

# Menus

**School:** Cypress School District #64

**Meal:** All

**Month:** October 2020

**Academic Year:** 2020-21

October				
M	Tu	W	Th	F
28  <b>Breakfast:</b> Honey Bun Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Hot Dog on a Bun Fresh Veggies Apple Milk	29  <b>Breakfast:</b> Cereal or Oatmeal Toast Fruit & Juice Milk  <b>Lunch:</b> Nachos Cheese/Lettuce/Tomato Black Beans & Corn Mandarin Oranges Milk	30  <b>Breakfast:</b> Bagel w/Cream Cheese Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Macaroni & Cheese Roll Green Beans Peaches Milk	1  <b>Breakfast:</b> Cereal or Yogurt Toast Fruit & Juice Milk  <b>Lunch:</b> Chicken Alphabet Soup Cheese & Crackers Sliced Carrots Banana Milk Chef Salad Option 6-8gr.	2  <b>Breakfast:</b> Biscuit, Gravy & Sausage Cereal & Biscuit Fruit & Juice Milk  <b>Lunch:</b> Fish Sticks & Bread Oven Fries Orange Slices Jello Milk
5  <b>Breakfast:</b> Mini Chocolate Donuts Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Chicken Nuggets & Bread Carrots & Dip Peaches Milk	6  <b>Breakfast:</b> Sausage Biscuit Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Soft Taco Lettuce/Tomato/Cheese Black Beans & Corn Mandarin Oranges Milk	7  <b>Breakfast:</b> French Toast Sticks Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Pizza Green Beans Banana Fruit Roll Up Milk	8  <b>Breakfast:</b> Biscuit, Gravy & Sausage Cereal & Biscuit Fruit & Juice Milk  <b>Lunch:</b> Bosco Sticks & Sauce Broccoli & Cheese Mixed Fruit Milk Chef Salad Option 6-8gr	9
12	13  <b>Breakfast:</b> Pancake Sausage on Stick Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Cheese Quesadilla Garden Salad Pineapple Chunks Ice Cream Cup Milk	14  <b>Breakfast:</b> Eggs Eggstravaganza Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Meatloaf & Roll Mashed Potatoes & Gravy Mixed Fruit Milk	15  <b>Breakfast:</b> Honey Bun Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Chicken Patty on Bun Sliced Carrots Pears Milk Chef Salad Option 6-8gr	16  <b>Breakfast:</b> Biscuit, Gravy & Sausage Cereal & Biscuit Fruit & Juice Milk  <b>Lunch:</b> Cheeseburger on Bun Baked Beans Grapes Milk
19  <b>Breakfast:</b> Breakfast Pizza Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Corn Dog Carrots & Dip Apple Cookie Milk	20  <b>Breakfast:</b> Cinni Mini Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Taco Soup w/Black Beans and Corn Cheese & Crackers Mandarin Oranges Milk	21  <b>Breakfast:</b> Bagel w/ Cream Cheese Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Macaroni & Cheese Roll Green Beans Peaches Milk	22  <b>Breakfast:</b> Powdered Sugar Donuts Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> BBQ Grilled Chicken Sand. Potato Wedges Banana Pudding Milk Chef Salad Option 6-8gr	23  <b>Breakfast:</b> Biscuit, Gravy & Sausage Cereal & Biscuit Fruit & Juice Milk  <b>Lunch:</b> Pizza Garden Salad Applesauce Milk
26	27	28	29	30

<b>Breakfast:</b> Blueberry Waffle Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Popcorn Chicken & Bread Roasted Cauliflower Peaches Jello Milk	<b>Breakfast:</b> Cereal or Yogurt Muffin Fruit & Juice Milk  <b>Lunch:</b> Nachos Lettuce/Tomato/Cheese Black Beans & Corn Pineapple Chunks Milk	<b>Breakfast:</b> Scrambled Eggs or Cereal Toast Fruit & Juice Milk  <b>Lunch:</b> Country Fried Steak & Roll Mashed Potatoes & Gravy Mixed Fruit Milk	<b>Breakfast:</b> Biscuit, Gravy & Sausage Cereal & Biscuit Fruit & Juice Milk  <b>Lunch:</b> Bosco Sticks & Sauce Broccoli & Cheese Banana Milk Chef Salad Option 6-8gr	<b>Breakfast:</b> Scary Donut Cereal & Toast Fruit & Juice Milk  <b>Lunch:</b> Chili w/Beans Peanut Butter Sand. Cheese & Crackers Pears Milk
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