



Fargo-Moorhead, ND Chapter #246

The Prairie Rose



*As material for the
construction of our
building, I pledge
the agility of
my hands, the
ability of my mind,
and the integrity
of my heart.*

June 2014

Message From FM #246

Fargo-Moorhead, ND Chapter #246 has 2 new members!!

➤ The Fargo-Moorhead, ND Chapter #246 would like to welcome our two new members - Phyllis Phillips of Wanzek Construction and Joanna Slominski of Mortenson Construction.

Both were guests at our May meeting, Phyllis had sent in her membership the day of the meeting and Joanna sent hers in the following day. Thank you both, we look forward to learning more about your companies and getting to know you.

Joanna was also the presenter of our May program, giving us an overview of the new Sanford Medical Center under construction.

Here are a few of the interesting facts she shared about the project:

- ~ Total dirt moved is just under 300,000 cubic yards or over 3.5 million wheelbarrow loads.
- ~ Total erosion control fence installed is just under 14,000 feet that would circle the Fargodome over 8 times.
- ~ Total linear feet of steel pipe pile is just under 97,000 feet or almost 270 football fields.
- ~ There are over 3,100 doors which is enough keys to fill a 5' diameter keychain.
- ~ There is an estimated 1.5 million square feet of drywall of enough to cover the Bison Sports arena 14 times.
- ~ There is an estimated 1.5 million pounds of ductwork in the facility which is equal to the weight of a herd of 750 Bison.
- ~ There is enough air flow to fill 1 million balloons every minute.
- ~ There is an anticipated 5.7 million linear feet of wire, enough to stretch from Fargo to Frisco, TX.

We look forward to future program opportunities as this project progresses.

Please join us at our June 12th Program/Meeting at the **DIY Wood Shop** (see page 3 for more details).

**Fargo-Moorhead, ND
Chapter #246**

PO Box 763

Fargo, ND 58107-0763

nawicfm246@gmail.com

Website

www.nawicfm246.org

Chartered - June 3, 1978

Find us on

facebook

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8 Amy Berg <i>happy birthday!</i>	9	10 Membership/ PR&M CC 6pm	11	12 FM 246 Membership Meeting	13	14
15 National Voting Ends	16	17	18	19	20	21
22	23	24	25 Monthly reports due to Director	26	27	28
29	30 Chapter Evaluations & Dues Update	Chapter Elections - must be done in June (send results in ASAP) Elect AMEC Delegate - credentials due 60 days prior to AMEC Register for AMEC & make hotel reservation Give incoming President "Ceremonies Book" and mentor her				

Upcoming 2014 / 2015 Events

ANNUAL MEETING & EDUCATION CONFERENCE (AMEC)	ANNUAL PLANNING CONFERENCE	40TH ANNUAL FORUM - 2015
59th Annual Meeting Registration - due by June 30th JW Marriot Indianapolis Downtown Room Rates - \$159 (Sgl, Dbl, Tri or Quad) Keynote - "Speak to be Heard" Stacey Hanke, Communications Expert ➤ Mini Trade Show, Workforce, Business & Personal Development along with the Association Workshops & Seminars	See Page 15 for More information Start making plans to attend Region 13's 2014 Annual Planning Conference (APC). Downtown Milwaukee. <u>Leadership Training & Much More!!!</u>	Fabulous 40th at the Falls Throwback to 1975" Holiday Inn City Center Downtown Sioux Falls Dbl or King Room - \$92/night + tax Two-Room Suite - \$139/night + tax Watch for more Info
SEPTEMBER 3 - 6, 2014 INDIANAPOLIS, IN	October 10-11, 2014 Milwaukee, WI	April 23 - 25, 2015 Sioux Falls, SD



Fargo-Moorhead, ND Chapter #246

Monthly Program Notice

Thursday, June 12, 2014

DIY Wood Studio - 3231 4th Ave S. Studio A - Fargo, ND

Meet / Tour	5:30 pm
Dinner	6:00 pm
<i>(Pizza will be served @ \$15.00 / person)</i>	
Meeting	6:30 pm

“DIY Wood Studio”

Owners - Jim & Ann Clapper

The DIY Wood Studio is a work shop is committed to promoting the joy and art of wood craftsmanship to the Fargo/Moorhead community by offering:

- A full range of woodworking and woodturning classes
- A full range of membership opportunities
- Individual Instruction
- State-of the art, high quality power and hand tools
- Safety certified, experienced Studio Technicians
- Friendly staff and a relaxed comfortable environment

RSVP by **June 9, 2014** to: Amy Berg
 by phone: 218-234-6633
 or email: aberg.nawic@yahoo.com

National Association of Women in Construction



Fargo-Moorhead, ND Chapter #246

Membership Meeting Agenda

Holiday Inn, Fargo, ND

June 12, 2014

PROGRAM: *Tour of DIY Wood Studio*

CALL TO ORDER: _____ PM

NAWIC PLEDGE: As material for the construction of our building,
I pledge the agility of my hands, the ability of my mind
and the Integrity of my heart.

