  **Proficiency Skills Checklist**

**ER / TRAUMA - RN**

**NAME: DATE:**

Directions:Check the column **S** = Strong skill: at least one (1) year of work can perform without assistance that best describes your skill level **A** = Adequate skill: at least six (6) months work may require some assistance in each area. **L**= Limited skill: less than six (6) months work will require assistance

**N**= No skill

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| **General Skills** |  |  | **S A L N** | | | |
| **Advanced directives** |  |  |  |  |  |  |
| **HIPAA** |  |  |  |  |  |  |
| **Patient/family teaching** |  |  |  |  |  |  |
| **Restrictive devices (restraints)** |  |  |  |  |  |  |
| **Lift/transfer devices** |  |  |  |  |  |  |
| **Specialty beds** |  |  |  |  |  |  |
| **End of life care/palliative care** |  |  |  |  |  |  |
| **Post mortem care** |  |  |  |  |  |  |
| **Automated Medication Dispensing System, Pyxis, Omnicell, or other** |  |  |  |  |  |  |
| **Bar coding for medication administration** |  |  |  |  |  |  |
| **Triage** |  |  |  |  |  |  |
| **Organ donor protocols** |  |  |  |  |  |  |
| **Consent for treatment of a minor** |  |  |  |  |  |  |
| **Procedure for a patient signing out AMA** |  |  |  |  |  |  |
| **Knowledge of cobra criteria/transfer patients** |  |  |  |  |  |  |
| **Disaster protocols** |  |  |  |  |  |  |
| **National Patient Safety Goals** |  |  |  |  |  |  |
| **Accurate patient identification** |  |  |  |  |  |  |
| **Effective communication** |  |  |  |  |  |  |
| **Interpretation & communication of lab values** |  |  |  |  |  |  |
| **Medication administration** |  |  |  |  |  |  |
| **Labeling** |  |  |  |  |  |  |
| **Anticoagulation therapy** |  |  |  |  |  |  |
| **Medication reconciliation** |  |  |  |  |  |  |
| **Monitoring conscious sedation** |  |  |  |  |  |  |
| **Pain assessment & management** |  |  |  |  |  |  |
| **Infection control** |  |  |  |  |  |  |
| **Universal precautions** |  |  |  |  |  |  |
| **Isolation** |  |  |  |  |  |  |
| **Minimize risk for falls** |  |  |  |  |  |  |
| **Awareness of HCAHPS** |  |  |  |  |  |  |

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| **General Skills - cont.** |  |  | **S A L N** | | | |
| **Prevention of pressure ulcers** |  |  |  |  |  |  |
| **Wound care** |  |  |  |  |  |  |
| **Suture tray set up** |  |  |  |  |  |  |
| **Cardiac Monitoring & Emergency Care** | | | | | | |
| **Obtains 12 lead EKG** |  |  |  |  |  |  |
| **Interpretation of rhythm strips** |  |  |  |  |  |  |
| **Treatment of dysrythmias** |  |  |  |  |  |  |
| **Use of rapid response teams** |  |  |  |  |  |  |
| **Cardiac arrest/CPR** |  |  |  |  |  |  |
| **Code cart set up and shift checks** |  |  |  |  |  |  |
| **O2 therapy & delivery** |  |  |  |  |  |  |
| **Pulse oximetry** |  |  |  |  |  |  |
| **Use of doppler** |  |  |  |  |  |  |
| **IV Therapy** | | | | | | |
| **Starting & maintaining peripheral IVs** |  |  |  |  |  |  |
| **Blood draw: venous** |  |  |  |  |  |  |
| **Central line care** |  |  |  |  |  |  |
| **Blood draw: central line** |  |  |  |  |  |  |
| **Care & management of ports** |  |  |  |  |  |  |
| **Care & management of PICC/Groshong/Hickman** |  |  |  |  |  |  |
| **Administration of blood/blood products** |  |  |  |  |  |  |
| **Diabetes mellitus** |  |  |  |  |  |  |
| **Blood Glucose Monitoring (BGM)** |  |  |  |  |  |  |
| **Insulin administration** |  |  |  |  |  |  |

