Golden Times September 2017 Issue IX

Find the



hidden inside this newsletter. When you find the penny call the center at 740-852-3001 by Friday, September 15th and tell us where it is located. If correct, your name will be entered into a drawing to win 5 free lunches. Last month the crayon was found on page 8.

Congratulations to Grace Byerly, the lucky winner!

CLOSED

Monday, Sept. 4th
In Observance

 \bigcap f



2017 Governing

Board Members

Larry Gessel-President

Sharon Manion-Vice President

Shirley Witwer-Secretary

Jean King Ron Cress

Donna Sheridan

Jerry Tompkins

Loretta Anthony

Eilene Duncan

Madison County Senior Citizens Center





It is August 21st as I am writing this. You know summer is almost over when you are posting the "closed for labor day" signs and the flower shops are full of mums. It has been a pretty cool August so far, well except for the last couple days. This event will be over by time you read this, but I plan to experience the eclipse today, I have my special glasses. I'm not really a science person, my husband loves this stuff, but how many chances does a person get to experience these things, I just hope it lives up to the hype, so many things don't.

We have a couple fundraisers coming up for the center, October 21st will be our first Euchre tournament and November 18th will be our first "Big Money Bingo". You will need to buy tickets in advance to participate in both events. See insert for details.

I have been very busy with grant applications and billing, all the fun stuff (sarcasm). I have a couple audits coming up, one next month and one in November. All part of our requirements for our COAAA grant funding. We stay on top of the paperwork so it should be fine. These funds are so important for the center so we need to make sure we are doing everything required of us. The funds help us pay for the services we provide, transportation, adult day center, supportive service, the funding doesn't begin to cover the expenses of the program, but every little bit helps. I did receive great news last week, we were approved for a grant to receive a new van, I applied back in March, and I am super excited. We have an older van that needs replaced. This is our second van through this grant program, we received one in 2015.

We are a little short handed in the kitchen, if you would like to volunteer in the kitchen, Joanna and Steve would really appreciate it. Give Janisse a call if you are interested. We are always in need of great volunteers!

Thank you to all the members for the laughter I hear at the center every day and thank you to everyone that helps at the center every day.

Have a safe holiday weekend. Wisty

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Left: Audrey Watkins and Jack Visser having fun before the movie.

Right: Some of the Friday movie crowd waiting to watch The Shack. We had 28 for the movie that day!







Left: Looking for Misty? She could be just about anywhere including putting new lettering on the sign outside.

Right: Center member Ruth Mills shared her Butterfly creations in our display case. They are raised on butterfly farms in South Africa until they die a natural death.



Left: The Wednesday Exercise class having a blast dancing to YMCA! They are trying out several new songs and enjoying it!



Janisse got to celebrate her birthday at the Urbana Airport Café with the Mystery Lunch group. They decorated her van and really livened up the cafe. We may not be able to go back.



Thanks everyone, you made my birthday great!

Janisse

Above: Our Charming Chimers group traveled to play for the seniors at United Senior Services in Springfield with a potluck included. Good job Chimers!!

Right: The Matter of Balance class wrapped up it's 8th and final class on August 10th. Thank you to Central Ohio Area Agency on Aging for facilitating this great class.



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High Euchre Score

7-24-17 Roy Haggit 80

7-31-17 Dave Maharrey 90

8-7-17 Roy Haggit 82

8-14-17 Helen Stevens 75

High Bridge Score

7-26-17 Kay Majka 4810

8-2-17 Elaine Penix 4290

8-9-17 Kate Sparks 4690

8-16-17 Evelyn Sullivan 4530

Rays of Hope for Seasons of Life Support Group

Your grandchildren are back in school, that may give you free days if you have been the one caring for them during the summer. It is time for you to check out the support group that meets at the Madison County Senior Center every Tuesday at 1:30 p.m. Questions contact:

Donna Wharton, BCBC Lay Care Counselor dmwharton342@yahoo.com

740-490-5936

FOOT CARE AVAILABLE

Call the center to make an appointment with Heather, a state licensed, certified foot care nurse. 740-852-3001

Lions Club

The London Lions Club will pay for eye exams and eye glasses for anyone who lives in Madison County and is financially not able to. If you have any old glasses, you may bring them to the Center and put them in the box provided in the lobby. For more information contact Roger Morris at 740-852-3145.

