ROLLS-ROYCE HARRIERS

5000 METRE TRACK RACE RESULTS WEDNESDAY 24 JULY 2024

<u>POS</u>	NAME	TIME
1	DAVID PARKIN	21:13
2	STEVE RANDLE	23:22
3	DEAN ROWLAND	24:11
4	JULIAN SMITH	24:48
5	MIKE LAWSON	26:40
6	NEAL FELLOWS	29:22

TIMEKEEPER BILL SOUTHGATE, RECORDER JAMES WARD

REMAINING FIXTURES (5PM AT MOORWAYS)

WEDNESDAY 31 JULY 3,000 METRES
WEDNESDAY 14 AUGUST 1,500 METRES
WEDNESDAY 21 AUGUST 800, 400, 200 AND 100 METRES
WEDNESDAY 28 AUGUST 800, 400, 200 AND 100 METRES

THE PIGGS TROPHY 10K WILL BE HELD AT DARLEY PARK ON WEDNESDAY, 7TH AUGUST.

ENTRY FEE £12 UNATTACHED, £10 AFFILIATED, FREE TO R-R HARRIERS ONLINE ENTRIES ONLY, VIA RUNBRITAIN

NB HARRIERS WILL HAVE TO ENTER ONLINE AND PAY THE £10,

BUT IT WILL BE REIMBURSED