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| **Trauma** |  |  | **S A L N** | | | |
| **Trauma score** |  |  |  |  |  |  |
| **Critical transports** |  |  |  |  |  |  |
| **Air transport (helicopter or jet)** |  |  |  |  |  |  |
| **Other transport S A L N** |  |  |  |  |  |  |
| **Level 1 trauma** |  |  |  |  |  |  |
| **Level 2 trauma** |  |  |  |  |  |  |
| **Level 1 infuser** |  |  |  |  |  |  |
| **Open chest massage** |  |  |  |  |  |  |
| **Peritoneal lavage** |  |  |  |  |  |  |
| **Hypovolemic shock** |  |  |  |  |  |  |
| **H+H/stat lab test machine** |  |  |  |  |  |  |
| **Post drowning** |  |  |  |  |  |  |
| **Auto transfuser/warmer** |  |  |  |  |  |  |

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| **Burns** |  |  | **S A L N** | | | |
| **First degree** |  |  |  |  |  |  |
| **Second degree** |  |  |  |  |  |  |
| **Third degree** |  |  |  |  |  |  |
| **Electrocution** |  |  |  |  |  |  |
| **Hazardous material exposure/contamination** |  |  |  |  |  |  |
| **Calculation of total Body Surface Area (BSA)** |  |  |  |  |  |  |

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| **Respiratory** |  |  | **S A L N** | | | |
| **Pulmonary edema** |  |  |  |  |  |  |
| **C.O.P.D.** |  |  |  |  |  |  |
| **Pulmonary emboli** |  |  |  |  |  |  |
| **Near drowning** |  |  |  |  |  |  |
| **Asthma** |  |  |  |  |  |  |
| **Nebulizer** |  |  |  |  |  |  |
| **Pneumonia** |  |  |  |  |  |  |
| **ABG interpretation** |  |  |  |  |  |  |

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| **Vascular Access** | |  | | |  | **S A L N** | | | |
| **Assist with intraosseous needle insertion** | |  | | |  |  |  |  |  |
| **Assisting with a cut-down** | |  | | |  |  |  |  |  |
| **Assist with central line insertion** | |  | | |  |  |  |  |  |
| **Assist with arterial line insertion** | |  | | |  |  |  |  |  |
| **Cardiovascular** | | |  | |  | **S A L N** | | | |
| **Acute MI** | | |  | |  |  |  |  |  |
| **Unstable angina** | | |  | |  |  |  |  |  |
| **Aneurysm (thoracic or abdominal)** | | |  | |  |  |  |  |  |
| **CHF** | | |  | |  |  |  |  |  |
| **Cardioversion** | | |  | |  |  |  |  |  |
| **Defibrillation** | | |  | |  |  |  |  |  |
| **Assist with insertion of a temporary pacemaker** | | |  | |  |  |  |  |  |
| **Application of an external pacemaker** | | |  | |  |  |  |  |  |
| **Cardiogenic shock** | | |  | |  |  |  |  |  |
| **Neurological** |  | | | |  | **S A L N** | | | |
| **Neuro assessment/monitoring** |  | | | |  |  |  |  |  |
| **Use of Glasgow Coma Scale** |  | | | |  |  |  |  |  |
| **Traumatic Brain Injury (TBI)** |  | | | |  |  |  |  |  |
| **Neurological - cont.** | | | |  |  | **S A L N** | | | |
| **Acute T.I.A./C.V.A.** | | | |  |  |  |  |  |  |
| **Acute spinal injury** | | | |  |  |  |  |  |  |
| **Migraine headache** | | | |  |  |  |  |  |  |
| **Seizure precautions/status epilepticus** | | | |  |  |  |  |  |  |
| **Assist with lumbar puncture** | | | |  |  |  |  |  |  |
| **Transport of a patient with spinal cord injuries/cervical spine precautions** | | | |  |  |  |  |  |  |
| **Observing for increased intracranial pressure** | | | |  |  |  |  |  |  |

