



SOCIAL SKILLS GROUP

FOR AGES 8-12

Purpose:

A social skills group is designed to help build interpersonal skills. Children and pre-teens experience a unique set of social challenges and it is our goal for participants to gain a better understanding of their role in building and maintaining relationships. Our program includes 10 sessions, each of which will focus on a specific social situation or skill. Participants will complete the group with a stronger sense of self and an improved ability to navigate their social world.

This group will be held on Monday afternoons at 4:00 p.m. The first session will be June 6th. We will focus on preparing students for the beginning of the 2016-2017 school year in early August. If you have any questions contact Ms. Dian or Ms. Rebecca at 863-644-8470.



PACFLORIDA

Dr. Wilkinson Dr. Marshall Dr. Suarez-Pinzas Ms. Cassie



Boost self-image
and confidence.

Learn ways to deal
with anger and
anxiety.

Learn to become
your best self.

Learn how to
communicate
better.

**PSYCHOLOGICAL
ASSOCIATES OF
CENTRAL FLORIDA**

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