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2018-2019

WINTER SPORTS PLAYBOOK

CEDARBURG HIGH SCHOOL





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## SUPPORT OUR CHS STUDENT ATHLETES

### Join the Cedarburg Athletic Booster Club Today

One of the most convenient ways you can support ALL CHS sports programs is to join the Cedarburg Athletic Booster Club (CABC). Join the CABC and enjoy all these benefits:

- **Free admission** to all regular season home sporting events for the school year<sup>1</sup> with the CABC Mobile Pass. Families with two or more CHS students save even more<sup>2</sup>
- Easy way to provide **financial support to your CHS bulldogs**
- **\$1,000 CCSF Booster Club Scholarship opportunity**
- **Booster Club Membership Appreciation Nights**
- **10% off** all booster club events



#### CABC MEMBERSHIP CATEGORIES

<b>GOLD</b>	<b>\$125</b>	<b>Admits: 2 Adults w/kids ages 6-18</b>
<b>ORANGE</b>	<b>\$100</b>	<b>Admits: 2 Adults</b>
<b>BLACK</b>	<b>\$ 75</b>	<b>Admits: 1 Adult w/kids ages 6-18</b>
<b>WHITE</b>	<b>\$ 50</b>	<b>Admits: 1 Adult</b>
<b>GRAY<sup>3</sup></b>	<b>\$ 35</b>	<b>Admits: 1 student (Grades 6-8)</b>

<sup>1</sup> Does not include North Shore Conference, home invitational events, and CHS hockey games.

<sup>2</sup> CABC Gold members with two CHS students save \$15 vs. buying two individual Student Athletic passes at \$20 each.

<sup>3</sup> Sports pass only, does not include CABC membership.



#### Shop at AmazonSmile and Support the CABC

Shopping on AmazonSmile is a simple way to support the CABC, at no cost to you. Every time you shop at smile.amazon.com, you'll find the same convenient shopping experience as Amazon.com with the added bonus that Amazon will donate .5% of the purchase price to the CABC. Just go to smile.amazon.com, select the CABC as your charitable organization and shop away.

Join the Cedarburg  
Athletic Booster Club  
today at  
**www.chsabc.com**

The CABC is a parent run  
501(c)(3) nonprofit  
organization that  
supports all Cedarburg  
High School athletics.

## SUPPORT THE ORGANIZATIONS THAT SUPPORT CHS ATHLETICS

The businesses located throughout these pages have provided generous support to the Cedarburg Athletic Booster Club. Please return the favor and make every effort to patronize these businesses, and help them thrive. We're all in this together, let's do what we can to support one another.

## Thank you!

The Cedarburg Athletic Booster Club (CABC) is proud to present this edition of the 2018/19 Cedarburg High School Sports Playbook. Thank you to the businesses and organizations found throughout these pages that made this program possible through their generous support for CHS athletics. A special thanks goes to Digital Edge Copy & Print Center for their hard work and dedication to creating, designing and printing this playbook while providing significant cost savings to the CABC.

The CABC is a parent-run, all-volunteer 501(c)(3) non-profit organization committed to supporting all athletic programs offered at Cedarburg High School. Our aim is to support initiatives and programs that improve the athletic experience of every student athlete. All funds we raise go directly to CHS athletic programs.

The support from parents, teachers, staff, administration, alumni, local businesses and the greater Cedarburg community is truly outstanding—a real affirmation of why CHS is consistently ranked among the best schools in the nation. It is with much gratitude and appreciation that we express a heart-felt "Thank You" to our Cedarburg community.

Warm regards,

#### Your 2018/19 Cedarburg Athletic Booster Club Board

**Chris Haasch, President**  
**Tracy Tenpenny, Vice President**  
**Laura Stroebe, Treasurer**  
**Kim Cass, Secretary**

**David Guse**  
**Janice Levy**  
**Dan Salzman**  
**Joann Steidinger**

The CABC is seeking additional board members.  
Please come to one of our monthly board meetings held in the IMC on the second Monday of each month. For more information, please mail [admin@chsabc.com](mailto:admin@chsabc.com).

# Athletic Director Welcome



Cedarburg High School co-curricular activities are an important component of Cedarburg's curriculum. While, first and foremost, our mission is to provide a sound academic experience for our students, athletics is an important extension of the classroom and is designed to further the educational development of young men and women.

We at Cedarburg High School believe that the commitment, dedication and respect that athletic participation fosters will serve as a foundation for student growth and life-long learning. A major focus of our athletics program is to assist our student athletes, developing life skills to help them become productive members of society.

We at Cedarburg High School, feel these contributions to the overall development of our young men and women is vital, and we are very fortunate to have dedicated and decorated coaches leading our student-athletes as well as a strong network of support from our community, staff, alumni, and parents. The cooperative spirit makes the Bulldog experience second to none.

Cedarburg High School strives to be a premier athletics program in Wisconsin. Coaches know their players as individuals and support them and mentor them, matching the exceptional experience in CHS classrooms. We offer high-caliber educational opportunities at practices and sporting events to match what is accomplished in the classroom. We pride ourselves for having scholar-athletes, and we are honored by their achievements after high school.

Student-athletes, coaches and parents are all expected to demonstrate good sportsmanship, community involvement and excellent conduct. As the public holds student athletes to a higher standard of our stakeholders, we must model good judgment and maintain a positive perspective. Success and pride will come from competing the right way. Though athletic success is often measured by wins and losses, Cedarburg High School takes the most pride in the valuable life lessons that student athletes learn. I am humbled by the opportunity to serve you and hope that your experience is successful and enjoyable.

**Go Bulldogs!**

A handwritten signature in cursive script, likely belonging to Jon Hannam.

**Jon Hannam '99**  
**Athletics/Activities Director**



## CHS School Song

When our colors fly from our banners high,  
We'll be there to guide the way.  
When the Bulldogs fight with their main and might,  
We will follow them day by day.  
With a thousand voices, we chant our praises  
As true defenders of the orange and black.  
For the sun can't set on our greatness yet.  
That's the boast of C.H.S.

You rah, rah, rah  
Yea, Bulldogs.  
You rah, rah, rah,  
Yea, Bulldogs  
1 - 2 - 3 - 4

You rah, rah, rah,  
Yea, Bulldogs.  
You, rah, rah, rah,  
Yea, Bulldogs.  
1 - 2 - 3 - 4

You rah, rah, C.H.S.  
You rah, rah, C.H.S.  
You rah, rah, C.H.S.

