

Presenter

Renee Hettich, LMSW is a leader in the field of child welfare, adoption and parenting and is a highly respected child and family advocate. She is an accomplished speaker and author on the topics of therapeutic parenting, trauma and resiliency, and adoption. She is the author of the book *My Kids Know More Than Me! 15 Life Lessons from Foster and Adopted Children* published by Robert's Family Publishing. She has also published articles in the national magazines *Adoption Today* and *Adoptive Families*. Renee has been parenting children with histories of adversity for almost twenty-five years. She is currently the mother of five children: two daughters who were born in the People's Republic of China, a son adopted from Guatemala, a son in kinship care, and a son who joined her family after he lived in an orphanage for children with special needs in China. She was a foster parent before becoming an adoptive mother. Renee earned a Master of Social Work degree from Marywood University, a Master's Degree in Audiology from the University of

Pittsburgh and a Bachelor's Degree in Speech Pathology from Ithaca College. She is currently the Project Director for a post-adoption support program offered by the Adoptive and Foster Family Coalition of New York.

Program summary

"Resiliency: Overcoming Childhood Adversity" will prepare therapists to institute trauma-responsive practices to improve patient outcomes. Participants will gain an understanding of the effects of trauma and toxic stress on the developing brain and be able to recognize patient behaviors that are a result of this changed brain structure and function. Therapists will learn about the brain's capacity for resiliency (neuroplasticity and neurogenesis) and strategies to help patients heal from adversity.

Agenda/Learner Outcomes

Participants will

4:00-4:30: Register

4:30-5:25 Describe the neurological impact of trauma and toxic stress on the developing brain's structure and function.

5:25-5:50 Explain the link between a child's behavior and the neurological and biochemical responses of a traumatized brain.

5:50-6:00 Break

6:00- 6:45 Define evidence-based strategies to help calm and engage a child who has been affected by trauma & toxic stress.

6:45-7:05 Describe the role neuroplasticity and neurogenesis has in resiliency.

7:05-7:20 Explain the protective factors involved in resiliency.

7:20-7:40 Question and answer



The Central New York Speech-Language-Hearing Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.3 ASHA CEU's (Intermediate level; Professional area)

Financial disclosure: Renee will receive an honorarium for this presentation; she is author of *My Kids Know More Than Me! 15 Life Lessons from Foster and Adopted Children* with revenue paid to Robert's Family Publishing.

Non-financial disclosure: Renee has none to report

REGISTRATION FORM

Resiliency... May 16, 2019

(please print)

Fee: Members: \$30; non-members \$40

Parents \$20; students \$20

Make check payable to: CNYSLHA

Mail to: Lynne Ehle, 150 Sun Harbor Drive,

Liverpool, NY 13088

Deadline: May 2, 2019

Sorry: no walk-ins

Amount Enclosed: _____

Name: _____

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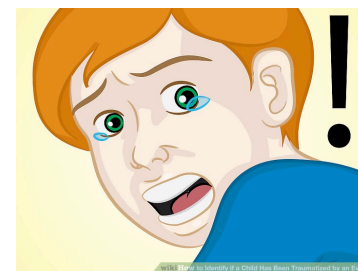
If you have any questions, please contact

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CENTRAL NEW YORK SPEECH-LANGUAGE
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Resiliency: Overcoming Childhood Adversity

Presented by:

Renee Hettich, LMSW

Central New York Speech,
Language, Hearing Association
(CNYSLHA) is pleased to sponsor
a .3 CEU workshop

Thursday, May 16, 2019

4:30 pm- 7:40 pm

Cunningham Auditorium
Loretto Health & Rehabilitation
700 East Brighton Ave
Syracuse, NY 13205