

prevent suicide

COLUMBIA COUNTY

PARTNERS SAVING LIVES IN WISCONSIN

Meeting Minutes

Thursday, April 18, 2018

1:00 – 2:30 PM

Columbia County Law Enforcement Center

John Roche Community Room (first floor)

711 East Cook Street; Portage

Present: Susan Lorenz (Columbia County Health and Human Services), Kate Young (Columbia Health and Human Services Crisis), Ken Manthey (Chief of Police, City of Portage), Amy Cole (Portage Schools), Kelsey Swanson (Columbia County Health and Human Services), Pastor David Haupt (Apostolic Worship Center Poynette), Robin West (Family Health LaClinica), Lieah Wilder (Family Health LaClinica), Renae McMahon (Journey Mental Health Center – Portage), Kristal Rykiel (Facilitator, Columbia County Health and Human Services).

Group Discussion:

Items highlighted, your help is needed!

1) Planning

- a. We are meeting every other month. Our next meeting is THURSDAY, June 20th from 1:00-2:30pm at Columbia County Law Enforcement Center located at 711 E. Cook Street, Portage, WI.
- b. Suicides in 2017: Statistics shared from Columbia County Medical Examiner: there were 8 deaths by suicide in our county last year, down from 14 the previous year. There were 11 overdose deaths in 2017.

2) PSCC Activities: Updates and Action Plans

- a. **On screen ad**
Our PSA is being shown on-screen at the Portage Movie Theater and is available on Prevent Suicide Columbia County Website and Facebook page. Watch it here on You Tube: <https://youtu.be/VX5B99P4F8M>.
- b. **QPR and Means Restriction**
QPR is a free 90-minute training that educates on the signs of suicide and what to do if someone you know is suicidal. Download our QPR Flyer [here](#).
Upcoming trainings:

Because we value human life, the mission of Prevent Suicide Columbia County is to prevent suicide through awareness, education, collaboration, and improved access to mental health care.

➤ Cambria-Friesland School

- Thursday, April 26th from 5 pm – 7 pm (Lieah Wilder and Robin West from Family Health LaClinica).
- Training is open to public.

➤ LifeKeepers, LLC.

- May 14th (Alicia Jurgenson).
- Training closed to public.

➤ River Haven Shelter – Portage

- May 21, 2018 from 10 am – 12 noon (Dean Piehl).
- June 13th, 2018 from 5pm – 7pm (Alicia Jurgenson)
- Trainings closed to public.

➤ Walk for Hope 2018 – Portage

- September 22, 2018 from 12 noon – 1:30 pm (Amy Cole, ____)
- Still need one additional trainer.

- **Recent past trainings:**
 - Dean taught 15 people in QPR at a training held at LifeKeepers in Portage. LifeKeepers specializes in providing 24/7 care to high mental health needs clients.
 - Prevent Suicide Columbia County (Dean Piehl and Barry Erath) teamed up with Sauk County and trained 76 student nurses at a student nurse conference held at the Wilderness Resort on February 09, 2018.
 - Crystal Huset, guidance counselor for Pardeeville High School trained 29 tenth grade students in QPR in January 2018.
- **Trainers:** Please report recent sessions to Kristal.
- **Everyone:** Please let Kristal know if you would like to schedule a QPR training.
- **Means Restriction:** We have gun locks, please let Kristal know if you are in need of some to distribute.

c. Suicide Loss Support Group Update: Amy Cole continues to hold support group at Divine Savior Healthcare on the first and third Wednesday of every month from 5:30pm – 6:30pm.

d. **Walk for Hope**

- Walk for Hope 2018 will be held on Saturday, September 22nd at Portage High School Track (Middle School or John Muir Gym if inclement weather. (confirmed)
- T-shirt design chosen.
- Clint Starks from Columbia County Health and Human Services has agreed to be the MC for Walk for Hope 2018.
- Sara Jesse (previous facilitator for Prevent Suicide Columbia County) will be our speaker for Walk for Hope 2018.
- Faith Gladem has agreed to be the musician for Walk for Hope 2018.

e. **Advertising**

- We have two different types of 10X15 inch posters: “Your world needs you” and “You can prevent suicide. Learn how in 1 hour.” These can be posted anywhere and everywhere. Renae to cover downtown Portage area establishments. Please let Kristal

know if you would like to help disseminate our posters!

f. **Training specific to community sectors**

- **Mental Health and Crisis Intervention Team (CIT) training:** All sworn law enforcement officers in Columbia County were trained in this 8-hour course in January and February 2018.

g. **Outreach**

- The coalition received outreach from a member and participant regarding the 48 hour waiting period for hand gun purchases. In 2015, the Wisconsin State Senate repealed the 48 hour waiting period. The coalition agreed a letter to our local senator, Senator Luther Olsen would be beneficial encouraging the 48 hour waiting period for hand guns to be re-visited.

3. Presentations:

- a. **Kate Young, Crisis Coordinator for Columbia County** presented on the mental health commitment process. Kate reviewed criteria a person must exhibit to be committed, voluntary and involuntary commitments, options for detention, options for crisis stabilization, and discharge planning. Kate discussed the role that crisis coordinators play in follow up to mental health crisis including mobile crisis unit response. Thank you Kate!
- b. **Kristal Rykiel, Facilitator of Prevent Suicide Columbia County and Public Health Nurse** shared her experience at the annual Prevent Suicide Wisconsin statewide conference that was held at the Kalahari on Friday, April 13th.
- c. **Susan Lorenz, Columbia County Public Health Officer**, shared the results of the 2017 Youth, Risk, Behavior Study.

Adjournment at 2:30 pm

Next meeting: Thursday, June 20th, at 1pm at the Law Enforcement Center. We'll meet every other month: no May meeting! Shannon Kostuck and Andrea Bailey from VA Hospital and Clinics in Madison will be presenting on Veteran's in Crisis at our June meeting!