### **CEDARBURG SCHOOL DISTRICT**

Todd Bugnacki, Superintendent

### **CEDARBURG HIGH SCHOOL**

Adam Kurth, Principal  
Trent Berg, Associate Principal  
Calie Neureuther, Associate Principal

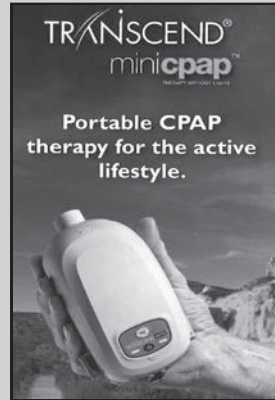
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It's not too late to advertise in the Spring edition of  
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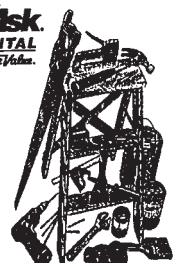
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Cedarburg Basketball Club is a select program that is open to all young athletes 3rd-8th grade that live in Cedarburg or attend a Cedarburg school. We have a passion to elevate every athlete that comes through our program, as basketball players AND as people. If your child has a love for basketball, wants to improve his/her skills, have fun and be challenged, we encourage your child to join us.

FOR MORE INFORMATION VISIT:

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*The official feeder program for Cedarburg HS Softball*

***Good Luck  
To all  
Bulldog Teams !!***



Additional information on Cedarburg Crush Fastpitch  
<http://www.cedarburgfastpitch.com>

# BASKETBALL OFFICIALS' SIGNALS

Starting and stopping clock	1  Start clock	2  Stop clock	3  Stop clock for jump/held ball	4  Stop clock for foul	5  Stop clock for foul (optional bird dog)	Information	6  Directional signal
	7  Designated spot	8  Visible counts	9  Beckoning substitutes	10  60-second time-out	11  30-second time-out		12  Not closely guarded
	13  No score	14  Goal counts	15  Point(s) scored use 1 or 2 fingers after signal 14	16 3-point field goal  Attempt			17  Bonus free throw for 2nd throw, drop one arm – for 2 throws, use 1 arm with 2 fingers – for three throws, use 1 arm with 3 fingers
Shooting/scoring	19  Traveling	20  Illegal dribble	21  Palming/ carrying the ball	22  Over and back	29  Illegal use of hand	30  Hand check	31  Holding
	23 3-second violation  * Open hand - run end line	24  5-second violation	25  10-second violation	32  Blocking	33  Pushing or charging	34  Player-control foul	35  Team-control foul
	26  Free throw, designated spot, or other violation	27  Excessively swinging arm(s)/elbow(s)	28  Kicking	36  Intentional foul	37  Double foul	38  Technical foul	



**FRONT ROW:** Marcus Stillone, Nathan Hafner, Mark Myczek, Nathan Theama  
**MIDDLE ROW:** Ben Ebacher, Lewis Stroebel, Jake Leair, Sam Spaude, Trenton Rietbrock  
**BACK ROW:** Logan Holzer, Drew Biber, Coach Nick Mueller, Nick Johnson, Carson Biber, Jake Steger  
**NOT PICTURED:** Hugo Joncquel

## CEDARBURG BOYS' VARSITY BASKETBALL

<u>NO.</u>	<u>NAME</u>	<u>GR.</u>	<u>HT.</u>	<u>POS.</u>
3	Mark Myczek	11	6'	Guard
5	Lewis Stroebel	11	6'2"	Forward
10	Drew Biber	10	6'4"	Guard
11	Marcus Stillone	12	6'1"	Guard
12	Nathan Theama	10	5'10"	Guard
13	Nathan Hafner	11	6'	Guard
14	Jake Leair	11	6'2"	Guard
15	Carson Biber	12	6'5"	Center
20	Ben Ebacher	11	6'4"	Forward
22	Sam Spaude	10	6'2"	Forward
24	Nick Johnson	11	6'5"	Center
32	Trenton Rietbrock	10	6'2"	Forward
34	Hugo Joncquel	12	6'	Guard

**HEAD COACH:** Nick Mueller  
**ASSISTANT COACH:** Jake Steger  
**TEAM MANAGER:** Logan Holzer





**FRONT ROW:** Hunter Maslowski, Jacob Sanem, Brock Niemeyer, Lucas Bork  
**MIDDLE ROW:** Henry Budd, Will Girsch, Matthew Pilch, Wesley Stroebel, Henry Voeller  
**BACK ROW:** Coach Nelson, Mikey Taraboi, Trenton Rietbrock, Zach Person

***CEDARBURG BOYS' JV1 BASKETBALL***

<u>NO.</u>	<u>NAME</u>	<u>GR.</u>	<u>HT.</u>	<u>POS.</u>
1	Matthew Pilch	10	5'11"	Guard
5	Hunter Maslowski	10	5'9"	Guard
12	Jacob Sanem	10	5'8"	Guard
20	Brock Niemeyer	10	5'10"	Guard
21	Lucas Bork	10	5'11"	Guard
22	Zach Person	9	6'3"	Forward
30	Wesley Stroebel	9	6'1"	Guard
32	Henry Budd	10	6'1"	Forward
40	Henry Voeller	10	6'2"	Forward
43	Trenton Rietbrock	10	6'2"	Forward
44	Mikey Taraboi	10	6'5"	Center

**J.V. COACH:** Kevin Nelson



**FRONT ROW:** Patrick Krzykowski, Case Callahan, Kyle Bell, Ryan Eastman

**MIDDLE ROW:** Jackson French, Alex Cass, Garrett Bastar, Michael Lauria, Andrew Mueller

**BACK ROW:** Daniel Taraboi, John Chumlea, Matt Doman, Davis Voeller, Ian Beilfuss, Samuel Reimer

**NOT PICTURED:** Coach Patrick O'Leary, Drake Cofta

## ***CEDARBURG BOYS' JV2 BASKETBALL***

<u>NO.</u>	<u>NAME</u>	<u>GR.</u>	<u>HT.</u>	<u>POS.</u>
1	Ian Beilfuss	9	6'	Forward
2	Jackson French	9	5'9"	Shooting Guard
3	Garrett Bastar	9	5'9"	Guard
4	Patrick Krzykowski	9	5'7"	Point/Shooting Guard
5	Ryan Eastman	9	5'7"	Point/Shooting Guard
10	Davis Voeller	9	5'10"	Forward/Guard
11	Kyle Bell	9	5'6"	Point/Shooting Guard
12	Andrew Mueller	9	5'10"	Point Guard
14	Alex Cass	9	5'8"	Forward
15	John Chumlea	9	5'11"	Forward
20	Matt Doman	9	5'9"	Shooting Guard
21	Samuel Reimer	9	6'1"	Center
22	Case Callahan	9	5'4"	Point/Shooting Guard
23	Michael Lauria	9	5'9"	Guard
24	Daniel Taraboi	9	6'1"	Center
52	Drake Cofta	9	6'	Center

