

College Community Services
Wellness Center Central Advisory Board
MEETING MINUTES
Friday, March 18, 2016 – 1:00pm to 2:00pm
Wellness Center Central of Orange County – 401 S. Tustin St. #C, Orange, CA 92866

Attendees: Heidi Sweeney, Anthony Pflaum, Babu Pillutla, Alonzo Whitson, and Frank Williams
Guest: Sohail Eftekharzadeh, Patti Pettit, Adam Goldman, and Deanna Landberg

I. Call to Order – 1:00pm

- a. Welcome – Heidi Sweeney welcomed MAB members.
- b. Approval of Agenda – The agenda was unavailable at the time of the meeting. Heidi Sweeney will email all board members the meeting agenda the week of March 21, 2016. Board members are asked to review and approve the agenda back to Heidi Sweeney via email by March 26, 2016. The minutes will be amended to reflect the process has been completed.
- c. Approval of Minutes – The minutes were unavailable at the time of the meeting. Heidi Sweeney will email all board members the minutes the week of March 21, 2016. Board members are asked to review and approve the minutes back to Heidi Sweeney via email by March 26, 2016. The minutes will be amended to reflect the process has been completed.

II. Reports

- a. Program Director Report – Patti Pettit
- b. President's Report – Heidi Sweeney
 - i. Heidi Sweeney introduced a new potential board member Deanna Landberg, a longtime member of the Wellness Center Central. Deanna Landberg is a very active member of the center; she co-facilitates groups on a regular basis and is very well known to members. Deanna Landberg's true passion is art, she has joined our Art and Music sub-committee. Deanna Landberg is interested in becoming more involved in guiding and improving the Wellness Center Central by joining the MAB.
 - ii. Heidi Sweeney announced that Patricia McIntosh and Patty Golden would no longer be part of the MAB. She also announced that Susan McCoy at this time has chosen to withdraw her application for the MAB. Heidi Sweeney wishes them the best in their future endeavors and hopes they will return to the MAB as they will all be greatly missed.
- c. Sub-Committee Reports – Will report for Feb and March at the April 14, 2016 meeting.

Health and Wellness (Open)
Arts and Music (Anthony Pflaum)
Data Outcomes (Open)
Evaluations and Survey's (Adam Goldman/Babu Pillutla)
Special Events (Michelle Montero)
Membership Outreach (Heidi Sweeney/Kristen Pankratz)
Comments and Suggestions (Heidi Sweeney)

III. Unfinished Business

- a. Adam Goldman was to be voted in as a board alternate, however, there were not enough MAB members present for a quorum. Seeing's that Adam has patiently waited over three months to be voted onto the board, while the whole time performing board duties; the board felt it necessary to ask that Patti Petti, Program Manager, to intervene on their behalf's and place Adam Goldman on the board as an alternate. Patti Petti agreed and Adam Golden is now officially a board alternate.

IV. New Business

- a. Volleyball – Heidi Sweeney brought to the boards attention a recent conversation she had with members and Sohail Eftekharzadeh regarding player conduct during volleyball. Sohail Eftekharzadehi provided exceptional feedback to the board regarding the conversation. He went on to say that he had spoken with many members and observed the conduct mentioned in regards to volleyball. Sohail Eftekharzadehi then explain to the board that going forward the Center would implement a new structured way of playing volleyball, that encourages sportsmanship like conduct. The board thanked Sohail Eftekharzadehi for his hard work.
- b. Elections – Patti Petti announced that elections for executive board members will in May 2016.
- c. Behavioral Health Stakeholder Conference – All board members were encouraged to attend the May 18, 2016 event. Heidi Sweeney will rsvp for all board members.

V. Announcements (MAB Members)

VI. Open Forum (Visitors)

VII. Upcoming Calendar

- a. Volleyball Tournament – Thursday, March 24, 2016, 1:00pm to 4:00pm
- b. Next Meeting – Thursday, April 14, 2016, 1:00pm to 2:00pm
- c. Bowling Tournament – Wednesday, April 20, 2016, 1:00pm to 4:00pm
- d. Veteran's Fair – Thursday, April 21, 2016, 12:00pm to 3:00pm

VIII. Adjournment

- a. Heidi Sweeney adjourned the meeting at 1:30pm