

USAM SUMMER AM OPTION

Location: RPI, Robison Pool, 15th Street, Troy, NY 12180

Date: **June 27(Thursday) – August 14 (7 weeks) (Monday-Friday)**

Time: 630-8AM

Cost: \$400

Meets we plan on attending:

(IT IS EXPECTED THAT YOU WILL ATTEND A MINIMUM OF ONE OF THESE BELOW!)

This fee is on top of typical meet fees for event.

(This will cost an additional \$25 per single family, \$35 for multiple families for coaches fees).

- Suburban Dual Meet Schedule
 - Glen Hills/Rotterdam BGC – June 27 (Thur) (Home at Emma 6pm warm up, 630 pm start)
 - Jamming Jellyfish/RBGC – July 2 (Tues) (Home at Emma 6pm warm up, 630 pm start)
 - Knolls – July 9 (Tues) (Home at Emma 6pm warm up, 630 pm start)
 - Nisky – July 16 (Tues) (Home at Emma 6pm warm up, 630 pm start)
 - Suburban Champs – August 1(Friday) @ Shen, 3 pm-7 pm (IM's and 200's free)
 - Suburban Champs – August 2(Saturday) @ Shen, 8 am-4 pm
- Hawks Summer Invite – July 12-14, Ulster County Pool (2 hour drive)
- AD LONG COURSE CHAMPS – July 26-July 28 – Colgate University (2.5 hour drive)
- Zones – Richmond VA – August 7-10 – TRAVEL AS PART OF ADIRONDACK SWIMMING – APPLICATION REQUIRED!