INTRODUCTIONS:

SECRETARY'S REPORT: May (printed in Newsletter)

CORRESPONDENCE: INCOMING: Passed

OUTGOING: Mail -

Email - Meeting Notice, Newsletter & reports to Director

REPORT OF OFFICERS:

Treasurer's Report

Reports of Other Officers

COMMITTEE REPORTS: Printed in Newsletter

UNFINISHED BUSINESS:

NEW BUSINESS: AMEC Delegate

Board Recommendations

ANNOUNCEMENTS:

Monthly Membership Recognition Month *May* Amy

Chapter Lynn - 34 Total Amy - 49

Construction Word Meaning _____

Safety - _____

Next Month - July 10

August 14

- Networking *"Wine Walk-downtown Fargo"*

- *"STEM"* Program

ADJOURNMENT: _____ PM



National Association of Women in Construction

Fargo-Moorhead, ND Chapter #246

Membership Meeting Action Minutes

Holiday Inn, Fargo, ND

May 8, 2014

CALL TO ORDER: The meeting was called to order at 6:46 pm by President Dawn Wiedewitsch

INTRODUCTIONS: Members present: Dawn Wiedewitsch, Amy Berg, Lynn Madaus and seven guests: Phyllis Phillips, Tamme Fiechtner, Tony Droogsma, Megan Meyer, Maria Selk, Ilene Osten and Joanna Slominski (also our speaker).
There being 2 of 3 voting members in attendance, a quorum was established

NAWIC PLEDGE: As material for the construction of our building,
I pledge the agility of my hands, the ability of my mind
and the Integrity of my heart.

PROGRAM: **Joanna Slominski, Construction Executive at Mortenson Construction** gave a presentation on the new "Sanford Fargo Medical Center. She shared some very interesting facts about the project.

CORRESPONDENCE: *Incoming:* None
Outgoing: Email - Meeting Notice, Newsletter & Required Reports
Mailed - CDD Awards, Participation Certificates and projects to Dickinson HS

SECRETARY'S REPORT: April- Approved as printed

TREASURER'S REPORT: April- Filed for Audit
Presentation of Bills: Approved as presented
Reports of Other Officers None

COMMITTEE REPORTS: Printed in Newsletter - Updates were reported as needed

UNFINISHED BUSINESS:

Chamber Update We are now members of The Chamber, have received the packet of info and need to go through it and also set up time with WDAY to work on marketing opportunity available to us.

Region 13 Forum Held May 1st-3rd in Davenport, IA - Dawn & Amy gave verbal reports (printed reports attached to expense sheets)

NEW BUSINESS:

Slate of Officers: Presented as President-Amy Berg; IPP/VP-Dawn Wiedewitsch; Treasurer-Suzi Retzlaff; Secretary--Phyllis Phillips; Director(s)-Joanna Slominski

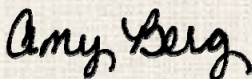
BOARD RECOMMENDATIONS: None

NEW MEMBER INSTALLATION: None

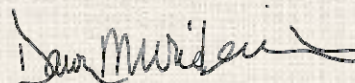
ANNOUNCEMENTS: Monthly Membership Recognition:
April - Overall - Amy - 40 / Chapter - Amy - 24
Construction Word Meaning: Lynn Madaus got both
Safety: Respiratory Protection True/False - All got them correct

Next Month Meeting: **June Board Meeting** - prior to meeting
June 12 - DIY Wood Studio - Tour & meeting
July 10 - Wine/Walk-downtown Tour - Networking Event

ADJOURNMENT: There being no further business, the meeting was adjourned at 8:15 PM



Amy Berg, Secretary



Dawn Wiedewitsch, President

Chapter Member Information

Amy Berg, CBT, CIT

Joined - March 28, 1989
Innovative Window & Door Service, LLC
31576 SW Pickerel Lake Rd
Detroit Lakes, MN 56501
218-234-6633
aberg.nawic@yahoo.com

