

# DISTRICT 35 AA NEWSLETTER

FEBRUARY 2021



## Recovery, Unity, Service

### **Step 2:**

Came to believe that a Power greater than ourselves could restore us to sanity.

### **Tradition 2:**

For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience.

### **A Declaration of Unity:**

This we owe to A.A.'s future: To place our common welfare first; to keep our fellowship united. For on A.A. unity depend our lives and the lives of those to come.

### **Concept 2:**

When, in 1955, the A.A. groups confirmed the permanent charter for their General Service Conference, they thereby delegated to the Conference complete authority for the active maintenance of our world services and thereby made the Conference—excepting for any change in the Twelve Traditions or in Article 12 of the Conference Charter—the actual voice and the effective conscience for our whole Society.



Welcome to February of the new year District 35 Members. The Area 78 Area Committee Meeting happened this last month on January 15-16th. As your District Committee Member (DCM) I am required to give a report on our district. I have thought it would be nice to start sharing my report with the district. Please see below.

*My name is Riane and I am an alcoholic. It is both a privilege and an honour to fill the role of DCM for District 35. At the Fall Assembly I reported that I was new to my DCM role, and I still feel very new to all of this. I am grateful nonetheless to be here on behalf of my district. We are up in Yellowknife, NWT; we are very fortunate up here to be living a somewhat normal life (whatever normal may be), with only two of our meetings being online. One of the meetings is online because their original meeting was held in the hospital, and that's not possible right now and their group conscience has kept them online. The other online meeting is a District 35 Online Meeting where we get speakers from out of town to come speak on Friday evenings. All other meetings are being held in person – of course following all health guidelines set in place.*

*I will tell you some happenings of our district.*

- We were very excited to be able to hold an Alkathon this Christmas Eve and New Year's Eve. It was heart-warming to see members of our fellowship come together to be of service and make sure that the doors were open for any newcomers who needed a meeting.
- Here in District 35, we are looking forward to holding a district inventory next month. We are also hoping to hold a workshop in March. Both being held online, so that we can have the help and guidance from our Area 78 Table Officers; Thanks in advance!
- We have recently made contributions to Area and GSO.
- We have a Yellowknife AA website, which has a monthly newsletter (which btw wasn't updated this month, we can thank the holidays for that – the next newsletter will probably be in February.) We also have a Yellowknife AA Phone – our members help keep the website and phone running and available to the newcomer and those looking for information or for those in need.
- Not every group has a GSR, and not every GSR attends district meetings. On average we have about 4-5 GSR's at our district meetings. And not all the committees have chairs. But I know and I feel like these issues are not unique to my district.
- I am very grateful for our monthly DCM meetings – so thank you to our Table Officers, especially Mike for making sure this happens.

*I'm grateful to be here with all of ya'll who are enthusiastic and passionate about this thing we call AA – our disease brings us together, but it's the love of service to keep this program alive that brings us even closer. I am a fan of all of your sobriety, thank you so much for being here with me and thank you for having me!*

**Yours in Grateful Service,  
Riane P.**





# A.A. Historical Events in February.

## **February 1**

1918 – Original date set for Bill W.'s marriage to Lois Burnham. The date was moved up because of the war.

## **February 2**

1942 – Bill W. paid tribute to Ruth Hock, AA's first paid secretary, who resigned to get married. She had written approximately 15,000 letters to people asking for help

## **February 8**

1940 – Bill W., Dr. Bob, and six other A.A.s asked 60 rich friends of John D. Rockefeller, Jr for money at the Union Club, N Y. They got \$2,000.

## **February 14**

1971 – AA groups worldwide held a memorial service for Bill Wilson.

## **February 18**

1943 – AA's were granted the right to use cars for 12th step work in emergency cases, despite gas rationing.

## **February 21**

1939 – 400 copies of the Big Book manuscript were sent to doctors, judges, psychiatrists, and others for comment. This was the "multilith" Big Book.

## **Next Area 78 Assembly**

Will be held online March 19-21, 2021

If you are a GSR of your home group, it would be a wonderful idea for you to attend the assembly and witness and partake in the happenings of AA at the Area Level.

It will be an enhanced and entertaining online assembly experience. With committee meetings, special presentations, breakout rooms, and musical interludes and more.

Including a Saturday night guest speaker.

