

Some Thoughts On Living Christian When You Work Seven Days A Week To Feed Your Family

Sadly, our society has lost all respect for the Sabbath. I can remember days in my childhood when many establishments were closed on Sunday to honor the Sabbath and allow time for their employees and families to attend Services.

Today, with few exceptions, everything is open and many people are forced to work on Sundays to support their families. Indeed, today many parents must work two or more jobs to feed their families. In Christ's time many slaves did not even work on the Sabbath. A sad but true sign of our times.

Here are some things you can do with your family to Live Christian and Honor the Sabbath even when you work seven days a week or on Sundays to provide for them. Always remember that feeding their spiritual needs is as important as putting food on the table.

If you must work on Sunday, make another day your family's Sabbath Day. Many Churches have started holding Saturday Mass for those people who must work on Sunday. I find it amusing that Christians changed the Sabbath to Sunday to honor The Resurrection, but now offer Saturday Services.

When you go to Service on Saturday make that your Sabbath Day and practice Living Christian all day not just making a one hour stop by Church for Service. In addition to Service take some time to pray with your family. Take a few minutes and read a Bible passage together. Even better, share a meal together whether at midday or supper, and talk about your Faith and the Bible, not current events.

Many of us freely donate money to our Church. But how many of us also donate our time? In our time pressed society it doesn't need to be a full morning or afternoon. Even an hour makes a difference. Ask your Church and you may be surprised at the opportunities. Perhaps you can help during Service. Or carry The Word or Communion to the sick and homebound after Services. Donate an hour to your Church and Community Charities. Help at your food bank. Lead a Bible Study after Services are done.

You'd be amazed at the huge difference a small amount of time praying with your family and helping others on your Sabbath can make. And now that you have some ideas on Living Christian on the Sabbath, try extending your behavior to the other days of the week. Live Christian All Seven Days.

If everyone did that what a better place our world would soon be.

Enjoy the Sabbath and God Bless!