Lynn Madaus

Joined - December 1, 1996
Retired
3513 18th St. S
Fargo, ND 58104
701-200-8200
lynn_m89@yahoo.com

Phyllis Phillips

Joined - May 1, 2014
Wanzek Construction
2028 2nd Ave NW
West Fargo, ND 58078
701-412-6173
pphillips@wanzek.com

Suzi Retzlaff

Joined - October 1, 2006
Empire Engineering
1553 1st St
West Fargo, ND 58078
701-212-8484
retzlaff@hotmail.com

Joanna Slominski

Joined - May 1, 2014
Mortenson Construction
700 Meadow Lane N.
Minneapolis, MN 55442
701-566-2460
Joanna.slominski@mortenson.com

Dawn Wiedewitsch

Joined - February 1, 1998
Tomboy Tools
49234 245th Ave.
Pelican Rapids, MN 56572
218-849-2582
dmwied@yahoo.com

Quote of the Month

*"Simplicity is the key to
brilliance"*

NAWIC
Builds



***If you have anything you would
like added to the Newsletter:***

Please contact: Amy Berg:

Phone: 218-234-6633
(leave message)

Email: aberg.nawic@yahoo.com

Region 13 Information

Director

Diane Mike, CBT
Erdman Company
PO Box 44975
Madison WI 53744
Cell # 608-444-0531
Office: 608-410-8046
Email: dmike@erdman.com

WEBSITE

Visit the regional website at
www.nawic13.org

NAWIC Office Contact Info

NAWIC
327 S. Adams St.
Fort Worth, Texas 76104
Phone - 800-552-3506
Fax - 817-877-0324

WEBSITE

Visit our national website at
www.nawic.org

FACEBOOK

Connect with us on Facebook at
facebook.com/nawicnational



Committee Reports

MEMBERSHIP

Chapter goal for the year - "Build Membership"!!

One step to accomplishing this goal - we are sending out invites to 20 new companies per month, picked randomly from the yellow pages to introduce them to the Fargo-Moorhead, ND Chapter #246 of NAWIC.

NAWIC has a "Membership Challenge" for 2013-2014 - "Building your Chapter"

Each chapter is challenged to create their own form of a "building" and identify the components necessary to construct it. These components represent the chapter members - existing and potential. Examples would include a real estate firm to buy the land to place the building on, utility firm to layout existing and new lines, excavator, architect, engineer, contractor, roofer, mason, lawyer to settle purchase/leasing/contracts, facility personnel (client), etc. Suzi Retzlaff has finished our plan and since we are starting at the ground floor that is where our building is starting (see diagram and info on page 13).

This challenge works with our goal to build our chapter membership!! So if you know anyone who is actively employed in any facet of the construction industry, from trades to owners (Active/Corporate Membership); a strong supporter of the industry (Associate Membership) or a student in a construction related field of study (Student Membership) please contact Membership Chair - Amy Berg for more information or go to our website - www.nawicfm246.org.

UPDATE: Welcome to our new members - Phyllis Phillips, Wanzek Construction and Joanna Slominski, Mortenson Construction.



Do any of these describe your job? Then NAWIC is for you!!!

- Accounting / Contract Administrator
- Business Owners
- Engineers / Architects
- Office Manager
- Project Managers
- Operations Managers
- Tradeswomen
- College Student (Construction Major)

PR & MARKETING

Information is being sent to our PR & Marketing contacts on a monthly basis for inclusion in their monthly news happenings.

➤ Check out the article about "Women Breaking Barriers" about member Amy Berg on page 6 & 7 of the FM Extra's "Home & Living-Summer 2014". You can pick up the publication around the Fargo-Moorhead area or check it out online at www.thefmextra.com/living/.



\$CHOLAR\$HIP - DUE TO NFSF BY FEBRUARY 28TH!!!

Please let all students you know who are enrolled in one of the many construction fields that they may be eligible for a scholarship from the NAWIC Founders' Scholarship Foundation (NFSF). Applications are available on the NAWIC website - www.nawic.org Education > NFSF and must be returned to the Foundation by February 28th each year to be considered.



Committee Reports

BYLAWS

The two national bylaws that had been circulated were voted on at NAWIC's Mid-year board meeting. Watch for further details from Director, Diane Mike.

WAYS & MEANS (FUNDRAISING)

Sponsorship Opportunities

Information packet is available on the chapter website: www.nawicfm246.org

Auction

November 20th is the date of our 2014 Auction. It's never too early to start thinking of who to invite and start gathering auction items.