**J.V.2 COACH:** Patrick O'Leary



# Supporting Cedarburg Athletics





**FRONT ROW:** Marla Ruzicka, Amanda Jessup, Sydney Zeh, Mary Theama, Sophia Ladd, Katie Sadowski  
**MIDDLE ROW:** Clare Diener, Carolyn Broehm, Khendel Rolison, Quinn Promm, Abby Leair  
**BACK ROW:** Abby Belschner, Emily Van Ermen, Coach Dave Ross, Coach Pat Moore, Grace Vornsand, Nicole Brandt

## ***CEDARBURG GIRLS' VARSITY BASKETBALL***

<u>NO.</u>	<u>NAME</u>	<u>GR.</u>	<u>HT.</u>	<u>POS.</u>
4	Sophia Ladd	12	5'5"	Guard
12	Katie Sadowski	11	5'6"	Guard
14	Mary Theama	9	5'3"	Guard
20	Khendel Rolison	10	5'7"	Guard
22	Clare Diener	9	5'8"	Guard
24	Quinn Promm	12	5'8"	Guard
30	Carolyn Broehm	11	5'9"	Post
32	Marla Ruzicka	12	5'6"	Post
34	Nicole Brandt	12	5'10"	Forward
40	Abby Leair	11	5'9"	Post
42	Amanda Jessup	11	5'5"	Guard
44	Abby Belschner	12	6'2"	Forward
50	Sydney Zeh	12	5'5"	Guard

**HEAD COACH:** Dave Ross

**ASSISTANT COACH:** Pat Moore

**TEAM MANAGERS:** Grace Vornsand, Emily Van Ermen



**FRONT ROW:** Brandi Mathias, Claire Van Ermen, Maya Avila, Caitlyn O'Neil  
**MIDDLE ROW:** Elsa Engelbert, Halle Thronson, Alise Callahan, Riley Folmer, Paige Spencer  
**BACK ROW:** Coach Tori Meins, Emma Sadwoski, Sopiha Fyfe, Caitlin Wrobbel  
**NOT PICTURED:** Kamille Sawejka

## CEDARBURG GIRLS' JV1 BASKETBALL

<u>NO.</u>	<u>NAME</u>	<u>GR.</u>	<u>HT.</u>	<u>POS.</u>
4	Caitlyn O'Neil	9	5'3"	Guard
12	Halle Thronson	10	5'7"	Guard
14	Claire Van Ermen	9	5'4"	Guard
20	Brandi Mathias	9	5'5"	Forward
22	Maya Avila	10	5'	Forward
24	Alise Callahan	10	5'5"	Forward
32	Emma Sadowski	10	5'9"	Post
42	Riley Folmar	10	5'8"	Guard
44	Elsa Engelbert	9	5'7"	Forward
50	Paige Spencer	9	5'8"	Forward
52	Sophia Fyfe	9	5'7"	Forward
34	Kamille Sawejka	10	5'5"	Forward

**J.V. COACH:** Tori Meins



**FRONT ROW:** Macie Fazal, Annika Prickett, Cassidy Fish  
**MIDDLE ROW:** Amber Heidtke, Sammy Brobst, Sierra Getschow, Olivia Wulff  
**BACK ROW:** Kelsie Novack, Natalie Fernald, Coach Maggie Folmar, Parker Mottl, Kailey Ramaker

## ***CEDARBURG GIRLS' JV2 BASKETBALL***

<u>NO.</u>	<u>NAME</u>	<u>GR.</u>	<u>HT.</u>	<u>POS.</u>
4	Annika Prickett	10	5'2"	Forward
12	Macie Fazal	9	5'4"	Post
20	Sierra Getschow	9	5'5"	Forward
30	Kelsie Novack	9	5'10"	Post
32	Olivia Wulff	9	5'5"	Forward
34	Kailey Ramaker	9	5'6"	Post
40	Sammy Brobst	9	5'4"	Point Guard
42	Amber Heidtke	9	5'5"	Forward
44	Cassidy Fish	9	5'5"	Point Guard

**J.V.2 COACH:** Maggie Folmar  
**ASSISTANT COACH:** Parker Mottl  
**TEAM MANAGERS:** Natalie Fernald



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**FRONT ROW:** Bella Graefe, Paige Muszytowski, Megan Meyers, Makayla Bushee, Caitlyn Morison  
**BACK ROW:** Joardin Morris, Hannah Elser, Rowen Tews, Reagan Greisch, Rachel Neault, Coach Abbate  
**NOT PICTURED:** Michaela Dimmer

## CEDARBURG CHEERLEADING

<u>NAME</u>	<u>GR.</u>
Makayla Bushee	9
Paige Muszytowski	10
Hannah Elser	10
Michaela Dimmer	11
Bella Graefe	11
Joardin Morris	11
Rowen Tews	11
Reagan Greisch	11
Rachel Neault	11
Megan Meyers	12
Caitlyn Morison	12

**HEAD COACH:** Haley Abbate

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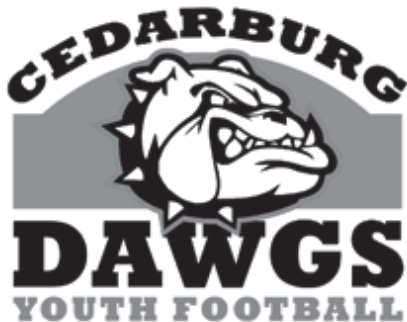


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**FRONT ROW:** Sophia Sommer, Jaydah Doig, Lydia Burkee, Katlyn Saloutos  
**BACK ROW:** Coach Stacy Sylvester, Desiree Williams, Bridget Meyer, Allysa Williams

## CEDARBURG DANCE TEAM

<u>NAME</u>	<u>GR.</u>
Jaydah Doig	9
Bridget Meyer	9
Katlyn Saloutos	10
Lydia Burkee	10
Sophia Sommer	10
Allyssa Williams	10
Desiree Williams	11

**HEAD COACH:** Stacy Sylvester  
**ASSISTANT COACHES:** Morgan Cusick, Savanna Lindemann



**PICTURED L-R:** Jaidyn Marshall (Mgr), Lauralei Zautner, Airiana Dawley, Sophie Bollech, Paige Arnold, Caleigh Mentzer, Mia Ketelhohn, Hailey Krueger, Sami Gleed, Amanda Babcock, Katrina Schoen (Mgr)

## CEDARBURG-GRAFTON BULLHAWKS GYMNASTICS TEAM

<u>NAME</u>	<u>GR.</u>	<u>SCHOOL</u>
Jaidyn Marshall (Mgr)	12	Cedarburg
Lauralei Zautner	9	Cedarburg
Airiana Dawley	10	Cedarburg
Sophie Bollech	11	Grafton
Paige Arnold	12	Grafton
Caleigh Mentzer	12	Cedarburg
Mia Ketelhohn	12	Cedarburg
Hailey Krueger	10	Cedarburg
Sami Gleed	9	Cedarburg
Amanda Babcock	9	Cedarburg
Katrina Schoen (Mgr)	12	Cedarburg

**HEAD COACH:** Siri Bartlein

**ASST. COACH:** Beth Malec

**TEAM MANAGERS:** Jaidyn Marshall and Katrina Schoen





# Ice Hockey Officials' Signals



## Boarding

Strike the clenched fist of one hand into the open palm of the other hand directly in front of the chest.



