



Pat Simon:

Secretary/Treasurer/Historian

Pat taught Physical Education for 39 years in Milford, CT before retiring in 2008. He was the Physical Education Coordinator for the public-school district from 1993 to 2008 and the secretary/treasurer for the CT Assoc. of Administrators of Health and PE from 1995 to 2008. He has been coaching the Gymnastics Team at Jonathan Law High School since 1978 and coached the Law Volleyball Team from 1995-2004. Pat has been a member of the C.I.A.C. State Gymnastics Committee since 1993, New England Council Gymnastics Committee Tournament Coordinator from 1995 to 2012 and Secretary/Treasurer of the NHSGA since 2008.

Pat received the Connecticut High School Coaches Association Gymnastics coach of the Year 1992, National High School Coaches Association Finalist for Special Sports Coach of the Year 2001 and 2017. Professional Merit Award from the CT Association of Health, Physical Education, Recreation and Dance Nov. 2003. The Tom Monahan Award for dedicated service from the CT High School Coaches Association in 2019.

Pat has been married to Candy for 52 years and they have two children, two granddaughters and three grandsons. (Updated 9/2023)

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