Monday:

9:00 a.m.- Chair Volleyball

9:30 a.m. - Crocheting, Knitting & Needle Crafts

10:30 a.m. - Sitting Exercise/ Strengthening

1:00 p.m. - Euchre

1:00 p.m.- Photo Group

Tuesday:

7:00 a.m.—Walking Club on the Bike Path,

9:00 a.m.- 3 p.m. Quilting Class

10 a.m.-12:00 p.m. - Bowling at Madison Lanes

1:30 p.m.- Rays of Hope for Seasons of Life Support Group

5:00 p.m. - Cards and Billiards

5:00 p.m.- Beginner Line Dancing

6:00 p.m. - Advanced Line Dancing

Wednesday:

9:00 a.m. - Chair volleyball

9:30 a.m. - Woodcarvers

10:30 a.m. -Aerobics/Strengthening Class

12:05 p.m. - Bridge

1:00 p.m.- Yoga

2:00 p.m.- Diabetes and Weight Loss Support Group Sept. 6 & 20

7:00 p.m. - Public Bingo (over 18 years of age.) 1st & 3rd Weds.

Thursday:

7:00 a.m. - Walking Club on the Bike Path,

9:00 a.m. - Chair volleyball

9:00 a.m.- Fun Bingo 2nd and 4th Thursdays

Friday:

9:00 a.m.- Painting Class with Harry Croghan

10:00 a.m.- Chimes 1st and 3rd Friday

10:00 a.m.-Choir No practices until fall

1:00 p.m.- Free Movie and Popcorn at the senior center. See what is playing on page 4.

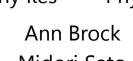
**Fitness Room open Mon.-Fri. 8 a.m. to 4 p.m. and Tuesdays until 7:30 p.m.

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Welcome New Members!!

Celia Browning Mary Kasten Kathy Iles Phyllis Belt



Samuel Zambori Midori Sato

Ruth Mills Carol Rudolph

Please be sure to welcome any new faces that you may see!



Madison County Senior Center Holiday Craft Bazaar

Saturday, November 4, 2017 9 a.m. to 2 p.m.



Huge variety of handmade items such as jewelry, Christmas décor, knitted and crocheted items, children's toys, quilts, doll clothes, butterflies, Avon and more! Yummy breakfast and lunch food will be available also!

Crafters & Vendors: Call the center at 740-852-3001 to have a contract and information sent to you.

Sign up soon, tables and space are limited!

Free Popcorn!

Friday Cinema



Sept. 1-The Choice-Benjamin Walker, Teresa Palmer, PG 13, Romantic Drama
Sept. 8-A Dog's Life-Josh Gad, Dennis Quaid, PG, Drama
Sept. 15-The Great Gilly Hopkins, Kathy Bates, Glenn Close, Octavia Spencer, PG

Sept. 22-The Accountant-Ben Affleck, Anna Kendrick, R, Action Sept. 29-The Founder-Michael Keaton, Laura Dern, PG-13, Drama

**Movies subject to change due to availability



Madison County Fair Housing

Thursday, September 21, 2017

10:00 a.m.

A Madison County Fair Housing Program Representative will be available to provide information about Fair Housing and Landlord-Tenant Laws. This is an opportunity to discuss Fair Housing and Landlord-Tenant Laws. This is also an opportunity to discuss Fair Housing questions and receive important information on how to protect yourself from discrimination. Advice on how to request repairs to a rental will also be discussed.

Please call the center at 740-852-3001 to sign up for this informational meeting.

Adult Day Center News

We all find it hard to believe that it is September already! Our tomatoes have been growing and producing a wonderful crop so far and they are delicious.

One of our members, Miss Patti Paul has left us to move to a new town and home. We will miss her and wish her and her family all the best. We also wished Avanelle Herman a happy 93rd birth-day!

Thank you for your generous donations toward Bingo prizes.

We have been trying to come up with new ideas for activities. Suggestions are welcomed. We want to thank Sandy Darlington for her Tuesday afternoon surprises for snack. Thank you Sandy!!

Have a safe and happy Labor Day!

