

# SENIOR MOMENTS

Morrow County's Monthly Newsletter

MAY

Seniors on Center

41 W. Center St.

Mt. Gilead, Ohio 43338

419-946-4191

Website: [www.seniorsoncenter.org](http://www.seniorsoncenter.org)

Center Hours

Monday—Friday

8:00AM-4:30PM

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Mom, what's it like to have  
the greatest daughter in the  
world?

I don't know dear...you'll have  
to ask Grandma.

Happy Mother's  
Day to all the  
wonderful mothers,  
from all of us at the  
Seniors on Center!

## ACTIVITIES TO LOOK FORWARD TO!

### EUCHRE

**THURSDAY MAY 2ND, 9TH, 16TH, 23RD & 30TH**

Starting at 11:00AM, join us for a progressive game of euchre. Lunch break will be from 12:00-12:30pm

### BINGO

**FRIDAY MAY 3RD & TUESDAY MAY 7TH & 21ST**



Join us from 1-3pm for bingo. Kingston is now going to be coming in on the first Friday of each month. The first Tuesday of each month will be a white elephant bingo.

### DINNER AND BINGO

**WEDNESDAY MAY 1ST**

From 4:30-6:30pm, we will be doing dinner with a game of bingo to follow. Please call by 1:00pm on Tuesday and reserve your spot!



### MUSIC AND MEAL

**MONDAY MAY 6TH, 13TH, & 20TH**

Each week, we have a meal with music to follow. This starts at 5:00pm. Please call by Friday by 1:00pm, to reserve your spot. This month, snacks and drinks will be sponsored by Morrow County Health Center

### LUNCH AND LEARN

**FRIDAY MAY 24TH**

Join us for Lunch and Learn with the Area Agency on Aging. Please RSVP by May 23rd at 1:00pm

### Wii BOWLING

**MAY 10TH**

Come into the center and enjoy friends in a game of a fun filled game Wii Bowling from 12:30-2:00pm.

### PATRIOTIC CENTERPIECE

**WEDNESDAY MAY 22ND**

Keith's Flowers will be coming to do a Patriotic Centerpiece with us to make and take home. The time for this event is 3:30pm. Cost is \$15.00 per person. Please RSVP and pay by May 20th.

### 4TH OF JULY WREATH

**MONDAY JUNE 17TH & 18TH**

The craft club will be making 4th of July Wreaths. Classes will be from 10:00-11:30am. The cost will be \$10.00 per person. Deadline to RSVP is May 28th. Payment must be made at the time you RSVP.

### RUMMAGE SALE

**JUNE FRIDAY 7TH & SATURDAY 8TH**



Friday the 8th from 9am-3pm and Saturday the 9th from 9am-12pm. This year we are allowing vendors to rent the tables and set up, and sell your own items. Table for 1 day is \$10.00 and 2 days is \$15.00 per table. If you want to set up and sell your items, please come in and reserve your table.



**SENIOR CHOIR  
FRIDAY MAY 10TH**

Are you a singer? If so, plan to join our Senior Choir from 3:00-4:00pm

### SENIOR CITIZEN DAY

**THURSDAY MAY 9TH**

Come join us from 11:00am-3:00pm for Senior Citizen Day. It will be held at the Morrow County Fairgrounds at the Junior Fair Building. Entertainment will be Strut Your Stuff. Please call the center by May 1st to reserve your spot.

## ACTIVITIES TO LOOK FORWARD TO!

### **CRAFT CLUB MONDAY MAY 13TH & 20TH**

Come in and join our craft club in doing some prep work for the upcoming projects. Prep time will be from 10:00am –12:00pm.



### **TRAVEL CLUB FRIDAY MAY 17TH**

Do you want to share your ideas of a fun place you have been and would maybe like to visit again? If this is the case, please come in from 3:00-4:00pm and share your ideas with us so we might be able to make that happen.

### **BRAIN GAME'S WITH CHRIS TUESDAY MAY 21ST**

Come in between 12:00-1:00pm and test your knowledge with your host, Chris Willford. Please call the center and let us know if you are interested in participating in these brain teasers. Hope to see you here for the battle!

### **LETS TALK ABOUT SEWING TUESDAY MAY 28TH**



Join us at 1:00pm for this new class. Call and let us know if you will be attending.

