

## Regina Cæli

*An indulgence of 10 years for each recitation for those who devoutly pray the Angelus (or during Eastertide, the Regina Cæli) at 6am, 12 noon and 6pm or as soon as possible thereafter. A plenary indulgence on the usual conditions if this devotion is practiced daily for a month.*

V. Queen of Heaven rejoice, alleluia,  
R. for He Whom thou didst merit to bear,  
    allelúia,

V. hath risen as He said. Allelúia!  
R. Pray for us to God. Allelúia!

V. Rejoice and be glad O Virgin Mary, alleluia,  
R. because the Lord is truly risen. Alleluia!

Let us pray.

O God, Who by the Resurrection of Thy Son, our Lord Jesus Christ, has vouchsafed to make glad the whole world: grant, we beseech Thee that, through the intercession of the Virgin Mary His Mother, we may lay hold of the joys of eternal life, through the same Christ our Lord. Amen.

1



## Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at the moment receive you sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen

2

## Holy Virgin of Guadalupe,

Queen of the Angels and Mother of the Americas.

We fly to you today as your beloved children.

We ask you to intercede for us with your Son, as you did at the wedding in Cana.

Pray for us, loving Mother, and gain for our nation and world,

and for all our families and loved ones, the protection of your holy angels, that we may be spared the worst of this illness.

For those already afflicted, we ask you to obtain the grace of healing and deliverance.

Hear the cries of those who are vulnerable and fearful, wipe away their tears and help them to trust.

In this time of trial and testing, teach all of us in the Church to love one another and to be patient and kind.

Help us to bring the peace of Jesus to our land and to our hearts. We come to you with confidence,

knowing that you truly are our compassionate mother, health of the sick and cause of our joy. Shelter us under the mantle of your protection, keep us in the embrace of your arms, help us always to know the love of your Son, Jesus. Amen.

4

## Prayer After Holy Communion

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water flowing from the side of Christ, purify me. Passion of Christ, comfort me. O good Jesus, hear me. Hide me within Thy wounds. Never permit me to be separated from Thee. From the malignant enemy defend me. At the hour of my death call me, And cause me to come to Thee, That with the saints and the Angels, I may praise Thee for everlasting ages.. Amen

3a

## Prayer to Saint Michael

Saint Michael the Archangel, Defend us in battle; be our protection against the wickedness and snare of the devil. May God rebuke him, we humbly pray: and do thou, O Prince of the heavenly host, by the power of God, Thrust into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls.

Amen

3b