Beth, Pam, Jeanna and all of our wonderful volunteers

In The Kitchen With Joanna

Here is a very simple recipe that several have asked for:

TOMATO BASIL SOUP

1 can of tomato soup

2/3 can of water

1/2 stick of butter or margarine

1 teaspoon dried basil



Combine soup and water, stir until smooth. Add butter and basil, simmer for ½ hour. Enjoy.

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UPCOMING DAY TRIPS!!



OHIO STATE UNIVERSITY "HORSESHOE" STADIUM TOUR AND MYSTERY LUNCH—Thursday, September

7th. Deadline was August 30th. Fee for this trip is \$15 which includes van transportation and tour admission. Lunch will be on your own. The vans will leave the center at 8 a.m. to be sure to be on time for our 9:30 a.m. tour. If the vans are full you may drive yourself but you will have to pay \$10 at the center for the tour fee. Tour fees are non refundable after September 5th. Keep in mind there will be A LOT of walking!

SNOOTY FOX UPSCALE THRIFT STORES – **Friday, September 15th.** \$25 per person which includes motor coach transportation. Bus driver tip and lunch is on your own. **Leaving the center at 9:00 a.m. sharp!** Returning approximately 6-6:30 p.m. If you haven't signed up yet, call to see if there are any openings.

HONDA OF AMERICA TOUR—Thursday, September 28th. Deadline to sign up is Monday, September 11th. Trip fee is \$5 and lunch is on your own at Benny's in Marysville. Leaving the center at 8 a.m. This is a great tour that we have done before. We will go through the Heritage Center and the Auto Plant. There is a lot of walking involved. Shoes must cover foot and heel. Skirts and shorts must be knee length or longer. You will need a government issued ID for check in. The entire tour will be 2.5 hours.

AMERICAN SIGN MUSEUM AND JUNGLE JIM'S INTERNATIONAL MARKET-Wednesday, October 11th. Motor coach leaves the center at 8:45 a.m. Deadline to sign up is September 8th. Fee-\$25 for motor coach transportation and you will pay \$10 senior fee at the museum and fast food lunch is on your own at Jungle Jim's. At the museum we will see over 100 years of sign history (mostly neon) from 1800's to the 1970's. At Jungle Jim's International market you will have time for a quick lunch and lots of looking around at food, drink and other items from around the world. We will bring coolers in case you buy something cold or you can bring your own cooler. It's a fascinating place.! We will return home between 4 and 5 p.m.

OCTOBER MYSTERY LUNCH-Wednesday, October 25. Trip fee is \$5 and we will be leaving the center at 9:30 a.m. We are leaving a bit earlier than usual for a "scenic" trip.

GAMMON HOUSE-Tuesday, November 14. Trip fee is \$5, you will also pay a \$3 tour fee at the door. Built in Springfield in the 1850s, the Gammon House was an Underground Railroad site. Originally owned by a black abolitionist named George Gammon, the famous stop features secret passages leading into the attic and a tunnel into the basement. We will leave the center at 9:30 a.m. and lunch will be on your own (TBA).

****Please remember to park at the back of the parking lot when going on a day trip. This saves the closer parking spaces for those coming in for daily activities!!

Day Trip Payment and Cancellation Policy

When you sign up for a trip, <u>you are expected to pay for the trip when signing up</u>. If the purchase of tickets is involved in the cost of a trip, no refunds will be issued for the cost of the ticket purchased. If the purchase of tickets is not involved in the cost of the trip no refunds will be given if you cancel within two weeks of the trip's departure. If you have questions please contact Janisse at 740-852-3001.

Delightful Dining

Don't forget to sign up for Delightful Dining so we can make accurate reservations! Ride the vans for \$5.00 per person while the seats last or you may drive and meet us there.

Monday, September 11, 2017 City Barbeque

2261 Stringtown Road Grove City, OH 43123

We will leave the Center at 5:00 p.m. and arrive at the restaurant around 5:30 p.m.

Monday, October 2, 2017

Hofbrauhaus

800 Goodale Avenue Columbus, OH

We will leave the Center at 5:00 p.m. and arrive at the restaurant around 5:30 p.m.

Overnight Trips

Mountain Maryland Trip, October 17-19, 2017—We are having a final meeting on October 5th at 10 a.m.