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| **Gastrointestinal S A L N** | | | | | | | | | | | | | | | |
| **Care of Patient with:** | | | | | | | | | | | | | | | |
| **GI bleed** |  | | | | | | | | |  | |  |  |  |  |
| **Abdominal pain** |  | | | | | | | | |  | |  |  |  |  |
| **NGT insertion** |  | | | | | | | | |  | |  |  |  |  |
| **G-tube** |  | | | | | | | | |  | |  |  |  |  |
| **J-tube** |  | | | | | | | | |  | |  |  |  |  |
| **Bowel obstruction** |  | | | | | | | | |  | |  |  |  |  |
| **Acute pancreatitis** |  | | | | | | | | |  | |  |  |  |  |
| **Testicular torsion** |  | | | | | | | | |  | |  |  |  |  |
| **Obstetrics/Gynecology** | | | | | |  | | | |  | **S A L N** | | | | |
| **Assist with pelvic exams/obtaining cultures** | | | | | |  | | | |  |  | |  |  |  |
| **Spontaneous abortion/hemorrhage** | | | | | |  | | | |  |  | |  |  |  |
| **Ectopic pregnancy** | | | | | |  | | | |  |  | |  |  |  |
| **Emergency delivery** | | | | | |  | | | |  |  | |  |  |  |
| **Placenta previa** | | | | | |  | | | |  |  | |  |  |  |
| **Preeclampsia/eclampsia** | | | | | |  | | | |  |  | |  |  |  |
| **Doppler FHT (Fetal Heart Tones)** | | | | | |  | | | |  |  | |  |  |  |
| **Pediatrics** | | | |  | | | | | |  | **S A L N** | | | | |
| **Pediatric arrest/resuscitation** | | | |  | | | | | |  |  | |  |  |  |
| **Use of Broslow resuscitation system** | | | |  | | | | | |  |  | |  |  |  |
| **Overdose/poison ingestion** | | | |  | | | | | |  |  | |  |  |  |
| **Child abuse** | | | |  | | | | | |  |  | |  |  |  |
| **Sepsis management** | | | |  | | | | | |  |  | |  |  |  |
| **Sickle cell anemia** | | | |  | | | | | |  |  | |  |  |  |
| **Peds IV periph starts** | | | |  | | | | | |  |  | |  |  |  |
| **Pediatric assessment/VS** | | | |  | | | | | |  |  | |  |  |  |
| **Renal** | | | | |  | | | | |  | **S A L N** | | | | |
| **Acute renal failure** | | | | |  | | | | |  |  | |  |  |  |
| **Chronic renal failure** | | | | |  | | | | |  |  | |  |  |  |
| **Peritoneal dialysis** | | | | |  | | | | |  |  | |  |  |  |
| **Fluid management/electrolyte replacement** | | | | |  | | | | |  |  | |  |  |  |
| **Renal calculi** | | | | |  | | | | |  |  | |  |  |  |
| **Foley cath/straight cath/clean cath urine** | | | | |  | | | | |  |  | |  |  |  |
| **Orthopedics** | | | | | | |  | | |  | **S A L N** | | | | |
| **Set up for cast application** | | | | | | |  | | |  |  | |  |  |  |
| **Set up for OCL splinting** | | | | | | |  | | |  |  | |  |  |  |
| **Assist with closed fracture/dislocation reductions** | | | | | | |  | | |  |  | |  |  |  |
| **Instruction of application of orthopedic appliances** | | | | | | |  | | |  |  | |  |  |  |
| **Assess extremity vascular circulation** | | | | | | |  | | |  |  | |  |  |  |
| **Psychiatric** | | | | | | | | |  |  | **S A L N** | | | | |
| **Drug/ETOH withdrawal** | | | | | | | | |  |  |  | |  |  |  |
| **Care of overdose patient/gastric lavage** | | | | | | | | |  |  |  | |  |  |  |
| **Care of a suicidal patient** | | | | | | | | |  |  |  | |  |  |  |
| **Crisis intervention/management & assaultive behavior** | | | | | | | | |  |  |  | |  |  |  |
| **Sexual assault** | | | | | | | | |  |  |  | |  |  |  |