Golf Tournament

September 11th, 2014 - golf at Rose Creek Golf Course - dinner & awards following provided by Seasons at Rose Creek. Watch for further details!!

PROGRAMS, EDUCATION AND PROJECTS (PEP)

Upcoming Events - Monthly Programs & Events

Below is the list of dates & planned events through March:

<i>Date</i>	<i>Event</i>	<i>Topic</i>
<i>June 12</i>	<i>Membership Meeting</i>	<i>"Tour of DIY Wood Studio" in Fargo</i>
<i>July 10</i>	<i>Fun Networking Night</i>	<i>Wine Walk—downtown Fargo</i>
<i>August 14</i>	<i>Membership Meeting</i>	<i>"STEM"</i>
<i>September 11</i>	<i>Golf Tournament</i>	<i>14th Annual Industry Programs Fundraiser</i>
<i>October 9</i>	<i>Membership Meeting</i>	<i>TBD</i>
<i>November 20</i>	<i>Fundraiser</i>	<i>Annual Auction</i>
<i>December 11</i>	<i>Membership Meeting</i>	<i>TBD</i>

If you have an idea for a program for the coming year, please let us know at nawicfm246@gmail.com.

WIC WEEK - MARCH 1 - 7, 2015

It's never too soon to start planning for next year - start thinking about what we can do to promote and enhance the success of women in the construction industry!!

Women In Construction (WIC) Week

Committee Reports

SAFETY - LOCKOUT / TAGOUT (Taken from "Safety Puzzles for OSHA's Top Ten Violations")

What is a Lockout / Tagout?

Lockout/tagout (LOTO) refers to specific practices and procedures to safeguard employees from the unexpected energization or startup of machinery and equipment, or the release of hazardous energy during service or maintenance activities.

Workers injured on the job from exposure to hazardous energy lose an average of 24 work days for recuperation.

An effective lockout/tagout program should include the following:

- ✓ An inspection of equipment by a trained individual who is thoroughly familiar with the equipment operation and associated hazards
- ✓ Identification and labeling of lockout devices
- ✓ Purchase of locks, tags, and blocks
- ✓ A standard written operating procedure that is followed by all employees

In a U.S. Bureau of Labor Statistics survey on injuries related to servicing equipment, 80 percent of workers surveyed failed to turn off the equipment before performing the service work.

Workers may be exposed to hazardous energy in several forms and combinations during installation, maintenance, service, or repair work. A comprehensive hazardous energy control program should address all forms of hazardous energy"

- *Kinetic (mechanical) energy* in the moving parts of mechanical systems
- *Potential energy* stored in pressure vessels, gas tanks, hydraulic or pneumatic systems, and springs (potential energy can be released as hazardous kinetic energy)
- *Electrical energy* from generated electrical power, static sources, or electrical storage devices (such as batteries or capacitors)
- *Thermal energy* (high or low temperature) resulting from mechanical work, radiation, chemical reaction, or electrical resistance.

Establish lockout/tagout programs that:

- Require workers to secure energy control devices with their own individually assigned locks and keys - only one key for each lock the worker controls;
- Require that each lock used to secure an energy control device be clearly labeled with durable tags to identify the worker assigned to the lock;
- Make sure that the worker who installs a lock is the one who removes it after all work has been completed; and
- If work is not completed when the shift changes, workers arriving on shift should apply their locks before departing workers remove their locks.





NAWIC Education Foundation



Educating the Construction Industry Today . . . and Tomorrow.

NAWIC Education Foundation

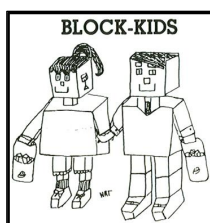
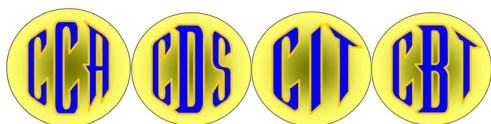
651 Danville Dr., Suite 100
Orlando, FL 32825

NEF Administrator - Patti Susko

Phone #: 407-384-9429
Fax #: 407-384-9430
Toll Free: 866-277-2883
Email: nef@bellsouth.net

ADULT EDUCATION PROGRAMS

Certified Construction Associate (CCA)
Construction Document Specialist (CDS)
Construction Industry Technician (CIT)
Construction Bookkeeping Technician (CBT)



Grades 1 - 6



Grades 8 - 12



Grades 9 - 12

Youth Programs

CAD/Design Drafting -

UPDATE!!

