

MENTAL HEALTH

& SUBSTANCE USE INFO

Most public mental health/substance use services require AHCCCS (state public health insurance program).

Private Insurance: Contact member services to see what is offered.

If you are not on AHCCCS, or are not

sure if you are eligible - contact

Mercy Care at:

602-586-1841

Want to apply for Medicaid/AHCCCS?

Visit: www.healthearizonaplus.gov or

call 855-432-7587

You can also search online for a community assistor.

MENTAL HEALTH & SUBSTANCE

USE SERVICES

St. Luke's Behavioral Health Center (Phoenix)

602-251-8535

Touchstone Health Services (Youth) (Phoenix

& Mesa)

866-207-3882

Terras Health (Glendale)

602-685-6000

Trumpet Behavioral Health (Peoria)

602-535-8341

Copper Springs (Avondale)

480-565-3035

Aurora Behavioral Health (Tempe)

480-345-5400

Banner Behavioral Health Hospital

(Scottsdale)

480-244-4949

Marc Center Outpatient Clinic (Mesa)

480-218-6569

Center for Behavioral Health (Tempe)

480-897-7044

For more information about publicly-

funded behavioral health services in

Maricopa County contact: Mercy Care

Customer Service at 602-586-1841.

Resource Directories

Find Help Phx- www.findhelpphx.org

Meracy Maricopa Community Resource

Guide-

[www.meracymaricopa.org/community-](http://www.meracymaricopa.org/community-guide)

guide

Southwest Network Help Book-

www.southwestnetwork.org/nt19rg/

HSAG Resource Guide-

www.hsag.com/community-bh-resources

Simply dial 211 to access a

comprehensive information and referral

directory for all sorts of health and

SUPPORT & RECOVERY

CHEERS Recovery Center

602-246-7607

Stand Together and Recover Centers

(S.T.A.R.)

602-231-0071

Recovery Empowerment Network

602-248-0368

RI International

602-650-1212

Hope Lives- Vive La Esperanza

1-855-747-6522

---Mental Health Guild's list of free Peer

Support Groups

[www.mentalhealthaz.org/support-](http://www.mentalhealthaz.org/support-groups/)

groups/

---National Alliance on Mental Illness' list

of free **Family Support Groups**

www.namiaz.com/page13/index.html

DOMESTIC AND/OR SEXUAL VIOLENCE

Arizona Coalition to End Sexual and Domestic Violence Services Helpline
602-279-2900 or 800-782-6400

Maricopa County Shelter Line
480-890-3039

National 24-hour Domestic Violence Hotline
800-799-7233

National Sexual Assault Hotline RAINN
800-656-4673

National Teen Dating Abuse Hotline
866-331-9474

STRONGHEARTS Native Helpline
844-762-8483

National Human Trafficking Hotline
888-373-7888

Visit www.acesdv.org for a complete list of Arizona DV/SV resources

What to do in a Mental Health Crisis or Emergency:

Call 911 if experiencing a life-threatening emergency.

Tell them it is a mental health crisis, who is in crisis, and ask that a Crisis Intervention Team officer be provided.

Central Arizona Crisis Line

24 hours, 7 days a week

800-631-1314

602-222-9444

TTY 800-327-9254

Mobile Acute Crisis services may be coordinated through the Crisis Line.

Non-Crisis Warm Line

(602) 347-1100



2019 POCKET GUIDE

Mental Health, Substance Abuse, Support Groups, and Recovery Services

Maricopa County

Marc Community Resources, Inc. can provide additional mental and behavioral health information and resources.
The Information & Resources Coordinator, Andy Arnowitz, can be reached at **480-994-4407.**

Pocket Guide Compliments of: Mental Health America of Arizona
www.mhaarizona.org

MHA Info 480-982-5305
Info & Referrals 480-994-4407