## Butt-Ending

A crossing motion of the forearms, one moving under the other.



## Charging

Rotating clenched fists around one another in front of chest.



## Checking (Women's Only)

The nonwhistle hand is placed on the shoulder and then moved out and to the side.



## Clipping

Keep both skates on the ice when signaling, using right hand on the leg.



## Contact to the Head

Extend arm above head and tap head with open palm.



## Cross-Checking

A single forward and back motion with both fists clenched in front of the chest.



## Delayed Calling of Penalty

Extend arm to upright position.



## Delayed Offsides

Extend arm in the air and point to line with other arm.



## Delay of Game

The nonwhistle hand, palm open, is placed across the chest and then fully extended directly in front of the body.



## Elbowing

Tapping either elbow with the opposite hand.



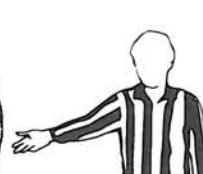
## Fighting/Punching

A double "punching" motion with fist clenched, fully extended in front of the body.



## Roughing

Fist clenched, fully extending arm from the side.



## Goal Scored

Point at the net with the nonwhistle hand, palm open.



## Grasping the Face Mask

A single or double motion as if grasping a face mask and pulling it down.



## Hand Pass

The nonwhistle hand (open hand) and arm are placed straight down alongside the body and swung forward and up once in an underhand motion.



## High-Sticking

Holding both fists, clenched, one a short space immediately above the other to the side of the head.



## Hitting From Behind

Arm placed behind the back, elbow bent, forearm parallel to the ice surface.



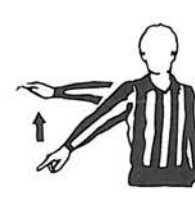
## Holding

Clasp wrist of whistle hand with the other hand well in front of the chest.



## Holding the Stick

Clasp wrist of whistle hand with the other hand well in front of the chest. Next, hold both fists, clenched, one a short space in front of the other at waist height.



## Intentional Offside

After blowing whistle for offside, point toward offending team's special spot with nonwhistle hand.



## Interference

Crossed arms with fists clenched stationary in front of chest.



## Hooking

A series of tugging motions with both arms, as if pulling something toward the stomach.



## Icing

The back official signals the icing situation by fully extending his free arm (without whistle) at a 65° angle. The front official shall indicate the icing is completed by extending his free arm over his head, up straight, and blowing his whistle. The back official then will move to the faceoff spot and cross arms to indicate the icing.



## Timeout/Unsportsmanlike Conduct

Using both hands to form a "T" in front of the chest.



## Tripping

Keep both skates on the ice when signaling, using right hand on the leg.



## "Wash-out"

Both arms swung shoulder height, not waist height.



## Kneeing

A single slapping of the right palm to the left knee, keeping both skate blades on the ice.



## Misconduct

Hands should be moved once from sides down to hips. Thus, point to player first, hands to hips second.



## Obstruction

Hands in the middle of the body in the shape of an "O". Additional infraction following obstruction.



## Penalty Shot

Arms crossed (fists clenched) above the head.



## Spearing

A single jabbing motion with both hands together, thrust forward in front of the chest, then dropping hands to the side.



## Slashing

One slap with the nonwhistle hand across the straightened forearm of the other hand.

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- FRONT ROW:** Ben Kowalewski, Sean Dingle
- SECOND ROW:** Jackson Kunz, Wyatt Hart, Connor Kuck, Ben Smith, Roman Poss, Cade Knoeppel, Justin Benning, Connor Hester, Matthew Lemes, Ryan Noak
- THIRD ROW:** Brandon Wallow, Coach Lee Wickert, Coach Jason Woll, Coach Dale West, Coach Rob White, Coach Jake Furey, Coach Steve Lecey, Thomas Wise
- BACK ROW:** Sebastian Sprenger, Owen Mc Laughlin, Cole Schmitter, Alex Henneberry, Ben Pigatto, Will Bolander, Nolan Burnside, Sam Frontier

## CEDARBURG BOYS' VARSITY HOCKEY

<u>NO.</u>	<u>NAME</u>	<u>GR.</u>	<u>POS.</u>
1	Sean Dingle	9	G
4	Connor Hester	12	F
5	Matthew Lemes	10	D
6	Owen McLaughlin	10	D
8	Alex Henneberry	11	F
9	Ben Smith	12	F
10	Sam Frontier	11	F
11	Cole Schmitter	11	D
12	Wyatt Hart	10	F
13	Justin Benning - A	12	D
14	Connor Kuck	12	F
15	Roman Poss - A	12	D
16	Sebastian Sprenger	10	F
17	Cade Knoeppel - C	12	F
18	Nolan Burnside	11	F
19	Ben Pigatto	10	F
20	Will Bolander	11	F
30	Ben Kowalewski	11	G

**HEAD COACH:** Dale West

**ASST. COACHES:** Steve Lecey, Jason Woll, Jake Furey, Rob White (Stngth. & Cond.)

**GOALIE COACH:** Lee Wickert

**TEAM MANAGERS:** Jackson Kunz, Ryan Noack, Brandon Wallow, Thomas Wise



**FRONT ROW:** Matthew Lemes, Jake Terrill, Sean Dingle, Jacob Woodhouse, Joe Hoffart

**SECOND ROW:** Ty Campbell, Connor Lane, Sebastian Sprenger, Jackson Crain, Jesse Griswold, Luke Bolander

**BACK ROW:** Owen McLaughlin, Lawrence Van Ness, Coach Furey, Coach Lee, Coach Lecey, Mac Ladd, Drew Wachter

## ***CEDARBURG BOYS' JUNIOR VARSITY HOCKEY***

<u>NO.</u>	<u>NAME</u>	<u>GR.</u>	<u>POS.</u>
1	Sean Dingle	9	G
2	Jackson Crain	10	D
3	Jacob Woodhouse	9	D
4	Owen McLaughlin	10	F/D
5	Drew Wachter	9	F
6	Jesse Griswold	11	F
7	Ty Campbell	9	F
8	Matthew Lemes	10	D
9	Mac Ladd	9	F
14	Connor Lane	9	F
16	Luke Bolander	9	D
17	Joe Hoffart	9	F
18	Sebastian Sprenger	10	F
22	Lawrence Van Ness	9	F
23	Jake Terrill	9	D
30	Ben Kowalewski	11	G

