We are dedicated to making your riding experience both safe and enjoyable!

1. Helmets are required. Safety is the top priority in our riding lessons and students must wear a helmet at all times while on a horse. If you have your own ASTM approved riding helmet, please bring it. If not, we have approved helmets for students to use during lessons. Bicycle helmets and other helmets are not designed for horseback riding as they may not withstand the impact of a fall. If you choose to purchase a helmet prior to taking lessons, be sure to have it fitted with your hair completely under the helmet.
2. Boots with at least a 1" heel are preferred. Please do not wear tennis shoes, hiking boots or sandals! If you do not have appropriate riding boots, please contact us and we will be happy to assist you with recommendations on where to purchase them.
3. Breeches or jeans are suggested for riding. Pants should not be too baggy or loose.
4. Please do not wear any loose jewelry, such as long earrings, bracelets or necklaces.
5. Please arrive at least 20 minutes early for your lessons. Take the time to properly groom your horse. It reflects on your horsemanship and preparation is important in this sport!

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