

# *Let's Schmooze*

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## Existence

Given the pervasiveness of innate human curiosity, most of us would generally like to know (1) what others think that life ~ existence ~ is all about, and (2) how one goes about living a good life buoyed by satisfying meaning. After all, not only are we humans insatiably curious beings, but the basic questions about the lives that we find ourselves living are always of the deepest and greatest interest.

There are a multitude of voices that seek to address our curiosities. Whether it's religion, science, or philosophy ~ these disparate voices jostle and compete to answer these deepest questions of ~ *Where did it all come from?* ~ *What is its meaning?* ~ *What should I do with my own life?*

For those inquisitive souls who might be interested, the following is our appreciation of the **transcendent underpinnings** of our apparent realities:

- ▶ We are "Heir-lings," the spiritual offspring of a transcendent yet immanent Omni-Parent, a Parent who is all that there is or may ever be. This is our parentage and our heritage.
- ▶ We are created in our Omni-Parent's image and likeness, and this holds true regardless of appearances. We are spiritual, transcendent and immanent beings.
- ▶ Creation was created for our pleasure and amusement; we were not created for it. In Creative Will, we came first, and then the balance of Creation. Our Omni-Parent has given all of Creation to all of us collectively. It is ours to take care of together and share with each other.
- ▶ Our Omni-Parent has given us free will, and with that free will comes responsibility for ourselves. We will be a major determinant of

whatever may befall us, so we must be careful with our exercise of that free will.

- ▶ Our free wills are not totally free; our free wills must be carefully exercised within certain inflexible limits set by our Omni-Parent.
- ▶ Our Omni-Parent loves us and is always with us, but will not interfere with our free will. Consequently, we must show the initiative in developing our relationship with our Omni-Parent.

### **What is a human being?**

The melding of a human body with an Heir-ling being, usually via human birth.

### **What are the innate languages of a human being?**

body	sensation	sight, hearing, smelling, tasting, touching
mind	thought	cognition, ideation, conceptualization
heart	feeling	emotion, passion, sentiment
spirit	will	desire, choice, influence, control, creation

**Life ~ Creation ~ Reality ~ Existence** is the celebration of limitless possibilities guided by intelligent restraint.

Intelligent restraint allows for companionship & togetherness.

Companionship & togetherness allow for community.

Community harbors life as we experience it.

**The best way to live a good life** is by:

- ▶ Remembering our essentially spiritual, transcendent nature.
- ▶ Treating each other as the equals that we are.
- ▶ Exercising our spiritual, transcendent nature by exploring our given potentialities with appropriate restraint.

**Human perfection** is doing one's "practical best" every moment within the guidelines of the universal Golden Rule.

**Human evil** comes from forgetting where we come from and what we are. That, in turn, leads to bad choices. Forgetting where we come from and what we are is the result of forgetting our transcendence and going "native" to the human experience. Elemental

choices, arising from going native to the human experience, lead to negative emotions such as:

Greed arising from hunger socially satiated with money & things

Fear arising from vulnerability socially satiated with power & control

Ego arising from unimportance socially satiated with status & ranking

Negative emotions breed more negative choices and so on in an increasingly negative spiral of negative emotions and bad choices.

The **cure for human evil** is remembering, which can seem to be like an awakening from a deep coma, or dream, or nightmare.

- ▶ Reading inspired texts and attending spiritual and religious gatherings can help.
- ▶ Personal spiritual experiences can also help.
- ▶ Mercilessly examining our value system and behavior can be of an immense help. Ego-defense mechanisms such as rationalization, displacement and projection will have to be neutralized to allow for this deeply honest and penetrating examination.

Some **handy tools for spiritual health**:

- ▶ The universal Golden Rule  
treating self and other by the same standard of behavior
- ▶ The three Jewels of Daoism
  - moderation / simplicity ~ countermeasure for greed
  - kindness / compassion ~ countermeasure for fear
  - modesty / humility ~ countermeasure for ego
- ▶ Jesus' Sermon on the Mount  
found in the Christian New Testament
- ▶ Tilopa's advice  
enjoy existence without attachment to phenomena
- ▶ *Life Streams* ~ transcendent psalmic poetry
- ▶ Heirling prayer of Thanksgiving

The **purpose of religion** ~ collective spirituality ~ is to help each other to:

- ▶ Remember where we come from and what we are.
- ▶ Act wisely and understand our position in the scheme of things.

- ▶ Live eagerly with gratitude for our existence and the potentialities given to us.

At the **transcendent** level of being, we Heir-lings should find ourselves with these **abilities**:

- ▶ the ability to transform phenomenal realities with thought alone
- ▶ the ability to communicate instantly with other Heir-lings and other life forms
- ▶ the ability to discern and manage hidden realities and future possibilities
- ▶ the ability to exist independent of the human body
- ▶ the ability to come in and out of human lifetimes

It would be a good thing to start talking about all this. It's quite important. Global humanity is facing its greatest crises in recorded history, and addressing the basic, fundamental questions of our existence here on this planet Earth may serve to help us navigate the troubled waters ahead. Let's start conversing at this most foundational level of thought.

After all, if we can come to a mutual understanding as to the primordial foundation of (and reason for) existence, the superstructure that we attempt to build upon it ~ i.e., human civilization ~ may last a bit longer than just an aborted blink in the cosmos of eternity.

~ 'til we meet again ~