Congratulations to Macensie Lange of Dickinson High School the winner of the local and regional competitions.

- **The winners of the national competition are listed on the NEF website.**

For more details go to <http://www.nawicfm246.org> / Contact/Links / 2013-14 NEF CAD Project

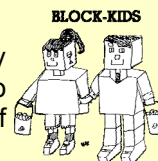


See picture of students who participated in the competition on the chapter website.



Block Kids -

Introduces children to the construction industry in an effort to create an awareness of and to promote an interest in future careers in one of the many facets of the industry.



NOTE: All "blocks" shall be interlocking types of the "Micro" size 2, 4, 6, 8 and 10 posts.
(No "Duplo" size blocks).



BECOME AN NEF AMBASSADOR... Would you like to help promote NEF to all of the Construction Industry?

Ambassadors will receive:

- A **bronze pin** for completing **one** item,
- A **silver pin** for completing **two** items, and
- A **gold pin** for completing **three** items or more.



The criteria to become a NEF Ambassador and the nomination form are available on the NEF website at www.nawiceducation.org.

The Fargo-Moorhead, ND Chapter
has the following NAWIC
promotional items for sale

For more details contact:

Amy Berg, CBT, CIT
aberg.nawic@yahoo.com

Tote Bag

SanMar Microfiber
14" X 17 1/2"

\$30.00 each.



Back Pack

Port & Company
14" X 17 1/2"

With Front Zipper Pocket

\$10.00 each.



Golf Towel

With hook
11 1/2" X 17 1/2"

\$10.00 each.



Qty	Item	Cost Ea.	Extended Cost
	Tote Bag	\$ 30.00	\$
	Back Pack	\$ 10.00	\$
	Golf Towel	\$ 10.00	\$
		Subtotal *	\$
* Plus Shipping			

Name: _____

Company ** _____

Address: _____

City: _____ State: _____ Zip Code: _____

Email address: _____ Contact Phone #: _____

(please provide a contact email address and/or phone #)

We will contact you with the final amount due that will include the shipping charges.

CONSTRUCTION EDUCATION - *Do you know?*

LOCKOUT/TAGOUT: WORD SCRAMBLE *(BRING YOUR ANSWERS TO THE MEETING)*

Q. Which energy sources require lockout?

1. LEICCATELR _____

2. PMTINEUAC _____

3. CAHDIYRLU _____

4. EMPDCRESOS SGA _____

5. RAWTE _____

6. ELICCMHA _____

7. RYVGIAT _____

8. TIMONO _____

9. ROONTTIA _____

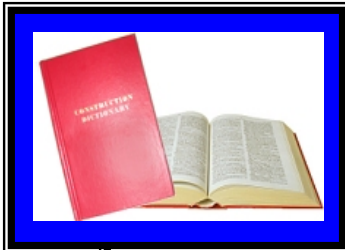
10. MAHRELT _____

CORE PURPOSE

TO ENHANCE THE SUCCESS OF WOMEN IN THE CONSTRUCTION INDUSTRY.

CORE VALUES:

BELIEVE • PERSEVERE • DARE



THIS MONTHS CONSTRUCTION WORDS:

What do I mean?

1) Convent _____

2) Sheen _____

➤ Whoever brings the correct definition to the meeting will receive a small prize.

Good luck to all!!!

(From - Construction Dictionary)

Answers from last month's Words:

1) Doloment

- A name applied to a composition used in making floors without joints

2) Reeving

- 1) Running lifting or load lines or cables through pulley blocks 2) Threading or placement of a working line.

