

June/July 2020
At a glance
Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
28 Online Worship 11:15 Minute for Mission	29	30 <u>T-shirt order deadline</u> Prayer service 12pm	1 Canada Day	2 Prayer service 4pm	3	4
5 Online Worship 10:30 Communion	6	7 Prayer service 12pm	8 Prayer service 8:30 am Zoom Office Hours 2 – 4:30 pm	9 Prayer service 4pm	10	11
12 Online Worship 10:30 Open Hearts Jar	13	14 Prayer service 12pm	15 Prayer service 8:30 am Zoom Office Hours 2 – 4:30 pm	16 Prayer service 4pm	17	18
19 Online Worship 10:30	20	21 Prayer service 12pm	22 Prayer service 8:30 am Zoom Office Hours 2 – 4:30 pm	23 Prayer service 4pm	24 Film & Faith 7pm	25

PLEASE NOTE: lots of programming at Eastside has been suspended or has moved online during this COVID-19. If you are unsure if a program you attend is suspended, contact the program organizer or email eastsideunited@sasktel.net to check. We are moving into May assuming that things will still be in lockdown.

Summer Worship Hours: Starting July 5th, service will be held at **10:30 am** instead of 11:15. This will continue until August 30th!



ANNOUNCEMENTS

June 28, 2020

306-761-0556 eastsideunited@sasktel.net
 Like us on Facebook (Eastside United Church)
 Follow us on Twitter @Eastside_united
www.eastsideunited.ca



*W*elcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Russell Mitchell-Walker
 Prayers: Linda Fowler
 Pianist: Josh Hendricksen
 Tech Support: Brian Mitchell-Walker
 Congregational Care Greeter: Delia Baidoo
 Attendance: Dianna Ingham

Last week's attendance: 42 Offering: \$610 Weekly budget: \$1463
 (not incl. PAR)

Office Hours:

The Living Spirit Center is closed due to concerns over COVID-19. Both Harvey and Russell are working remotely. If you need to contact the Eastside United Office, please email him at eastsideunited@sasktel.net.

Harvey's hours: Tuesday, Wednesday, Thursdays

Russell's Hours: Tuesday, Wednesday, Thursday, Friday. Russell's e-mail address: russell.eastside@sasktel.net cell #: 306.535.3720

Russell will be holding **Zoom Drop-in Office Hours** Wednesdays from 2 to 4:30 online. Children, families, youth welcome to drop in! Use the worship [Zoom link](#).

Scripture Reading: Matthew 10: 40-42

Songs –

Let Us Build a House MV #1
 Jesus, You Have Come to the Lakeshore VU #563
 Come Let Us Sing of a Wonderful Love VU #574
 Go Make a Difference MV #209

We still need your support as our ministry continues!

Making your offering [online](http://www.eastsideunited.ca/donate2.html) (<http://www.eastsideunited.ca/donate2.html>) couldn't be easier. Additionally, offerings can be mailed to Eastside at: **Eastside United Church, 3018 Doan Drive, Regina, SK, S4V 1M1**
Or, if you do want to drop off an offering in person, please leave offerings in the mailbox at the office door. Thanks for your donation!

T-Shirt Orders: if you would like to order an Eastside United t-shirt, you can fill out an order form [HERE](#). Make sure that all parts of the form are filled out, so that your shirt is made in the right size and colour. **Shirts are 30\$ and the deadline to order is June 30th, 2020.**

Grade 7-12 Regina and Area Youth For United Church Youth Group

You are invited to join a Regina and area youth group for youth entering Grades 7-12. It is on Sundays from 6:30-7:15, beginning Sunday, June 28th. Right now we will meet virtually! Email ReginaUCYouthGroup@gmail.com and let us know your name and email and we will send you a Zoom link if you would like to get involved.

Russell vacation days: Russell will be away from July 27th to August 24th. On **August 2nd and 9th**, you are encouraged to check out other online worship options. You can see an interactive map of United Churches online [HERE](#), see a list of online services by province [HERE](#), or you can join St. James United Church via Facebook [HERE](#). From **August 16th to the 30th**, service will be offered with Wesley United using our usual Zoom login information.

Hello Neighbour Card Reminder: there are necessary situations when leaving the house is unavoidable, like groceries and prescription pick-ups. If you would like to and are healthy enough to do so, download a Hello Neighbour card that was sent with the **weekly email** to let people know you're available to help! By putting these cards in mailboxes, it allows those of use who are well to help the people around us who may need it by volunteering to run errands or check-in.

May 2020 Financial Report: You can find a copy of the financial report for January – May, 2020 for download [HERE](#).

