## Our Services

EAP

(Equine Assisted Psychotherapy)

EAL
(Equine Assisted
Learning)





Hours of Operation

By Appointment Only

3390 Avera Road Roberta, GA 31078

Contact us today to arrange a demo or schedule a session.

Like us on Facebook!





Phone: 478-836-3999

Website: www.spiritsquest.net

Email: paige@spiritsquest.net

## Our Equine Staff







## About Us

We offer individual, family and group services. These are experiential approaches designed to help clients identify, face and work through life issues.

Partnering with horses allows clients to receive immediate response to their behaviors, thoughts and actions with minimal talking. Because this is experiential, clients are able to process their experiences and try out new behavioral interactions in a safe space. The horses respond immediately and honestly to the energy and actions shown to them so clients are able to learn about themselves openly with no judgment.

EAL programs often focus on social skills, team building and leadership development.

These types of programs are useful when working with groups from schools or the corporate world, for example.

## Our Programs

Psychotherapy for individuals,
couples and families

Horse Powered Reading

Horse Powered Math
Power Tools for Living

The Leader in Me

Empowerment groups for teen girls
and teen boys

Field Trips

Contact us at 478-836-3999 for more information or to schedule a session.