



Anthony Trucks helping make a highlight in campers' summer at Pro Football Camp! Trucks, a former Steelers' LB, has coached at the Pro Football Camp for years now.

WHY IS PRO FOOTBALL CAMP THE RIGHT CAMP?

Pro Football Camp teaches participants not only proper and fundamentally correct football skills but also emphasizes the character that it takes off-the-field and the mindset that it requires both on- and off-the-field. The hands-on coaching of the NFL athletes who come to coach the campers each year, is unlike any other youth football camp. The attending athletes work to coach campers one-on-one in skills and drills, and speak to the entire camp during breaks, sharing the lessons they have learned over the course of their careers. These athletes include two-time Super Bowl champion Greg Scruggs, Texans LB Dylan Cole, Lions DB Mike Ford, Colts LS Luke Rhodes, and many others.

The Pro Football Camp begins each day with a warm-up stretching session led by sports training professionals. Then the NFL athletes speak to the campers in the first of the three daily "Off the Field with the Pros" sessions. In these breaks, the pro players teach the campers about the character traits, mindset and off-the-field behavior that leads to success. Among these traits, the athletes particularly focus on teaching the campers about integrity, dedication, perseverance and respect. These lessons are helpful because they give the campers the emotional and character tools necessary to success on- and off-the-field, whether the campers dream of pursuing football or not.



Michael Lehan, former CB, Dolphins, and Robert Thomas, DT, Giants, at the 2017 Meet the Pros event. This year's Meet the Pros will be on Monday, July 9th at Back East Bar and Grill, and will feature Robert, Dylan Cole, LB, Texans, Luke Rhodes, LS, Colts, and many more.

In addition to the off-the-field lessons, the Pro Football Camp NFL athletes help to lead the campers in individual and team drills. These drills vary from day-to-day, as the camp rotates from offense on day one to defense on day two, and an all-out scrimmage day on the third and final day of camp. The campers split into teams based on age groups and play three games throughout the scrimmage day in a quick tournament. Throughout the week, the athletes directly coach campers in drills and share experiences from their playing days, offering an unparalleled football learning experience for the campers, who get to learn and perform the same drills that the pros do.

Beyond just the three days of camp though, the Pro Football Camp strives to provide opportunities outside of the camp days for the campers and their families to meet and interact with the players. There is a Meet the Pros event at Back East Bar and Grill the night before camp kicks off, where the community has a chance to interact with the athletes and get autographs and pictures. If a camper is unable to attend that event, there will be autograph sessions after the first two days of camp that campers can attend as well.

Finally, Pro Football Camp is hosting Praise with the Pros on Wednesday, July 11th, from 6:30-8 PM, at Cavalry Worship Center, 501 Castle Road, CO, 80904. This event provides an opportunity for the NFL athletes, both current and retired, to share stories about how their faith and life experiences helped guide them on- and off-the-field, and the impact that their faith has had on their career. These stories

are universally applicable to people of all ages, as they aim to provide lessons about approaching career, family, and life positively.



Dylan Cole, LB, Texans, speaking at Pro Football Camp in 2017. After an encouraging rookie season as a Texans LB, Pro Football Camp is excited to welcome Dylan back to help coach the campers for 2018.