<u>Christmas in Tennessee</u>, <u>November 28-December 1, 2017</u>—Capture the holiday spirit! Featuring Christmas shows, dining and shopping at Opryland Nashville and Pigeon Forge. One night stay at the Opryland Resort Hotel in Nashville, panoramic highlights of Nashville Tour, 2 nights at The Inn on the River in Pigeon Forge, 3 hot breakfasts and 3 dinners included.

Includes the following: Diamond Rio Country Christmas Dinner Show at Opryland, ICE! Opryland's Christmas ice themed sculptures, Christmas at Dixie-Dolly Parton's Dixie Stampede Dinner Show, Titanic Pigeon Forge, Music Mansion Theater, Dollywood Smoky Mountain, Smith Morning Variety Show. \$875 per person double, \$815 per person triple. Save your spot with \$50 registration per person (fully refundable until August 31, 2017. Final payment due by October 1, 2017. Travel insurance available. Call the Senior Center office at 740-852-3001 or stop in for registration forms and more details. *Still seats available!*

<u>The Ark Encounter– May 17-18, 2018</u> Includes motor coach transportation. Two days, 1 night. Admission to The Ark, tour the Kentucky Horse Park, visit St. Mary's Cathedral Basilica of the Assumption to see the largest stained glass window in the world, the Creation Museum, free time at Newport on the Levee, sight-seeing cruise on the Ohio River. Includes 1 breakfast and 1 dinner. Double-\$329 pp, Single \$409. Triple-\$325.

<u>Philadelphia Freedom Tour– September 5-8, 2018</u> Three nights, 4 days, admission to Independence Hall, The Liberty Bell, American Revolution Museum, Gettysburg Battlefield tour, tour of Philadelphia and Amish Country, QVC Studio Tour, Flight 93 Memorial. Save your spot with \$50 deposit by December 1, 2017. After December 1, deposit is \$100. Half of balance due needs to by paid by April 1 and the final payment is due by July 1, 2018. Double-\$749 per person, single-\$899 per person and triple-\$699 per person. Travel insurance available. Pick up a brochure at the Senior Center front office.

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NOTICE

Board Member Applicants

Applications for new board members for the Madison County Senior Citizens Center will be taken beginning September 1st through the end of business day September 29th, 2017. You may pick up an application at the center front office Monday through Friday from 8:00 a.m. to 4:00 p.m.

The Board Election will be held on Wednesday, November 15th, 2017. In order to vote, your 2017 dues should have been paid 60 days before the election. Call the center office if you are not sure. New terms begin in January 2018.



MEET THE CANDIDATES!

Wednesday, November 8th, 2017



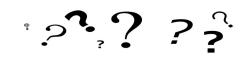
Noon in the Lunchroom

Candidates running for our Senior Center Board will introduce themselves and answer questions from the audience. Please come to be informed before you vote November 15th.



Medicare





The Ohio Department of Insurance (OSHIPP) will be here Wednesday, September 27th at 1 p.m. to help. Call the center at 740-852-3001 to sign up.

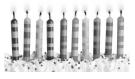
В	Judy Hastings	116	Bill Link	125	Skip Fout	120	Carolyn Garver 136
0	Karen King	137	Larry Threlkeld	121	Beverly Evans	136	Barb Florence 91
w	Carl King	164	Paul Hackworth	167	Dave Anders	120	Carol Nafzger 121
L	Barb Gordin	113	Charlie Johnson	150	Barb Cooper	87	Ray Sheridan 165
I	JR Venrick	159	John Conn	148	Cecil Herman	104	2228
N	Barb Andrix	108	Gene Noble	102	Jim Harden	120	80/0/9
G	Gary Sollars	120	Duane Glass	185	Valerie Mabra	136	

