# How to Make a Thought Catcher

### What's Trending Today?

In today's world of social media, it is common to hashtag words or phrases of importance about a certain topic. Inside the birds below, hashtag the words or phrases that come into your mind when you think about returning to school, e.g. #newbeginnings, #nervous, #excited. Once completed, cut the birds out. Follow the instructions to make your own thought catcher with the birds hanging from it.

You will need:

- A paper plate
- A piece of card
- Scissors
- Wool
- Beads
- String
- Bird outlines

#### Step 1

Cut out the centre of the paper plate.

#### Step 2

Wrap the wool around a piece of card.

#### Step 3

Wrap the wool around the edge of the paper plate.

#### Step 4

Tie a knot in the end to hold the wool in place.

#### Step 5

Tie a piece of string to the top of the hoop. Continue to wrap the string around the paper plate.

#### Step 6

Wrap string at the bottom of the paper plate. Attach beads to the string as you go.

#### Step 7

Tie the string in a knot at the place where you started. Add a loop so you can hang the thought catcher.







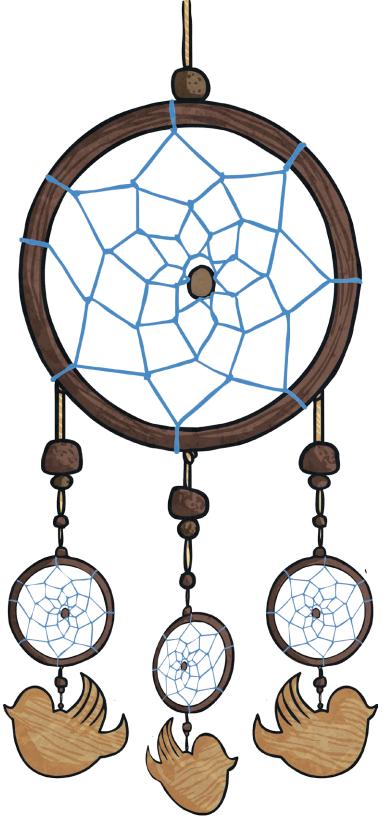
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#### Step 8

Tie a piece of wool to the bottom of the hoop and thread on some beads.

#### Step 9

Tie a knot in the ends. Make a hole in the blue dot on the wing of the bird outline and tie each outline to the string.







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