### **HEARTBEAT DONATIONS**

Seniors on Center would like to thank everyone that donated to the Heartbeat program! Our Senior Ladies made 19 baby blankets, 31 baby hats, 19 mommy hats, and 1 mommy blanket. Thank you all very much! It was greatly appreciated.

## TRIPS TO LOOK FORWARD TO!

### **SCIOTO DOWNS**

#### **THURSDAY MAY 9TH & 23RD**

We will be leaving Kroger at 8:45am, We will arrive home around 4:00pm. The cost is \$15.00 for members and \$20.00 for non-members. We hope you will join us.



### **SENIOR SPRING SPECTACULAR TUESDAY MAY 14TH**

We will be taking a trip to the Renaissance Theatre in Mansfield for the Senior Spring Spectacular. There will be entertainment by Randy Velez along with snacks and door prizes! The trip is a suggested donation of \$10.00 and this covers admission. We will be leaving Kroger's at 11:30am and arriving back at Kroger's at about 2:30pm. Please RSVP and make payment by May 10th. Seating is limited!

### **OHIO STATE FAIR TUESDAY JULY 30TH**

We will be taking a trip to the Ohio State Fair for Senior Citizen



Day. We will be leaving Kroger's at 8:00am and arriving back to Kroger's at about 4:00pm. Cost for the trip is \$10.00 for members and \$15.00 for non-members. Seating is limited, so please stop in to pay and RSVP by June 24th.

### **AMISH NURSERY TRIP TUESDAY MAY 21ST**

We will be taking a trip to the Amish Nurseries in the area. We will be leaving Kroger's at 9:30am and will arrive back when everyone is done or the bus is too full for anymore plants. Seating is limited so RSVP and pay as soon as possible. This trip will be a \$5.00 suggested donation.

## VOLUNTEER OF THE MONTH



The Staff of Seniors on Center and all the people they serve, would like to thank John and Chris Morton for his many years of dedication to their community. For the past five years, John and Chris have volunteered at the center helping with delivering meals for the Meals on Wheels program.

John was born on September 19th in Marion and Chris was born on December 25th in Columbus. John attended school at Mt. Gilead and Chris attended school at Bishop Hartley. They reside in Edison, they married on May 17, 1969. John and

Chris have three children and five grandchildren.

John worked as an engineer for North Electric, GTE, Sprint and was part of the US Navy (Thank you for your service). Chris was a customer service rep and clerk for GTE/Verizon. A special Thank You for all of the things they do to serve others.



## Life Lessons

### Of a President George H W Bush

1. Don't get down when yhour life takes a bad turn. Out of adversity comes challenge and often success.
2. Don't blane others for your setbacks
3. When things go well, always give credit to others.
4. Don't talk all the time. Listen to your friends and mentors and learn from them.
5. Don't brag about yourself. Let others point out your virtues, your strong points.
6. Give someone else a hand. When a friend is hurting show that friend you care.
7. Nobody likes an overbearing big shot.
8. As you succeed, be kind to people. Thank those who help you along the way.
9. Don't be afraid to shed a tear when your heart is broken because a friend is hurting.
10. Say your prayers!



All the seniors having a great time at our Saint Patrick's Day lunch party.

## "How to Plant Your Garden"

For the garden of your daily living:

Plant Three Rows of Peas:

1. Peace of mind
2. Peace of heart
3. Peace of soul

Plant Four Rows of Squash:

1. Squash gossip
2. Squash indifference
3. Squash grumbling
4. Squash Selfishness



Plant Four Rows of Lettuce:

1. Lettuce be faithful
2. Lettuce be kind
3. Lettuce be patient
4. Lettuce really love one another

No Garden is Without Turnips:

1. Turnip for meetings
2. Turnip for service
3. Turnip to help one another

To Conclude Our Garden We Must Have Thyme:

1. Thyme for each other
2. Thyme for family
3. Thyme for friends

Water freely with patience and cultivate with love. There is much fruit in your garden because you reap what you sow.