September Birthdays

Patron	Birthday	Patron	Birthday
Stuthard, Elaine	09-01	Nutt, Francis	09-16
Hysell, Janet	09-01	Reinhard, William	09-16
Foust, John	09-01	Day, Richard	09-16
Alder, Phyllis	09-01	Ward, Frank	09-17
Zambori, Samuel	09-02	Stewart, Ron	09-18
McMunn, Norieta	09-03	Forrest, Vickie	09-18
Jones, Shirley	09-03	Hart, Darlie	09-19
Little, Kenneth	09-05	Penix, Martha	09-20
Venrick, Henry	09-06	Hatfield, June	09-20
Landerfelt, Anita	09-07	Cleaver, Mary	09-21
Moore, Evelyn	09-08	Meyer, Sandra J	09-21
Chesser, Liz	09-08	Sullivan, Evelyn	09-22
Shoaf, Helen	09-09	Keefer, Ed	09-22
Shoemaker, Mary Lou	09-09	Knox, Madglene	09-23
Huber, Lillian	09-09	Smith, Joan	09-23
King, Karen S.	09-09	Victor, Vicky	09-24
Redman, Dick	09-10	Shaw, Rose	09-24
Daughtery, Jacqueline	09-10	Jenkins, Hazel	09-25
Smith, John	09-10	Smith James	09-25
Stevens, Helen M.	09-11	Pack, Roger	09-25
Bevens, Karla	09-11	Sexton, Patty	09-26
Shandale, Anna	09-11	Corn, Julia	09-26
McClaskie Burton, Paula	09-11	Walker, Glenna	09-26
Dunham, Janet	09-11	Reeves, Arvil	09-27
Hileman, Jo	09-11	Swyers, Tom	09-27
Reid, Wanda	09-13	Knox, Don	09-28
Glass, Duane	09-13	Clifton, David E.	09-28
Albright, Rachel	09-15	Hamilton, Bonnie	09-29
Foust, Linda	09-15	Ellinger, Everett	09-29
Bires, Mark	09-15	Stanley, Marc	09-29
	11	/ *	







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Kids will say the darnedest things......

A grandmother was telling her little granddaughter what her own childhood was like. "We used to skate outside on a pond. I had a swing made from a tire; it hung from a tree in our front yard. We rode our pony. We picked wild raspberries in the woods." The little girl was wide-eyed, taking all this in. At last she said, "I sure wish I'd gotten to know you sooner!"

Children's Logic: "Give me a sentence about a public servant", said a teacher. The small boy wrote: "The fireman came down the ladder, pregnant." The teacher took the lad aside to correct him. "Don't you know what pregnant means?", she asked. "Sure", replied the young boy confidently. "It means carrying a child."

A 6 year old was asked where his grandma lived. "Oh, "he said, "she lives at the airport, and when we want her we just go get her. Then, when we're done having her visit, we take her back to the airport.





Membership Individual \$15 Family \$25 Sponsor \$50+ Individual Lifetime \$250 Registration Form on Website E-mail FMCPT@columbus.rr.com

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We're on the Web!

mcsenior.org or on Facebook at Madison County Senior Citizens Center

Dated Material

September 2017



Misty Bradley, Executive Director Ramalingam Selvarajah, M.D., Medical Director Janisse Williams, Activity Coordinator/Marketing Marilyn Lowery, Front Office/ Substitute Driver Ruth Kennedy, Staff Nurse/Wellness Coordinator Beth Dillion, Daycare Aide Pam Chenos, Daycare Aide Jeanna Bernard, Daycare Aide Bonnie Radcliff, Daycare Aide/Substitute Sandy Darlington, Daycare Aide/Substitute Jackie Cain, Homemaker Joanna Sadler, Chef Steven Wehrs, Cook Al Perry, Maintenance **Brenda Castle, Transportation Coordinator** Carolyn Wilson, Driver Wayne Bricker, Substitute Driver **Betty Lawrence, Substitute Driver**

The Madison County Senior Citizens Center is funded in part by Title III funds from the Older American's Act of 1965. These funds are administered by the Ohio Department of Aging and contracted to the local agencies by the Central Ohio Area Agency on Aging. Local funds are necessary to match these Federal dollars. They are made possible by Madison County Commissioners, a county wide levy, donations, contributions and fund raisers. The Center is non-discriminatory in services and employment. The building is handicapped accessible.

COAAA Advisory Council Meetings Open to Public

The Central Ohio Area Agency on Aging (COAAA) Advisory Council will meet the first Thursday of each month.

Advisory Council meetings are scheduled from 10:30 a.m. to 12:00 p.m. All meetings except for December are held at the COAAA office, 3776 South High Street, Columbus, Ohio.

The council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their specific communities and advise the Area Agency in its operations.

Mission Statement

The purpose of the Madison County Senior Citizens Center is to encourage, foster, and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, daycare services, and assistance in independent living.