

Get Your Rear In Gear Colon Cancer Awareness 5K
Saturday June 24, 2023 Portland, Maine 9:00AM
Timing & Finish Line Management by 5K Sports Race Management
Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

***** AWARDS LIST *****

***** FEMALE OVERALL RESULTS *****

1	Sydney Gillingham	22		27:05
				***** MALE OVERALL RESULTS *****
1	Ronald Veilleux	53		27:26
			FEMALE AGE GROUP: 1 - 19	
			MALE AGE GROUP: 1 - 19	
1	8 Logan Hoffman	18		29:39
			FEMALE AGE GROUP: 20 - 29	
1	11 Heather Nystrom	27		32:34
			MALE AGE GROUP: 20 - 29	
1	13 Michael Gilman	23		34:50
			FEMALE AGE GROUP: 30 - 39	
1	6 Alicia Cooley	36	Charleston	SC 28:47
			MALE AGE GROUP: 30 - 39	
1	3 Levan Travis	31	Charleston	SC 27:42
			FEMALE AGE GROUP: 40 - 49	
1	21 KiM Capone-Sprague	47		40:27
			MALE AGE GROUP: 40 - 49	
			FEMALE AGE GROUP: 50 - 59	
1	22 Sharon Bunker	55		40:52
			MALE AGE GROUP: 50 - 59	
1	9 Duane Bunker	58		32:13
			FEMALE AGE GROUP: 60 - 69	
1	24 Lori carver	61		57:17
			MALE AGE GROUP: 60 - 69	
1	10 Stephen Lauritsen	62		32:18
			FEMALE AGE GROUP: 70 - 99	
			MALE AGE GROUP: 70 - 99	