## EVENTS AND IMPORTANT DATES

Monday	Tuesday	Wednesday
 <p>Seniors on Center has it's very own leprechaun. He is our activity director, Chris Willford. Pam Eastep is still looking for his pot of gold.</p>		<p>1</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>11:00PM</b> GAMES BREAK FOR LUNCH  12:00-12:30PM  <b>4:30-6:30PM</b> BINGO WITH DINNER  NATIONAL GOLF DAY</p>
<p>6</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>9:00AM</b> MARENGO/FULTON SENIORS MEETING AT FARMSTEAD  <b>5:00PM</b> MEAL, MUSIC BY THE COUNTRY TRAVELERS,</p>	<p>7</p> <p><b>1:00-3:00PM</b> WHITE ELEPHANT BINGO</p> <p>NATIONAL TEACHER DAY</p>	<p>8</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>11:30AM</b> FINANCE MEETING  <b>12:30PM</b> BOARD MEETING  NO SOCKS DAY</p>
<p>13</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>10:00AM-12:00PM</b> CRAFT CLUB/ PREP DAY  <b>NOON</b> MARENGO/FULTON SENIORS MEETING AT AMERICAN LEGION  <b>5:00PM</b> MEAL, MUSIC BY THE MONDAY NIGHT RAMBLERS TO FOLLOW  REFRESHMENTS TO FOLLOW SPONSORED BY MORROW COUNTY HEALTH CENTER</p>	<p>14</p> <p><b>9:00AM</b> ROUND TABLE  <b>LEAVING KROGER AT 11:30AM FOR THE SENIOR SPRING SPECTACULAR</b></p> <p>NATIONAL DANCE LIKE A CHICKEN DAY</p>	<p>15</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>11:00AM</b> GAMES BREAK FOR LUNCH  12:00-12:30PM  STRAW HAT DAY</p>
<p>20</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>10:00AM-12:00PM</b> CRAFT CLUB/ PREP DAY  <b>NOON-4:00PM</b> COMMODITIES  <b>5:00PM</b> MEAL, OPEN MIC MUSIC, REFRESHMENTS TO FOLLOW SPONSORED BY MORROW COUNTY HEALTH CENTER  <b>DEADLINE FOR THE PATRIOTIC CENTERPIECE</b></p>	<p>21</p> <p><b>9:00AM-NOON</b> COMMODITIES  <b>9:30AM</b> AMISH NURSURY TRIP LEAVING KROGERS  <b>12:30PM</b> SPARTA GOOD TIME SENIORS MEET @ HIGHLAND PIZZA  12:00-1:00PM BRAIN GAMES WITH CHRIS  <b>1:00-3:00PM</b> BINGO</p>	<p>22</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>11:00AM</b> GAMES BREAK FOR LUNCH  12:00-12:30PM  <b>3:30PM</b> KEITH'S PATRIOTIC CENTERPIECE</p> <p>NATIONAL VANILLA PUDDING DAY</p>
<p>27</p> <p><b>CLOSED IN OBSERVATION OF MEMORIAL DAY</b></p> <p>NATIONAL BRISKET DAY</p>	<p>28</p> <p><b>9:00AM</b> ROUNDTABLE  <b>1:00pm</b> LETS TALK ABOUT SEWING  <b>DEADLINE FOR THE 4TH OF JULY WREATH</b></p>	<p>29</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>11:00AM</b> GAMES BREAK FOR LUNCH  12:00-12:30PM</p> <p>NATIONAL COQ AU VIN DAY</p>

