

## PHILOSOPHY

Kevin utilizes a family systems approach that considers the client within the context of all relationships and operates from a strength-based perspective using encouragement and empowerment.

## CONTACT

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AVAILABLE: Monday thru Thursday

# KEVIN SMITH

CLINIC DIRECTOR MA, LMFT BOARD APPROVED SUPERVISOR

# JOINED NORTHWINDS

2006

#### **DEGREES/LICENSE**

Master Degree in Marriage & Family Therapy from Alfred Adler Graduate School in Richfield, MN

Licensed Marriage Family Therapist; License #1269 Since 2004

#### WORK EXPERIENCE

Kevin has over 25 years of counseling experience in a variety of settings that include clinical mental health, chemical dependency, behavior modification, pharmaceutical, and public education prior to starting a private practice in 2001. Kevin has received much of his clinical experience from Karl Menninger Hospital in Kansas and Hazelden Center for Youth and Family in MN.

## **SPECIALITIES**

Teenagers, Adult, Couple with Relational Concerns Anger Management Anxiety Disorders Attention Deficiet Disorders (ADD/ADHD) Chemical Dependecy Depression Family Adjustments Grief and Loss