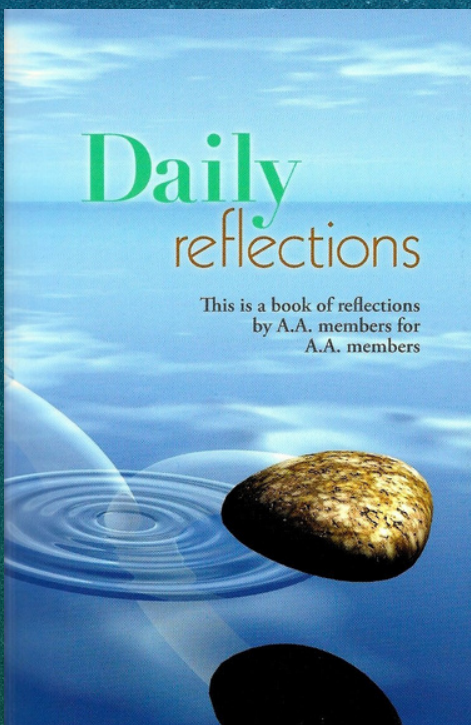


# District 35 is having a DISTRICT INVENTORY!

"What is a District Inventory?" you may ask.

A District Inventory allows us to identify outstanding issues, uncover additional matters for our collective consideration, and hopefully to celebrate those items that are working well for us! It will be a bonding experience for our District. We are welcoming District 35 members to come participate, even if you do not hold or want to hold a service position at District. The more the merrier.

Come on out on February 20th at 1-4 PM. Held at Baker Centre and/or you can Zoom in. Zoom info to follow.



## A Glorious Release February 5

*"The minute I stopped arguing, I could begin to see and feel. Right there, Step Two gently and very gradually began to infiltrate my life. I can't say upon what occasion or upon what day I came to believe in a Power greater than myself, but I certainly have that belief now. To acquire it, I had only to stop fighting and practice the rest of AA's program as enthusiastically as I could."*

**After years of indulging in "self-will run riot", Step Two became for me a glorious release from being all alone. Nothing is so painful or insurmountable in my journey now. Someone is always there to share life's burdens with me.**

**Step Two became a reinforcement with God, and I now realize that my insanity and ego were curiously linked. To rid myself of the former, I must give up the latter to one with far broader shoulders than my own.**



# WHAT EVIDENCE DO YOU HAVE THAT A "HIGHER POWER" IS WORKING IN YOUR LIFE?

*District 35 Members answered:*

My evidence  
is Serenity.

- Jolene

Evidence of a higher power working in my life comes to me in the morning upon awakening, through a new found sense of peace and calm. That being said, I only receive this gift if, the night before, I have engaged in spiritual maintenance with prayer and meditation. - Rob

*I feel connected to my Higher Power and life every single day. I get to live a sober life, one day at a time - that is God given. No matter if I'm struggling or I'm serene, I can thank my Higher Power for the path I walk today. I know the universe has my back and with that I can take it one step at a time with a heart full of gratitude.*

- Nicole

It's easy I am sober! I am no longer obsessed with booze. Best of all, I'm OK with that. I am a hardcore alcoholic, a low down drunk, a hopeless lush. The type of alcoholic that people tried to help, but they would give up. The day I tried to stop drinking was not the first time I tried to quit. I tried many times but always failed miserably. I just wanted the endless pain and self loathing to go away. Unlike other time, I reached out to others. I read. And I tried praying. I found strength in being with like-minded people. But in a short time I found that was not enough. I needed something when there was no one around. Someone suggested to find a power "outside of myself". I had rejected a "higher power". It/he/she did not work. But I knew I had to replace booze with something. I search and searched. Little did I know the power was right in front of me. I heard someone say "My God speaks to me through people". I understood that! Happy people were grateful. They had faith. They gave back. Yet, today I am free. I am happy. I have no desire to drink.

One day I was glad to get up without a hangover. Another day it was the sunshine. Laughing children made me smile. Old people made me beam. Women made be happy to be alive

- Paul



# WRAASA 2021

WESTERN CANADA REGION ALCOHOLICS ANONYMOUS SERVICE ASSEMBLY

***“A.A. in a Time of Change”***

**February 26<sup>th</sup> & 27<sup>th</sup> 2021**

***WRAASA is sponsored by the Areas of the Western  
Canada Region & this year hosted by Area 91  
Saskatchewan Via Virtual Conference***

The purpose of WRAASA is to develop greater unity among the members, groups and areas of the Western Canada Region; to encourage the exchange of ideas and experiences; and to provide an opportunity for members to discuss pertinent aspects of A.A. The Assembly and the WRAASA Committee should always foster the Recovery, Unity and Service legacies of A.A.

***To register or for more information visit [wraasa.org](http://wraasa.org)***

**All members of A.A. are Welcome to attend!**