



*Because no two families are the same...*

## Parent Solutions

[www.PS-CA.com](http://www.PS-CA.com)

**Name of service:** Reintegration (Reunification) Therapy

**Explanation of service:** Reintegration is a usually a court related term for therapy to assist with the introduction or the re-establishment of a relationship between a parent, child, and siblings. The main goal is to provide a safe space for the people involved to express themselves, to use therapist lead techniques to increase communication, and to be able to establish a relationship that works for both the parent and the child. Some families can manage to work through circumstances and re-establish a relationship. Some relationships are built on new identified boundaries set by either the child (ren) or the parents that with the therapist's assistance, may eventually strengthen.

**How this works:** Reintegration begins with each party meeting with the same clinician individually. This allows time for the clinician to assess whether joint sessions will be productive. The clinician makes the determination of readiness based on a series of items such as ability to cope with a joint session, emotion management from both parties, and the goals of each party. This part of the process may take as few as three sessions and can be some time before joint sessions are recommended. It is possible one party is more prepared than the other and more work with one party would benefit the entire process. Both, parents or guardians of the child must attend at least the intake session.

**Schedule:** Flexible Monday-Saturday, days and evenings

**Location:** San Jose and Morgan Hill

**Language:** Spanish and English

**Cost:** Sliding Scale

**Availability to begin service:** Services can usually begin within 10 days of enrollment.

**Required to enroll:**

Provide the most current court order and the order for service if any.

Any appointment of Minor's Counsel if applicable.

Attorney information if applicable.

Complete and return all forms.

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