**HEAD COACH:** Dale West

**ASST. COACHES:** Steve Lecey, Jason Woll, Jake Furey, Rob White (Stngth. & Cond.)

**GOALIE COACH:** Lee Wickert

**TEAM MANAGERS:** Jackson Kunz, Ryan Noack, Brandon Wallow, Thomas Wise



- FRONT ROW:** Anna Gontarski, Maura Fassell, Megan Bilsborough, Paige Weir, Lindsey Schimpf, Abbie Pigatto, Kami McCardle, Caitlin Kennedy
- SECOND ROW:** Savannah Kosanke, Kayla Carmichael, Besty Manz (Mgr), Giovanna Senese (Asst. Coach), Kyle Peterson (Head Coach), Shannon Bartlett (Asst. Coach), Kendall Applebaum (Asst. Coach), Sydney Albrecht (Mgr), Nyla Haswell, Amy Erpenbeck
- BACK ROW:** Stella Scott, Joelle Erickson, Elle Fisher, Sydney Bartlett, Lauren McCormack, Margeaux Moeller, Noelle Simbro, Breanna Pfaff, Kate Golden, Charlie Radtke
- NOT PICTURED:** Goalie Coach Mike Verplancke

## LAKESTORE LIGHTNING GIRLS HOCKEY

<u>NO.</u>	<u>NAME</u>	<u>GR.</u>	<u>POS.</u>	<u>NO.</u>	<u>NAME</u>	<u>GR.</u>	<u>POS.</u>
0	Kami McCardle	10	G	15	Joelle Erickson	9	F
1	Maura Farrell	9	G	16	Paige Weir	12	F
4	Savannah Kosanke	11	D	17	Abbie Pigatto	12	F
5	Charlie Radtke	10	F	19	Anna Gontarski	11	F
7	Caitlin Kennedy	11	F	22	Kayla Carmichael	10	D
8	Amy Erpenbeck	11	F	23	Nyla Haswell	9	F
9	Noelle Simbro	9	F	27	Lindsey Schimpf	12	D
10	Sydney Bartlett	10	D	37	Elle Fisher	10	D/F
11	Megan Bilsborough	12	D/F	47	Stella Scott	10	F
13	Kate Golden	9	D/F	94	Margeaux Moeller	9	D/F
14	Breanna Pfaff	11	D	97	Lauren McCormack	9	D

**HEAD COACH:** Kyle Peterson

**ASST. COACHES:** Giovanna Senese, Shannon Bartlett and Kendall Appelbaum

**GOALIE COACH:** Mike Verplancke

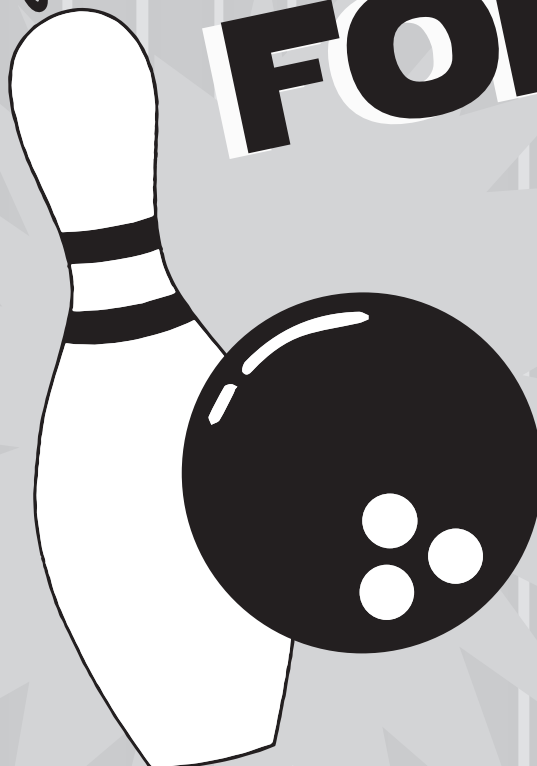
**TEAM MANAGERS:** Betsy Manz and Sydney Albrecht

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**FRONT ROW:** Preston Knopf, Riley Burns, Cooper Keillor, Owen Tegtmeier, Caroline Friedl  
**SECOND ROW:** Jack Bogenschutz, Jack Stevens, James King, Hayden Pries, Peyton Farley, Lauren Seefeld, Rachel Weber, Kendra Fitzpatrick  
**BACK ROW:** Andrew Langholz, Ben Hildebrand, Maxwell Olsen, Alex Toebe, Anna Meyer, Hannah Doman, Megan Wiertzema, Marlene Scheren  
**NOT PICTURED:** Simon Peschong, Ben Landrum, Christian Ferragut, Naomi Poss

## CEDARBURG SKI TEAM

<u>NAME</u>	<u>GR.</u>	<u>NAME</u>	<u>GR.</u>
Jack Stevens	9	Ben Hildebrand	10
James King	9	Ben Landrum	11
Rachel Weber	9	Preston Knopf	11
Hayden Pries	9	Alex Toebe	12
Christian Ferragut	10	Anna Meyer	12
Cooper Keillor	10	Hannah Doman	12
Kendra Fitzpatrick	10	Lauren Seefeld	12
Maxwell Olsen	10	Peyton Farley	12
Megan Wiertzema	10	Riley Burns	12
Owen Tegtmeier	10	Simon Peschong	12
Andrew Langholz	11	Caroline Friedl	12
Jack Bogenschutz	11	Marlene Scheren	12
Naomi Poss	11		

