

15TH ANNUAL BOB BECKERT MEMORIAL 5K RUN/WALK

Watchung Hills Regional High School, Warren, NJ

● When? ●



● Schedule ●

REGISTRATION



8:30 am

RACE START



10:00 am



USATF
NEW JERSEY

500 Point Event



NORTH JERSEY

2018

Grand Prix



Entry Fees

- Pre-registration (postmarked by 5/19): \$25 person (\$22 USATF members)
- Late registration (after 5/19): \$28 person (\$25 USATF members)

*100% of profits go to scholarship awarded at WHRHS in Bob Beckert's memory!
Flat and scenic race route!*



Amenities & Prizes

- T-shirts guaranteed to those pre-registered online
- Water, fruit, donuts, bagels and raffle prizes!
- Prizes for top 3 men and women per age group in 5K race (under 14, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80 & over)



Registration (2-ways)

- (1) Online at www.Run4RJB.com
- (2) Mail this completed form to "Bob Beckert Memorial Fund, 557 2nd Street, Apartment 4, Hoboken, NJ 07030"



Directions

- **ROUTE 78 EASTBOUND:** Take Rt 78 to Exit 36. Bear right off exit onto King George Rd, go to second light, and make a left onto Mountain Ave. Take Mountain Ave to 2nd light (Regional Drive) and enter High School.
- **ROUTE 78 WESTBOUND:** Take Rt 78 West to Hillcrest Rd, Exit 40, bear right off exit. Turn left at 4-way stop onto Mountain Ave. Proceed down Mountain Ave to first light, Regional Dr. Take a left to enter High School.



Contact

Kristin Ryan
(908) 391-6307
Run4RJB@gmail.com



Location

Watchung Hills Regional High School,
108 Stirling Road,
Warren, New Jersey 07059

Official Entry Form -- One form required for each 5K participant

Name: _____ Phone: _____ Email: _____

Street address: _____

City: _____ State: _____ Zip code: _____

Age day of the race: _____ Date of Birth: _____ 2018 USATF-NJ#: _____

Male: ___ Female: ___

T-Shirt Size: Adult S ___ M ___ L ___ XL ___ XXL ___ (For kids select Adult S)

I, the undersigned, know that running is potentially hazardous activity. I should not enter unless I am medically able and properly trained I assume all risks associated with running this event, including, but not limited to falls, contact with other participants, the effects of the weather, including how high or low the temperatures, and/or humidity, traffic and other conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, myself and anyone entitled to act on my behalf waive and release the race directors and all organization committees, Watchung Hills Regional High School, the town of Warren and all sponsors, their representatives, employees and successors and the race volunteers from any and all claims and liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: _____

Date: _____ Parent/Guardian (if child under 18) _____