Last months winner (s) - guest, Jane Wiedewitsch go both correct

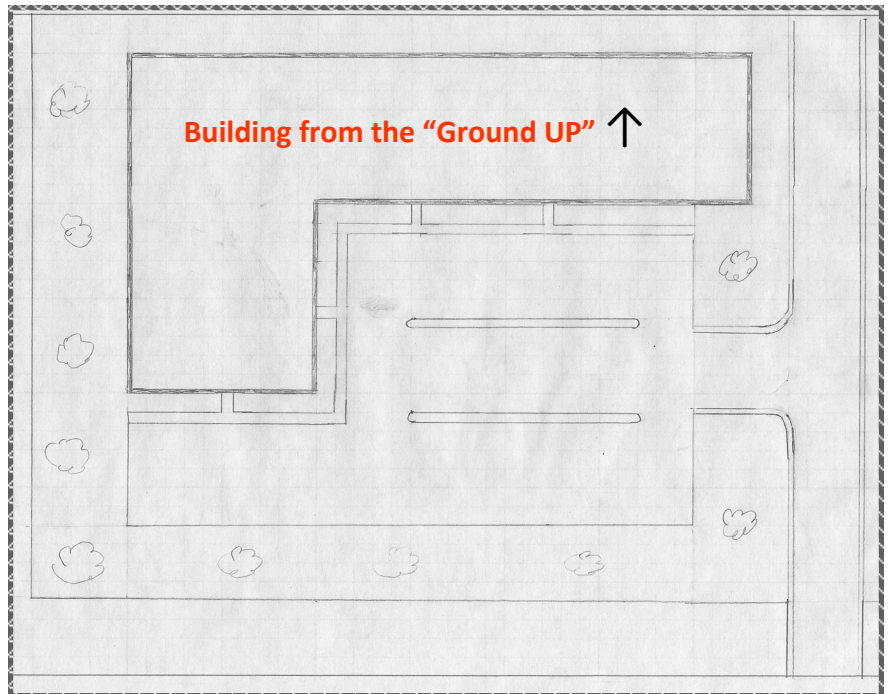


Membership Challenge

"Building Chapter #246"

Do you know of or are you a women employed in one of the many phases of the construction industry listed below? If so, we NEED you to help build the Fargo-Moorhead, ND Chapter #246.

For more information contact:
 Membership Chair - Amy Berg
 aberg.nawic@yahoo.com
 218-234-6633



Architecture	Engineering	Interior Design
	Suzi Retzlaff (Empire Engineering)	
CONTRACTORS		
Electrical	HVAC	Plumbing
Roofing	Carpentry	Earthwork
Utilities	Residential	Paving
	Amy Berg (Innovative Wdw & Dr Service, LLC)	
	General	
	Joanna Slominski (Mortenson Construction)	
	Phyllis Phillips (Wanzek Construction)	
Landscapers	Construction Equipment / Tools	Real Estate
	Dawn Wiedewitsch (Tomboy Tools)	
Financials	Material Suppliers	Safety / Training
	Lynn Madaus (Brock White Co.) Retired	
Insurance	Marketing	Other

Chapter #246 Sponsors



**Innovative
Window
& Door
Service, LLC**

31576 SW Pickerel Lake Rd.
Detroit Lakes, MN 56501

Gary Berg - 701-371-6183
Amy Berg, President - 218-234-6633
aberg55@yahoo.com

Sponsorships Available:

Annual Sponsorships:

- \$250 - General Contractor
- \$200 - Contractor *
- \$150 - Sub-Contractor*
- * Select one of the following events
 - Golf Tournament
 - Auction Fundraiser

Event Sponsorships:

- \$100 - Project Manager
- \$ 50 - Trades Person
- \$ 25 - Construction Supporter
- Single Events
 - Block Kids Program
 - CAD/Design Drafting Competition
 - WIC Week Events
 - Networking Event(s)

For complete sponsorship details and the commitment form go to the chapter website at www.nawicfm246.org.



National
Association
of Women
in Construction

NAWIC
Builds



Your Career.



Your Education.



Your Future.

Fargo-Moorhead, ND Chapter #246

Monthly Program Notice

Thursday, July 10, 2014

Downtown Fargo 5:00 PM to 9:00 PM

\$20.00 per wristband

***** More details to come!!! *****



"Art & Wine Walk"

Enjoy an evening stroll through
downtown Fargo with:

- ♦ Wine Sampling,
- ♦ Live Artists, and
- ♦ Great Shopping!!

RSVP by **July 7, 2014** to:

by phone:

or email:

Amy Berg

218-234-6633

aberg.nawic@yahoo.com

Region 13

Annual Planning Conference

Inspiring Great Leaders Through Teamwork

Milwaukee Chapter #105 invites you to attend

October 10-11, 2014 in Milwaukee, WI

Registration is \$75 per person

Registration Deadline is September 13, 2014

**Conference will focus on leadership development
within your Chapter and beyond**

Friday Night Welcome Party will be held at Miller Time Pub & Grill

Saturday NAWIC Business Session will be held at the

Double Tree by Hilton—Downtown

Rooms are blocked at the hotel—See below for reservation instructions.



Lodging: Double Tree by Hilton
611 W. Wisconsin Avenue
Milwaukee, WI 53203

Rate: \$125/night
\$10/night for each
Additional Person

Group Code: NAW

Deadline: September 19, 2014