



2015 - 2016 COMMUNITY PROGRAMMING



Ashland's Decisions at Every Turn (DAET) Coalition and the Friends of the Ashland Public Library are pleased to be co-hosting programs for parents and the community. Programs will provide parents with strategies, the opportunity to collect new skills, and get answers to compelling questions. Programs are free and open to all. For questions about programs at the library, please contact president@friendsoftheapl.com. For questions about programs at other locations, please direct inquiries to CoalitionInfo@AshlandDecisions.org.

Topic	Speaker	Date, Location, Audience
Mental Health World Café	Laurie Jo Wallace, MA	Date: Tuesday, October 27 Time: 7:00-9:00 pm Location: Ashland High School Library Audience: Parents, Guardians, Youth, Community
Medication Safety	Elizabeth Byrnes, PhD	Date: Friday, October 30 Time: 9:30 am Location: Ashland Senior Center Audience: Adults 62+
Mindfulness Tools	Lisa Campbell	Date: Thursday, January 7 Time: 7-8:30 pm Location: Ashland Public Library Audience: Parents of all aged children
So Much to Worry About: What is Causing Anxiety in Our Youth, Why We Should Be Concerned, and What We Can Do	Carolyn Chapman and Kerry Luoma	Date: Thursday, January 21 Time: 7-8:30 pm Location: Ashland Public Library Audience: Parents of all aged children
Social Emotional Learning and Resilience Building	Susan Rivers	Date: Thursday, February 11 Time: 7-8:30 pm Location: Ashland High School Auditorium Audience: Parents of all aged children, Community
Ready, Set, Go! Using Unstructured Time: How to Support Learning in Young Children without Pushing	Courtney Arsenault, MS	Date: Tuesday, February 23 Time: 7-8:30 pm Location: Ashland Public Library Audience: Parents of Pre-K to Grade 4
Nutrition	Lisa Beaudin	Date: Thursday, March 3 Time: 7-8:30 pm Location: Ashland Public Library Audience: Community
Pre-prom/Senior Week Program	Middlesex County AD	Date: Tuesday, May 10 Time: 7-8:30 pm Location: Ashland High School Auditorium Audience: AHS Juniors/Seniors and parents