**HEAD COACH: Bob Friedl**  
**TEAM MANAGER: Annie Farley**

**S  
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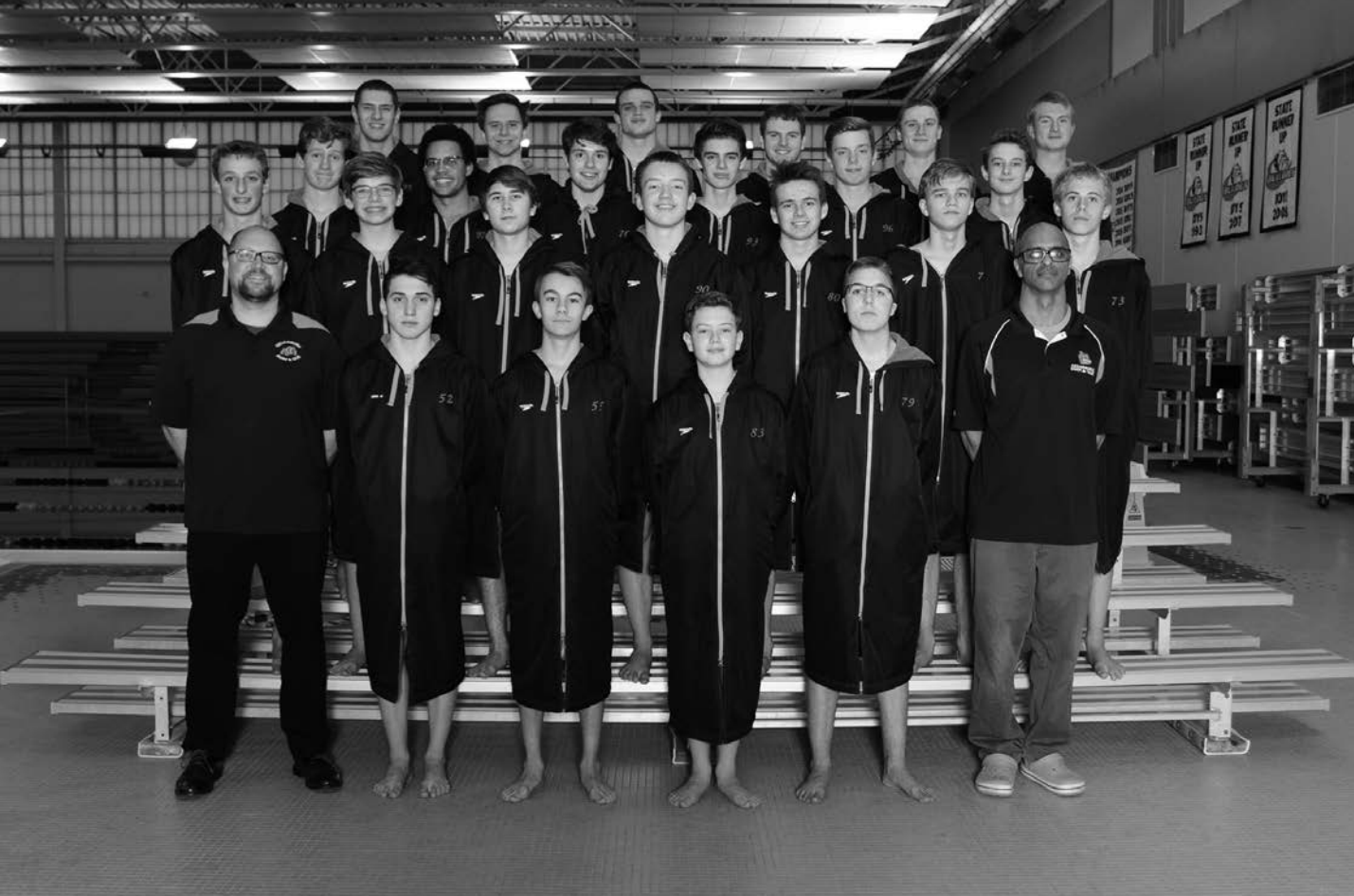
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**FRONT ROW:** Coach Matt Hoffman, Garrett Gonwa, Jude Brobst, Max Schmidt, Josh Filtz, Coach Amit Kaul  
**SECOND ROW:** Tate Goldbeck, Evan Zimdars, Alex Britt, Elliot Fairchild, Ben Keller, Grant Bonniwell, Ryan Dingle  
**THIRD ROW:** Thomas Crow, Henry Martin, Sean Stank, Jason Miller, Hayden Rose, Jacob Woda  
**BACK ROW:** Cody Asplin, Simon Garey, Ryan Hoffman, Sam Kluck, Dylan Muhonen, Scott Anderson  
**NOT PICTURED:** Coach Dennis Hubert








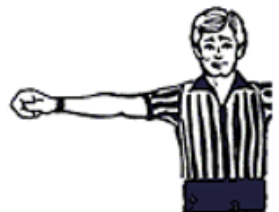
## CEDARBURG BOYS' SWIMMING & DIVING

VARSITY		JV	
NAME	GR.	NAME	GR.
Simon Garey	12	Scott Anderson	12
Garrett Gonwa	12	Sean Stank	12
Ryan Hoffman	12	Alex Britt	11
Sam Kluck	12	Josh Filtz	11
Dylan Muhonen	12	Grant Bonniwell	10
Cody Asplin	11	Thomas Crow	10
Ben Keller	11	Elliot Fairchild	10
Henry Martin	11	Jason Miller	9
Jude Brobst	10	Jacob Woda	9
Ryan Dingle	10		
Evan Zimdars	10		
Hayden Rose	9		
Max Schmidt	9		

**HEAD COACH:** Amit Kaul    **JV COACH:** Matt Hoffmann  
**DIVE COACH:** Dennis Hubert



# WRESTLING OFFICIALS' SIGNALS

1  Starting the Match	2  Stopping the Match	3  Time Out	4  Start Injury Clock	5  Start Blood Clock	6  Start Recovery Clock
7  Stop Blood/Injury/Recovery Clock	8  Neutral Position	9  Indicates No Control	10  Out-of-Bounds	11  Indicates Wrestler in Control Left/Right Hand	
12  Defer Choice	13  Potentially Dangerous Left/Right Hand	14  Stalemate	15  Caution - False Start or Incorrect Starting Procedure	16  Stalling Left/Right Hand	
17  Interlocking Hands or Grasping Clothing	18  Reversal	19  Technical Violation	20  Illegal Hold or Unnecessary Roughness	21  Near-Fall	
22  Awarding Points Left/Right Hand	23  Unsportsmanlike Conduct Left/Right Hand	24  Flagrant Misconduct Left/Right Hand	25  Coach Misconduct Left/Right Hand		





**FRONT ROW:** Joe Conniff, Pierce Phillips  
**SECOND ROW:** Aaron Pokel, Alissa Ziegelbauer, Bryce Jankowski  
**BACK ROW:** Kai Napralla, Maxwell Grudzinski, Ben Erickson, Jacob Steidinger  
**NOT PICTURED:** Riley Gleba, Brandon DiFrances, Caden Halverson, Jacey Roden (Mgr), Charlotte Slavin (Mgr)

## CEDARBURG WRESTLING

<u>NAME</u>	<u>GR.</u>	<u>WEIGHT CLASS</u>	<u>TEAM</u>
Bryce Jankowski	10	120	V
Maxwell Grudzinski	12	145	V
Ben Erickson	11	160	V
Jacob Steidinger	11	170	V
Kai Napralla	9	132	JV/V
Aaron Pokel	9	152	JV/V
Brandon DiFrances	10	120	JV
Joe Conniff	10	126	JV
Pierce Phillips	9	145	JV
Alissa Ziegelbauer	9	145	JV
Riley Gleba	10	160	JV
Caden Halverson	9	170	JV

**HEAD COACH:** Getasew Shumet

**ASST. COACHES:** Josh Meins, Noah Belschner, Steve Chojnachr, Jake Armellani

**Managers:** Jacey Roden, Charlotte Slavin

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- Show respect for the opposing players, coaches, fans and support groups and treat them as they would treat a guest in their own home.
- Respect the integrity and judgment of game officials. Understand that officials are doing their best to help promote the student-athlete and admire their willingness to participate in full view of the public.
- Remember that they are at a contest to support and cheer for their team and to enjoy the skill and competition, not to intimidate or ridicule the other team and its fans.
- Remember that interscholastic athletics are learning experiences for students and that mistakes are sometimes made. Praise student athletes as they attempt to improve themselves as students, as athletes and as people just as one would praise a student working in the classroom.
- Learn the rules of the game so they understand and appreciate why certain situations take place.
- Remember that a ticket to an interscholastic athletic event is a privilege to observe the contest, not a license to verbally assault others and be obnoxious.
- Refrain from taunting or making any kind of derogatory remarks to opponents during the game.
- Recognize and show appreciation for an outstanding play by either team.
- Use only those cheers that support and uplift the teams involved.
- Appreciate and support the efforts of school and league administrators to emphasize the benefits of educational athletics and the role of good sportsmanship.
- Are positive behavior role models through their own actions and by censuring those around them at events where behavior is unbecoming.

