## **Annual SOMD Catholic School Relay Race Information**

- Doors open at 11am
- 12pm National Anthem/Welcome/Opening Prayer
- 12:15 Race Begins
- ALL student runners should arrive no later than 11:45 IF Possible. For those with sports, please arrive as soon as you can.
- Students MUST wear their PE uniform to the Relay Races to participate.
- Only Runners and Volunteers are allowed on the field, all other parents, family, and spectators must remain in the stands. Students will be escorted to their school tent by a parent volunteer.
- Alternates will be practicing and ready to step in if students do not arrive by check in time for their events. The races will NOT wait for student arrival or late check in
- ALL OLSS students attending the relay race should dress in their PE uniform. (If we are short alternates, we may ask OLSS student cheerleaders/spectators to jump in and participate as needed if they are willing and able.)
- Please have students bring water bottles and apply sunscreen prior to arrival. (Additional water will be available to students on the field.)
- \$5 entry fee CASH ONLY for spectators. (athletes, parent volunteers, and 2 and under are FREE)
- Please note there is **NO Shade** in the spectator bleachers, elderly, and those sensitive to heat, may want to consider umbrellas and sunscreen.
- Please email <a href="mailto:schoolnurse@olsss.org">schoolnurse@olsss.org</a> if you are available to volunteer on Race day. Volunteers can work in shifts and do not need to stay the whole day. Jobs will include: Runner check in, admissions into stadium, student line-up assistance, transfer locations stations around track, to name a few. I will have an official list of jobs needed to be filled in the near future. We will need a list of names of racers and volunteers by May 3<sup>rd</sup>.
- If for any reason, your student is unable to participate on race day please contact Brandi Hutchins @ 240-298-5955 OR Gladys Nehf @ 410-562-2625.
- No Tolerance Rule for Rude behavior- Spectators and athletes will be asked to leave immediately for inappropriate behavior.

If you have any additional questions or concerns prior to race day please email schoolnurse@olsss.org for more information.