Cloth Masks: As places re-open it will be important to wear masks as we are out in public, especially indoors. If you would like a mask, please email the office or Russell indicating how many masks you need, and we will connect you with someone making masks. Elastic is needed if you have any! Thanks to Clare Banks, Wanda Barr, Gladys Olekson, Nancy Cranfield, Jean MacKay who are willing to make masks. More sewers are welcome!

Volunteers for the ICF: The Indigenous Christian Fellowship is looking for people on Fridays to make 90 lunches on-site. If you are available to help out, contact Russell or Doug Scheurwater.

Carmichael Outreach 2020 Merrill Brinton Tournament of Hope

Update: A message from Carmichael Outreach—"We are disappointed to announce that, due to the uncertainties surrounding COVID-19, we will NOT be moving forward with the 2020 Merrill Brinton Tournament of Hope as planned. This was an extremely difficult decision for us to make, as the Merrill Brinton Tournament of Hope is such an important fundraiser for us at Carmichael. Because we do not receive a lot of government funding, we rely on fundraisers and donations from our friends in the community in order to keep our doors open. With this in mind, we have come up with a unique way to carry on the legacy of the tournament and show gratitude to all of our sponsors. Attached is a [letter](#) detailing how the fundraiser will proceed for this year. We sincerely hope that you will continue to support this event in light of these challenges, and would love to answer any questions you may have. Please send any inquiries to summeradmin@carmichaeloutreach.ca."

Illustrated Ministry: We know many of you are scrambling around, trying to get ready for virtual/online worship. We know many others are trying to think through what they're going to do with schools and day cares closed. Illustrated Ministry has set up a page where you can receive **FREE weekly resources**. To access resources from Illustrated Ministry that will help support faith exploration with children and families during this time, please visit their website [HERE](#)



Messy Church at Home: Once a week, between Easter and the end of June, Messy Church will be providing scheduled [Messy Church at Home Sessions](#). This is to provide a backstop if you don't have time or the energy to create your own 'at home' resources. This list of resources is updated weekly.

Food Donations: Alex Pelletier is making lunches for the homeless and is accepting donations of **juice boxes, granola bars and fruit, he could use more than what he has been receiving**. If you are able to, donations can go in the blue bin outside the office doors by Friday. Harvey will be at the Living Spirit Center on Thursdays from 10 am – 11 am if you want to drop off your donation then. If someone is able to volunteer to deliver donations to Alex, let [Russell](#) know.



Lumsden Beach Camp Update: Please find information about day camps, camp cancellations, and how you can support LBC during COVID-19 by visiting [this link](#).

Did you know that the city is proposing a **dog park** in the park space beside us? If you have questions or concerns, please speak to Bonnie Yake, Sarah Tkachuk, Brian Abrahamson or Russell.

PAR and M & S Donations: If you would like to add or increase PAR and/or M&S offerings, please contact Harvey and he will help you get set up or make changes. Email eastsideunited@sasktel.net to let Harvey know what changes you would like to make, and he will submit the changes for processing.

Suspended/Moved Programming as of June 24th:

- **TOPS** is suspended until further notice
- **Eastside Community Dinner** is suspended until further notice
- **Yoga** is moved to Zoom, over until Fall
- **KAIROS** meetings are postponed until further notice
- **Craft/Study** is moved to Zoom, over until Fall
- **Eastside Choir** has canceled rehearsals until further notice
- **ICF Breakfast** has reduced programming
- **Congregational Faith and Wellness Series** is postponed
- **Messy Church** is suspended until further notice
- **Women's Breakfast** is suspended until further notice
- **Munch Lunch** programming is suspended until further notice
- **Film and Faith** is suspended in-person and will continue online.
- **AA** is suspended in-person
- **Forever... in Motion** is suspended until further notice.



Did you miss the announcements at last Sunday's worship service? Sometimes feel like an event snuck up on you and you didn't receive proper notice? Printed announcements are saved on the Eastside website each week - check 'em out at www.eastsideunited.ca under the **What's New** heading!

Were you unable to attend worship last week? You can find a video recording of last week's service online. Visit our website under the **WORSHIP** heading to find an uploaded video of service.



“Gratitude goes beyond words. It is a feeling that measures our combined love and respect, in many ways, for families across the world and for frontline heroes spread in every corner of each country affected by the coronavirus. Together, we synchronously feel and share in a love for each other and our world while adapting and recovering from what is a global experience. Our gratitude extends beyond our families and frontline heroes and actually has allowed us to realize a collective gratitude for the planet that we share.”

- Najma Khorrami, M.P.H. & Homa K. Ahmadzia M.D.,
M.P.H. [Psychology Today](#)