| **Rape kit** | | | | | | | | |  |  |  | |  |  |  |
| **Reporting procedures for acts of violence** | | | | | | | | |  |  |  | |  |  |  |
| **Environment** | |  | | | | | | | |  | **S A L N** | | | | |
| **Hypothermia** | |  | | | | | | | |  |  | |  |  |  |
| **Heat stroke/exhaustion** | |  | | | | | | | |  |  | |  |  |  |
| **Human/animal bite** | |  | | | | | | | |  |  | |  |  |  |
| **Snake bite** | |  | | | | | | | |  |  | |  |  |  |
| **Anaphylaxis** | |  | | | | | | | |  |  | |  |  |  |
| **EENT Disorders** | | |  | | | | | | |  | **S A L N** | | | | |
| **Set up for fluorescein/woods lamp** | | |  | | | | | | |  |  | |  |  |  |
| **Use of Morgan Lens/eye irrigation** | | |  | | | | | | |  |  | |  |  |  |
| **Ear irrigations/FB removal** | | |  | | | | | | |  |  | |  |  |  |
| **Assist with nasal packing** | | |  | | | | | | |  |  | |  |  |  |
| **Visual acuity** | | |  | | | | | | |  |  | |  |  |  |
| **Epiglottitis** | | |  | | | | | | |  |  | |  |  |  |
| **Nose bleed/packing** | | |  | | | | | | |  |  | |  |  |  |
| **Removal of nasal FB** | | |  | | | | | | |  |  | |  |  |  |
| **Emergency Medications** | | | | | | | |  | |  | **S A L N** | | | | |
| **Emergency ACLS medication prepare & administer** | | | | | | | |  | |  |  | |  |  |  |
| **Tridil/nitroglycerin** | | | | | | | |  | |  |  | |  |  |  |
| **Sodium bicarb** | | | | | | | |  | |  |  | |  |  |  |
| **Heparin** | | | | | | | |  | |  |  | |  |  |  |
| **Dilantin/cerebrex** | | | | | | | |  | |  |  | |  |  |  |
| **Narcan** | | | | | | | |  | |  |  | |  |  |  |
| **Decadron** | | | | | | | |  | |  |  | |  |  |  |
| **Mannitol** | | | | | | | |  | |  |  | |  |  |  |
| **Solumedrol** | | | | | | | |  | |  |  | |  |  |  |
| **Phenobarbital** | | | | | | | |  | |  |  | |  |  |  |
| **Fibrinolytics/IIb IIIa inhibitor** | | | | | | | |  | |  |  | |  |  |  |
| **Nipride/cardene** | | | | | | | |  | |  |  | |  |  |  |
| **Inotropics (i.e. digoxin, dopamine, epinephrine)** | | | | | | | |  | |  |  | |  |  |  |
| **Rapid sequence intubation protocol & meds** | | | | | | | |  | |  |  | |  |  |  |
| **Diprivan** | | | | | | | |  | |  |  | |  |  |  |
| **Cardizem** | | | | | | | |  | |  |  | |  |  |  |
| **Vasopressin** | | | | | | | |  | |  |  | |  |  |  |
| **Romazicon** | | | | | | | |  | |  |  | |  |  |  |
| **Levophed** | | | | | | | |  | |  |  | |  |  |  |
| **Insulin/insulin GTT** | | | | | | | |  | |  |  | |  |  |  |

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| **Age Specific Competencies** |  |  | **S A L N** | | | |
| **Newborn/neonate (birth-30 days)** |  |  |  |  |  |  |
| **Infant (31 days-1 year)** |  |  |  |  |  |  |
| **Toddler (ages 2-3 years)** |  |  |  |  |  |  |
| **Preschool (ages 4-5 years)** |  |  |  |  |  |  |
| **School age (ages 6-12 years)** |  |  |  |  |  |  |
| **Adolescent (ages 13-21 years)** |  |  |  |  |  |  |
| **Young adult (ages 22-39 years)** |  |  |  |  |  |  |
| **Adult (ages 40-64 years)** |  |  |  |  |  |  |
| **Older adult (ages 65-79 years)** |  |  |  |  |  |  |
| **Elderly (ages 80+ years)** |  |  |  |  |  |  |

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**The information on this and all preceding pages is true and correct.**

**Signature**

**Date**