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# 2017-18 SPRING POST SEASON AWARDS

## **BASEBALL**

Logan King: All-Conference First Team Pitcher  
 Keagan McCarthy: All-Conference Second Team Outfield  
 Jared Antonneau: All-Conference Second Team Outfield  
 Sam Tomashek: All-Conference Honorable Mention Catcher  
 Jackson Thompson: All-Conference Honorable Mention Outfield

## **BOYS SOCCER**

Team: State Qualifiers  
 Regional & Sectional Champions  
 Willy Kornetzke: NSC Player of the Year  
 First Team All-Conference  
 First Team All-State  
 Ian Nelson: First Team All-Conference  
 Noah Schultz: First Team All-Conference  
 Nathan Miller: Honorable Mention All-Conference  
 AJ Patrick: Honorable Mention All-Conference  
 Ben Gibeau: Honorable Mention All-Conference

## **BOYS CROSS COUNTRY**

Timmy Brey: Second Team All-Conference

## **GIRLS CROSS COUNTRY**

Caitlin O'Neil: State Qualifier  
 First Team-All Conference  
 Olivia Greymont: First Team All-Conference  
 Jenna Short: Second Team-All Conference

## **BOYS VOLLEYBALL**

Team: Regional Champions  
 Tim Roddy: NSC Player of the Year  
 Third Team All-State  
 First Team All-Conference  
 Antonio Evans: First Team All-Conference  
 Ben Ebacher: First Team All-Conference  
 Steven Ebacher: Second Team All-Conference  
 James Dunne: Second Team All-Conference  
 Joe Poehlmann: Honorable Mention All-Conference

## **GIRLS VOLLEYBALL**

Kiara Reinhardt: First Team All-State  
 NSC Player of the Year  
 First Team All-Conference  
 Maddie Barber: First Team All-Conference  
 Morgan Harrison: Second Team All-Conference  
 Stephanie Carr: Second Team All-Conference  
 Elsa Copes: Honorable Mention All-Conference  
 Aspen Jankowski: Honorable Mention All-Conference

## **GIRLS SWIM**

Team: Regional and Sectional Champions  
 Placed Second in State  
 Maya Novack: All-State (50 free, 100 free, 400 FR)  
 All-Conference (100 free, 200 MR, 400 MR)  
 Erika Remington: All-State (50 free, 400 FR)  
 All-Conference (50 free, 100 fly, 200 FR, 400 FR)  
 Brigid Gwidt: All-State (100 breast, 400 FR)  
 All-Conference (200 im, 100 br, 200 MR, 400 FR)  
 Aldgen VonBargen: All-State (400 MR)  
 All-Conference (200MR, 400MR)

## **FOOTBALL**

**Wisconsin Football Coaches Association (WFC) Awards**  
 Ryan Hoffman: Academic All-State Team  
 Sam Kluck: Academic All-State  
 Drew Biber: All-Region Team Wide Receiver  
 Jake Leair: First Team All-Conference Quarterback  
 Drew Biber: First Team All-Conference Wide Receiver  
 Jason Schulz: Second Team All-Conference Running Back  
 Lucas Bork: Honorable Mention All-Conference Running Back

## **GIRLS GOLF**

Elise Hoven: NSC Co-Player of Year  
 First Team All-Conference  
 State Qualifier  
 All State Honorable Mention  
 Academic All State-Honors  
 Team MVP  
 Maddie Wilke: State Qualifier  
 First Team All-Conference  
 Academic All-State-Honors  
 Morgan Benskin: NSC 1st Team All-Conference  
 Academic All State-High Honors  
 Annika Jahr: State Qualifier  
 NSC 2nd Team All-Conference  
 Academic All State-High Honors  
 Maddie Benskin: State Qualifier  
 Academic All State-High Honors  
 Maddy Getschow: State Qualifier  
 Academic All State-High Honors

## **GIRLS TENNIS**

Alexa Andrae: Individual State Qualifier  
 Doubles State Qualifier  
 Abbey Cobb: Individual State Qualifier  
 Doubles State Qualifier  
 Hailey Haws: Individual State Qualifier  
 Doubles State Qualifier  
 Willow Larson: Individual State Qualifier  
 Doubles State Qualifier



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# CEDARBURG HIGH SCHOOL 2018-19 WINTER SPORTS SCHEDULE

## Boys' Varsity Basketball

DATE	OPPONENT	LOCATION	TIME
Nov 27	West Bend East	HOME	7:15PM
Nov 29	Greenfield	@ Greenfield	7:00PM
Nov 30	Hartford Union	HOME	7:15PM
Dec 7	Slinger	@ Slinger	7:15PM
Dec 11	Port Washington	HOME	7:15PM
Dec 14	West Bend West	@ West Bend West	7:15PM
Dec 18	Grafton	@ Grafton	7:15PM
Dec 21-22	Tournament	HOME	5:45PM
Jan 4	Homestead	@ Homestead	7:15PM
Jan 5	Bay View	@ Milwaukee Bay View	2:00PM
Jan 8	Whitefish Bay	@ Whitefish Bay	7:15PM
Jan 11	Nicolet	@ Nicolet	7:15PM
Jan 18	West Bend East	@ West Bend East	7:15PM
Jan 25	Hartford Union	@ Hartford	7:15PM
Jan 29	Slinger	HOME	7:15PM
Feb 1	Port Washington	@ Port Washington	7:15PM
Feb 5	West Bend West	HOME	7:15PM
Feb 8	Grafton	HOME	7:15PM
Feb 12	Homestead	HOME	7:15PM
Feb 15	Whitefish Bay	HOME	7:15PM
Feb 21	Nicolet	HOME	7:15PM

