

Fred Luke XCC 5 mile / 4km 2018

11/08/2018

Officials
J. Lawler
M. Gibney
K. Ruddick

Sub Junior races	
400m	
1	Bridgette Harris
2	William Harris
3	Mark Shae
4	Elena Shae

4 km							
Agg points	H'cap place	Name	Handicap	Actual time	Race time	Championship results	K-rate
9	3	Kelly Ruddick	0:13:40	15:34	29:14	1st open f, 1st vet f, 3rd H'cap	0:03:54
10	2	Liam Ray	0:12:20	16:41	29:01	1st U18 m, 2nd H'cap	0:04:10
8	4	Natalie Shea	0:12:30	16:59	29:29	2nd Open f	0:04:15
	1	Patrick Cocks	0:10:35	17:14	27:49	1st H'cap	0:04:19
2	10	Riley Schiltz	0:12:55	18:38	31:33	1st U16 m	0:04:40
5	7	Kirstie Newcombe	0:12:00	18:54	30:54	3rd open f	0:04:44
7	5	Sue Anderson	0:09:55	19:59	29:54	2nd vet f	0:05:00
4	8	Tabatha Ray	0:07:35	23:28	31:03	1st U14 f	0:05:52
6	6	Barry Brooks	0:06:10	24:03	30:13		0:06:01
3	9	David Harris	0:05:55	25:32	31:27		0:06:23

5 Mile							
Agg points	H'cap place	Name	Handicap	Actual time	Race time	Championship results	K-rate
10	2	Alistair Ham	0:32:30	31:39	1:04:09	1st open m, 1st vet m, 2nd h'cap	03:57
8	4	Michael Evans - Barker	0:31:15	34:48	1:06:03	2nd open m, 2nd vet m	04:21
9	3	Richard Cocks	0:29:10	35:19	1:04:29	3rd open m, 3rd vet m, 3rd H'cap	04:25
5	7	Liam Hanrahan	0:33:10	38:00	1:11:10		04:45
11	1	Peter Roberts	0:23:55	39:04	1:02:59	1st H'cap	04:53
7	5	Michael Hart	0:24:50	41:46	1:06:36		05:13
6	6	Cathryn Harris	0:10:35	59:38	1:10:13		07:27