## EVENTS AND IMPORTANT DATES

Thursday	Friday
<p>2</p> <p><b>11:00AM</b> EUCHRE BREAK FOR LUNCH 12:00-12:30PM</p> <p>NATIONAL TRUFFLES DAY</p>	<p>3</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS <b>1:00-3:00PM</b> BINGO WITH KINGSTON GAMES</p> <p>GARDEN MEDITATION DAY</p>
<p>9</p> <p><b>9:00 AM</b> SCIOTO DOWNS <b>11:00AM</b> EUCHRE BREAK FOR LUNCH 12:00-12:30PM <b>11:30-AM3:00PM</b> SENIOR CITIZEN DAY</p> <p>NATINAL BUTTERSCOTCH BROWNIE DAY</p>	<p>10</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS <b>12:30-2:00PM</b> Wii BOWLING <b>3:00-4:00PM</b> CHOIR PRACTICE GAMES <b>DEADLINE FOR SPRING SPECTACULAR</b> NATIONAL SHRIIMP DAY</p>
<p>16</p> <p><b>11:00AM</b> EUCHRE BREAK FOR LUNCH 12:00-12:30PM <b>12:00PM</b> MARENGO/FULTON SENIORS MEETING AT AMERICAN LEGION <b>1:00-3:00PM</b> MARC FOLLIN MEDICARE</p> <p>WEAR PURPLE FOR PEACE DAY</p>	<p>17</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS <b>3:00-4:00PM</b> TRAVEL CLUB GAMES</p> <p>NATIONAL PIZZA PARTY DAY</p>
<p>23</p> <p><b>9:00 AM</b> SCIOTO DOWNS <b>11:00AM</b> EUCHRE BREAK FOR LUNCH 12:00-12:30PM</p> <p>PINK FLAMINGO DAY</p>	<p>24</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS <b>NOON</b> CARDINGTON SENIORS MEET @ SENIORS ON CENTER <b>NOON</b> LUNCH AND LEARN WITH AREA AGENCY ON AGING INTERNATIONAL TIARA DAY</p>
<p>30</p> <p><b>11:00AM</b> EUCHRE BREAK FOR LUNCH 12:00-12:30PM</p> <p>WATER A FLOWER DAY</p>	<p>31</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS GAMES</p> <p>WORLD NO TOBACCO DAY</p>

## Happy Anniversary

Geraldine & Paul Bean

5/21

Marnie & Raymond Buckel

5/19

Betty & Carl Cook

5/31

Judy & Mike Keil

5/21

Laura & Danny Young

5/20



## NEW MEMBER

Kathryn Seelbach

Goldie Sheets

Nathan Kindt

Anna Vorkavich

Karen Lashley



## GIVING BACK TO THE COMMUNITY!

### PERSONAL NEEDS PANTRY (CAP OFFICE)

Our second quarter sponsor is going to be the Personal Needs Pantry at the CAP Office.

They are looking for items such as,

Baby Wash (Unscented)	Baby Bar Soap	Baby Shampoo
Baby Lotion	Baby Wipes	Liquid Hand Soap
Diapers in sizes newborn 1,2,and 3	Youth Pull-ups sizes med/lag, 65-85lbs	
Body Wash	Shampoo	Conditioner
Men's 3 in 1 Shampoo	Men's Deodorant	Women's Deodorant
Toilet Paper	Kleenex	Wipes
Bladder Protection Pads	Panty Liners	Maxi Pads
Tampons in sizes regular, super, super plus and ultra		Laundry Detergent
Dish Soap		

We will be sponsoring them for the month's of April, May and June. If you have any items you would like to donate, please bring them by the center and drop them off at the front desk. Thank you in advance





### MEDICARE

Marc Follin will be in for Medicare May 16th 1-3pm. You can stop in on this day to see her here at the Seniors on Center

### LEGAL AID



Karen McVay is available by appointment only, to assist you in any legal questions you may have. Please give her a call and set up your appointment today!  
740-383-2161

### HOME DELIVERED MEALS

A hot, well-balanced lunch is available daily to shut-ins living in Morrow County. Weekend and Holiday frozen meals are also available upon request.

### LUNCH AT SENIORS ON CENTER

A hot lunch is served daily from 11:30am to 12:30pm. Reservations are required at least 24 hours in advance.



### TRANSPORTATION

Handicapped accessible transportation for doctor appointments, beauty shop, grocery shopping, social activities, therapy, etc.. is available. Transportation for medical appointments outside the county can usually be arranged with a 48 hour notice

### HOMEMAKER

Light housekeeping



### CARDINGTON SENIORS

FRIDAY, MAY 24TH, AT 12 NOON  
NEED RESERVATION—\$3.00 SUGGESTED  
DONATION

SENIORS ON CENTER,  
41 W. CENTER ST., MT. GILEAD  
MARIE CHRISTIANO 419-751-7579

### CHESTERVILLE SENIORS

TUESDAY, MAY14TH, AT 12 NOON  
SELOVER LIBRARY, 31 STATE ROUTE  
95,CHESTERVILLE

SUZI LYLE 419-768-3431




### SPARTA GOOD TIMES SENIORS

TUESDAY, MAY 21ST, AT 12:30PM  
YOUR OWN COST  
HIGHLAND PIZZA  
6530 STATE ROUTE 229, SPARTA  
DICK SEARS 419-768-2050

### MARENGO/FULTON SENIORS

BREAKFAST AT FARMSTEAD  
MONDAY MAY 6TH, AT 9AM,  
AMERICAN LEGION HALL  
1549 COUNTY RD 26, MARENGO, OH  
MONDAY MAY 20TH, AT 12 NOON  
JOYCE TAYLOR 419-253-0727