## Girls' Varsity Basketball

DATE	OPPONENT	LOCATION	TIME
Nov 10	Scrimmage	HOME	8:30AM
Nov 20	Nicolet	@ Nicolet	7:15PM
Nov 23/24	Tournament	@ Brookfield Central	1PM/7:30PM
Nov 27	West Bend East	HOME	5:45PM
Nov 30	Hartford Union	@ Hartford Union	7:15PM
Dec 7	Slinger	HOME	7:15PM
Dec 11	Port Washington	HOME	5:45PM
Dec 14	West Bend West	HOME	7:15PM
Dec 18	Grafton	@ Grafton	5:45PM
Dec 21-22	Tournament	HOME	5:45PM
Jan 4	Homestead	@ Homestead	5:45PM
Jan 8	Whitefish Bay	@ Whitefish Bay	5:45PM
Jan 11	Nicolet	HOME	7:15PM
Jan 18	West Bend East	@ West Bend East	5:45PM
Jan 25	Hartford	HOME	7:15PM
Jan 29	Slinger	@ Slinger	7:15PM
Feb 1	Port Washington	@ Port Washington	5:45PM
Feb 5	West Bend West	@ West Bend West	7:15PM
Feb 8	Grafton	HOME	5:45PM
Feb 12	Homestead	HOME	5:45PM
Feb 15	Whitefish Bay	HOME	5:45PM

## Girls' Varsity Hockey

Nov 17	Warren Township	@ Gurnee Mills Mall Rink	8:45PM
Nov 23/24	Tournament	@ Poppy Waterman Ice Arena	3PM/12:30PM
Nov 30	Brookfield Central	Ozaukee Ice Center	6:00PM
Dec 1	Xavier	Ozaukee Ice Center	5:00PM
Dec 8	Baraboo	Ozaukee Ice Center	6:00PM
Dec 11	Arrowhead	@ Arrowhead North Campus	6:00PM
Dec 14	Green Bay East	@ Cornerstone Ice Center Rink #1	6:00PM
Dec 21	Beloit Memorial	@ Monroe Slice Ice Arena	6:15PM
Dec 22	University School of Mke.	Ozaukee Ice Center	2:00PM
Jan 4/5	Tournament	@ University School of Milwaukee	3PM/12PM
Jan 11	Glacier Girls	@ Ponds of Brookfield Ice Rink	6:30PM
Jan 12	Stoughton	@ Stoughton High School	1:00PM
Jan 25	Middleton	@ Madison Ice Arena	7:30PM
Jan 26	Arrowhead	Ozaukee Ice Center	6:00PM
Feb 8	Sun Prairie	@ Sun Prairie Ice Arena	6:00PM
Feb 9	Rhinelanders	Ozaukee Ice Center	6:00PM

## Boys' Varsity Hockey

Nov 15	Scrimmage	Ozaukee Ice Center	7:30PM
Nov 24	Tournament	@ Nagawaukee Ice Rink	1:30PM
Nov 28	Whitefish Bay	@ Kern Center at MSOE	7:00PM
Nov 30	Appleton North	Ozaukee Ice Center	6:00PM
Dec 7	West Bend West	@ Kettle Moraine Ice Center	8:00PM
Dec 11	Arrowhead	@ Arrowhead (North Campus)	7:45PM
Dec 18	Bay Port	Ozaukee Ice Center	6:00PM
Dec 19	Fond du Lac	Ozaukee Ice Center	6:00PM
Dec 22	Kettle Moraine	Ozaukee Ice Center	6:00PM
Dec 27/28	Tournament	@ Menomonie Fanetti Ice Arena	11:00AM
Jan 11	Aquinas	Ozaukee Ice Center	8:00PM
Jan 12	Onalaska	Ozaukee Ice Center	4:30PM
Jan 15	Oshkosh North	@ Oshkosh YMCA	7:30PM
Jan 29	Homestead	Ozaukee Ice Arena	6:00PM
Feb 2	Brookfield East	Ozaukee Ice Center	7:00PM
Feb 5	Parker	Janesville Ice Skating Center	7:00PM
Feb 9	Greendale	Ozaukee Ice Center	6:30PM

## Gymnastics

Dec 5	Hartford	@ Hartford	6:30PM
Dec 12	Nicolet	@ Nicolet	6:30PM
Dec 15	Invite	@ Homestead	9:30AM
Dec 19	Port Washington	@ Port Washington	6:30PM
Jan 3	Homestead	@ Homestead	6:30PM
Jan 8	West Bend East	@ West Bend East	6:30PM
Jan 30	West Bend West	@ West Bend West	6:30PM
Feb 5	Whitefish Bay	@ Whitefish Bay	6:30PM
Feb 16	Conference Meet	@ West Bend West	10:00AM
Feb 23	Sectional Meet	@ Hartford	11:00AM

## Ski

Jan 6	Meet	Sunburst	5:00PM
Jan 16	West Bend Co-op	@ Little Switzerland	7:00PM
Jan 24	Brookfield East	@ Alpine Valley	7:00PM
Jan 31	Wauwatosa East	@ Little Switzerland	7:00PM
Feb 7	Muskego	@ Alpine Valley	7:00PM

## Wrestling

Nov 24	Scrimmage	@ Two Rivers	4:00PM
Nov 29	West Bend West	@ West Bend West	7:00PM
Dec 1	Invitational	@ East Troy	9:30AM
Dec 6	Whitefish Bay	HOME	7:00PM
Dec 8	Tournament	HOME	9:00AM
Dec 13	Grafton	@ Grafton	7:00PM
Dec 15	Invitational	@ Fond du Lac	8:00AM
Dec 28-29	Invitational	@ UW Oshkosh	9:30AM
Jan 3	Port Washington	@ Port Washington	7:00PM
Jan 5	Tournament	@ Green Bay West	9:30AM
Jan 10	Nicolet	HOME	7:00PM
Jan 12	Invitational	@ Badger High School	9:30AM
Jan 16	Homestead	HOME	7:00PM
Jan 24	TBD	HOME	7:00PM
Feb 1	Conference Tournament	@ Grafton	4:00PM
Feb 9	WIAA Regionals	@ TBD	TBD
Feb 16	Sectionals	@ Hartford Union	10:00AM
Feb 21-23	Ind. State Championship	@ Kohl Center	TBD

## Boys' Swimming & Diving

Nov 29	Nicolet	HOME	6:00PM
Dec 1	Invitational	@ Nicolet	8:30AM
Dec 6	Hartford	@ Hartford	6:00PM
Dec 11	Port Washington	HOME	6:00PM
Dec 18	Conf. Relays (Dive/Swim)	@ Homestead	4PM/6PM
Jan 3	Homestead	@ Homestead	6:00PM
Jan 5	Invitational	HOME	1:00PM
Jan 10	Whitefish Bay	HOME	6:00PM
Jan 12	Invitational	@ Shorewood High School	12:30PM
Jan 17	Grafton	@ Grafton	6:00PM
Jan 24	West Bend Co-op	HOME	6:00PM
Jan 31	Conference Diving	@ West Bend East	5:00PM
Feb 2	Conference Meet	@ West Bend East	2:00PM

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