

| Terryville Fire Department Best Practices                 |                      |
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| Subject Personal Escape Systems for Interior Firefighters | BP# 1-08             |
|   | Initiated<br>11/1/11 |
| Authority Chief of Department                             | Revised<br>1/1/2016  |

## A. PURPOSE

- 1. Establishes the Terryville Fire Department policy and procedures regarding the mandatory use of the Emergency Escape & Self-Rescue System.
- 2. Defines the Department and Interior qualified members in the use and training of the Emergency Escape & Self-Rescue System.
- 3. Defines the Department's and individual member's responsibility in the maintenance, repair and replacement of the Emergency Escape & Self-Rescue System.

## B. POLICY

- 1. In the event an interior firefighter becomes trapped by an uncontrolled emergency situation such as a rapid fire advance, the use of the Emergency Escape & Self-Rescue System should enable the firefighter to utilize a non conventional opening, such as a window to escape the emergency.
- 2. It is mandatory that all interior firefighters operating in a structure will be equipped with an Emergency Escape & Self-Rescue System.
- 3. It is mandatory that all interior firefighters be trained by a qualified instructor on an annual basis on the use of the Emergency Escape & Self-Rescue System.
- 4. The interior firefighter's Emergency Escape & Self-Rescue System will consist of a Gemtor Class II Fire Service Harness and the Sterling F4 Escape System with 50 ft of Sterling Personal Escape Rope.
- 5. The Sterling F4 Escape System will be affixed to the Gemtor Class II Harness.

# C. PURPOSE

1. All interior firefighters will wear their Emergency Escape & Self-Rescue System on all emergency responses.

- 2. When a firefighter determines it necessary to evacuate from a structure at an elevation higher than the first floor using the Sterling F4 Escape System, the firefighter will declare a "Mayday" informing the Incident Commander (IC) of their situation. The firefighter will escape the life threatening situation by utilizing any convenient route of escape. In the case of a non conventional route such as a window, the firefighter will deploy Sterling F4 Escape System and lower themselves in a controlled manner as it was designed and as trained in its use. The firefighter will lower themselves to:
  - The ground if enough rope is available
  - A lower floor safe from the danger to be pulled in by responding rescuers (RIT)
  - To a safe position and stand-by to be rescued by ladder or aerial device
- 3. The IC or Operations Chief will communicate the type of rescue that will be attempted for the firefighter needing rescue.
- 4. The IC will declare an end to the "Mayday" situation when appropriate.
- 5. Firefighters shall not use the Sterling F4 Escape System under any other circumstances.

### D. TESTING & MAINTENANCE

1. All components of the Sterling F4 Escape System will meet NFPA 1983 Standard of Life Safety Rope and Equipment for Emergency Services 2006 Edition.

#### E. RESPONSIBILITIES

- 1. The Board of Fire Commissioners shall ensure that adequate equipment and resources are made available to the department to conduct training and certifications.
- 2. The Chiefs Office will enter the receipt of all Emergency Escape & Self Rescue Systems into inventory.
- 3. Chief Officers and Company Officers have the joint responsibility to ensure all personnel are in compliance with this policy.
- 4. Chief Officers and Company Officers have the joint responsibility to ensure all training and documentation is in compliance with all applicable laws and regulations.
- 5. Bailout Instructors have the responsibility to inspect a firefighter's bailout system prior to the firefighter using the system for training.
- 6. Firefighters that have been issued the F4 Sterling Escape System and Gemtor Class II Harness are required to conduct a thorough inspection of their system and harness on a monthly basis. Additional inspections are required after any working fire, HazMat Incident, or other situations in which the system may have been exposed to dirt, debris, etc.

- Inspections shall not be conducted on a dirty surface such as the apparatus bay floor. Members shall find a clean surface such a table, etc. to conduct inspections.
- Any defects or flaws found during the inspections should be brought to the attention of the Company Officer and the Chiefs Office
- Inspection logs will be reviewed monthly by the Company Captain. Any member failing to inspect their harness and system may be subject to disciplinary action.
- 7. Firefighters may remove their Sterling F4 Escape System from their harness prior to attending any live-burn drills however, the system shall be reattached immediately upon completion of the drill.