# MENU (SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>Egg Omelet Hash Browns Orange Juice Grapes Raisin Bread Milk</p>	<p>2</p> <p>Ham and Swiss Vegetable Soup Tossed Salad Pears Bun Milk</p>	<p>3</p> <p>Roast Pork Brussel Sprouts Corn Apricots Roll Milk</p>
<p>6</p> <p>BBQ Riblet Vegetable Blend Corn Peaches Bun Milk</p>	<p>7</p> <p>Chicken ala King Mixed Vegetables Lima Beans Pineapple Biscuit Milk</p>	<p>8</p> <p>Macaroni and Cheese with Meatballs Broccoli Cauliflower Tropical Fruit Milk</p>	<p>9</p> <p>Pizza Patty Tomato Soup Tossed Salad Sliced Apples Bun Milk</p>	<p>10</p> <p>Pot Roast Mashed Potatoes Zucchini Pears &amp; Blueberries Breadstick Milk</p>
<p>13</p> <p>Chicken Breast Cole Slaw Baked Beans Strawberries Corn Bread Milk</p>	<p>14</p> <p>Taco Corn Pineapple Milk</p>	<p>15</p> <p>Meatloaf Mashed Potatoes Peas and Onions Peaches Bread Milk</p>	<p>16</p> <p>Pulled Pork Corn Chowder Tossed Salad Mandarin Oranges Bun Milk</p>	<p>17</p> <p>Egg Salad Sweet Potato Fries Broccoli Kiwi Bun Milk</p>
<p>20</p> <p>Italian Sausage Links Mashed Potatoes Vegetable Blend Grapes Bread Milk</p>	<p>21</p> <p>Chicken Parmesan Normandy Blend Vegetables Applesauce Milk</p>	<p>22</p> <p>Ham Mashed Sweet Potatoes Cooke Spinach Fruit Cocktail Roll Milk</p>	<p>23</p> <p>Turkey Burger Vegetable Soup Tossed Salad Potato Rounds Bun Milk</p>	<p>24</p> <p>Pot Pie Asparagus Lima Beans Peaches Milk</p>
<p>27</p> <p>Closed in Observation of Memorial Day</p>	<p>28</p> <p>Chicken Leg Vegetable Blend Steak Fries Mandarin Oranges Bread Milk</p>	<p>29</p> <p>Turkey Sausage Links Diced Potatoes Asparagus Strawberries French Toast Sticks Cookie Milk</p>	<p>30</p> <p>Sliced Turkey Potato Soup Tossed Salad Pears Bun Milk</p>	<p>31</p> <p>Lasagna Green Beans Cooked Carrots Pineapple Bread Milk</p>

## HAPPY BIRTHDAY

Ann Arnett

Jerry Hiatt

Carol Schorr

Larry Clarkson

Junia Kauderer

Alba Veley

Donald Clinger

Donald Kelly

Esther Yake

Eleanor Cole

Rosemary Levings

Judy Daniel

Shirley McMasters

Peggy Fogle

Sylvia Meadows

Iva (Peggy) Freeman

Phylis Miller

Nancy Giesige

Shelby Morr

Evelyn Guiher

Claudie Pettry

David Hamilton

Marie Peyton

Ruth Harshner

Linda Phillips

Betty Helman

Wilma Reed

**This Newsletter is published by:**

Morrow County Services for  
Older Citizens, Inc.  
dba Seniors on Center  
41 West Center Street  
Mt. Gilead, OH 43338

NON-PROFIT STD.  
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43338  
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**Board of Directors**

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Gill Ullom (Treas.)	Geri Park	Ray Dietz	Warren Davis
Linda Ruehrmund (Sec.)		Pat Rinehart	Marie Christiano

**MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.**

**419.946.4191 \* 419.946.1037 facsimile**

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.