

BALLIN' THE JACK

Recorded by Jazzy Ash for 'Swing Set' © 2017

Folks in Georgia's 'bout to go insane
Since that new dance down in Georgia came
I'm the only person who's to blame
I'm the party introduced it there so
Give me credit to know a thing or two
Give me credit for starting something new
I will show this little dance to you
When I do you'll say that it's a bear!

[Chorus]

First you put your two knees close up tight
Then you sway 'em to the left, sway 'em to the right
Step around the floor kinda nice and light
then you twist around twist around with all your might
Stretch your lovin' arms right out in space
Then you do the Eagle Rock with style and grace
Put your foot right in and bring it back
That's what I call Ballin' the Jack

[Verse 2]

It's being done in all the cabarets
All society now has got the craze
It's the best dance done in modern days
That is why I rave about it so
Play some good rag that will make you prance
Old folks young folks'll try to do the dance
Join right in now, while you've got the chance
Once again the steps to you I'll show

[Chorus]

That's what I call Ballin' the Jack!