

March/April 2021

At a glance

Full descriptions of activities in bulletin.

All worship and programming is online

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
21 Lent V Online Worship 11:15	22	23 Prayer Service 12pm Faith Formation 6:30pm	24 Prayer Service 8:30am Zoom office Hrs 2-4:30	25 Craft/Study 1:30pm Prayer Service 4pm	26 Film & Faith 7pm	27
28 Lent V Palm Sunday Online Worship 11:15 Post Church Tea	29	30 Prayer Service 12pm	31 Prayer Service 8:30am Zoom office Hrs 2-4:30 Faith Exploration 7pm	1 Craft/Study 1:30pm Prayer Service 4pm LSC Maundy Thursday Service	2 Good Friday Worship	3 Holy Saturday
4 Easter Sunday Online Worship 11:15 Communion	5	6	7	8 Craft/Study 1:30pm	9	10
	Russell on Vacation					
11 Online Worship 11:15 Open Hearts	12	13	14	15 Craft/Study 1:30pm	16	17
	Russell on Vacation					

We still need your support as our ministry continues! Making your offering [online](http://www.eastsideunited.ca/donate2.html) (<http://www.eastsideunited.ca/donate2.html>) couldn't be easier. Additionally, offerings can be mailed to Eastside at: **Eastside United Church, 3018 Doan Drive, Regina, SK, S4V 1M1** Or, if you do want to drop off an offering in person, please leave offerings in the mailbox at the office door. **We now take e-transfer! You can send e-transfers using eastsideunited@sasktel.net.** Thanks for your generosity!

ANNOUNCEMENTS

March 21, 2021

306-761-0556 eastsideunited@sasktel.net
Like us on facebook (Eastside United Church)

Follow us on Twitter @Eastside_united

www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry offer

you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Russell Mitchell-Walker

Pianist: Josh Hendrickson

Tech Support: Brian Mitchell-Walker

Attendance/Responses: Carol Hein

Prayers of the People: Lori Latta

Congregational Care Greeter: Sheri Nupdal

Last week's attendance: 58 Offering: \$760 Weekly budget: \$3167
(not incl. PAR) March 1-15

Worship will be happening online via Zoom [HERE](#). You can also call into the Zoom session on the phone with audio only by calling 1-587-328-1099 or 1-204-515-1268. If you have trouble with sound on your computer, you can also call in with these numbers while watching on zoom.

Office Hours:

The Living Spirit Center is closed due to concerns over COVID-19. Both Harvey and Russell are working remotely. If you need to contact the Eastside United Office, please email Harvey at eastsideunited@sasktel.net.

- **Harvey's Hours:** Tuesday, Wednesday, Thursdays.
- **Russell's Hours:** Tuesday, Wednesday, Thursday, Friday. Russell's e-mail address: russell.eastside@gmail.com.
- **Zoom Drop-in Office Hours** Wednesdays from 2 – 4:30

Scripture Readings:

Gospel: John 12: 20-33

Songs –

Spirit Open My Heart MV #79

The Spring has Come VU #187

Bless Now, O God, the Journey VU #633

We Give Our Thanks to God MV #187

Though Ancient Walls VU #691

May God's Sheltering Wings MV #214

In-Person Worship: Consistent with the recommendations of the Living Skies Regional Council and the United Church of Canada, we will reopen our physical space and resume traditional services when we can be confident that we can do so in a manner that is meaningful for our community and is safe for every member of our congregation. We will continue to keep you informed as our plans unfold. The Leadership Team has established a "Return to Worship Task Group" to discuss the protocols and possibilities for gathering in-person. If you are interested, or have feedback, please let [Sarah Tkachuk](#) know. We will review again in January.



- [Lenten Calendar for our Outreach Ministries - all ages](#)
- [Quiet Bags - a family activity](#)
- [Bible Colouring pages for Lent - all ages](#)

Banning LGBT Conversion Efforts in Regina: Recently, Russell spoke about the push to ban conversion therapy in Regina. If you would like to read about it, you can find the Global News piece [here](#). If you would like to be part of the Affirming Ministry team organizing, let Russell know. Letters to your city councilor and mayor in support of the ban would be very helpful. Find the contacts [here](#): Check out <https://www.noconversioncanada.com> for information.

Covid Vaccine Fact Sheet: We are all encouraged to get vaccinated when our turn comes, to protect ourselves and other, and to return to a new normal. Download the fact sheet [here](#), and check out Saskatchewan's vaccination plan. Remember that once vaccinated you can still be a carrier of the virus so masks and distancing practices need to continue. Please keep in your household bubble until after Easter.

Meditation Schedule: The meditation group will continue to meet via Zoom for now on Monday nights. If you have any questions, please contact [Shauna Powers](#). Reminder that the new start time is 7 pm!

Craft/Study: You can find the Zoom link [HERE](#). The link will be sent out in Tuesday's email as well. We will discuss chapter 9 of *White Fragility*. If you would like to participate and need a book, please let Harvey know. Books are 20\$.

Easter Serving Opportunities

Russell needs **readers** for the services of Palm Sunday, Good Friday and Easter Sunday. We will be putting together Easter bags next week for our families with children which will include a bag of easter goodies.

Donations of Easter eggs and other goodies welcome till Thursday morning. Drop off into the blue bin outside the church office doors.

Volunteers are needed for collating the Easter bags.

Let Russell know if you can help with the reading or volunteering.

Membership Transfer: there will be a transfer of membership during our worship service held in April. If you would like to attend or participate, get in touch with [Russell](#).

Volunteers for the ICF: The Indigenous Christian Fellowship is looking for people on Fridays to make 90 lunches on-site. If you are available to help, contact Doug Scheurwater. **We are also looking for those comfortable helping with deliveries.** There will be an indigenous and non-indigenous person helping. They are also looking for volunteers for **cooking on the grill for Saturday morning breakfasts.** Cookie makers are also needed. **Coolers are also needed** for delivering hot meals. Let Russell (or Linda Fowler for cookies) know if you can help.

Eastside T-Shirts: If you ordered a t-shirt, please come pick them up!

They are ready! They can be picked up on Thursdays between 10 am and 11 am. If you did not order but are interested in purchasing one, email Harvey to see what colour and sizes are available. \$30/each.

Alex Pelletier's lunch program is suspended until further notice while he recovers from COVID-19. We are thankful that Alex is clear of COVID-19 and continues to rest. We will put out a notice when Alex's program resumes.

Munch Lunch Revised – Donations for **Glen Elm Community School** are continuing now that school has resumed in-person. Drop off donations in the blue bin outside the main office doors, or on Thursdays during 10-11am.



What does church look like on the other side of COVID? How do we handle meeting in person while also meeting online? How does this experience fundamentally reshape our ministries? What are the big theological questions raised by this global pandemic? How shall we lead?

We've come a long way over the past year, and now we face new challenges as we imagine what church looks like moving forward. During the **Courageous Church Online Summit May 10-14**, will dive into these questions, hearing from leading voices and provocative thought leaders on the next best steps for our vital progressive faith movement. Find more information and register [HERE](#). We hope to gather in the evenings that week to watch some sessions together.

We are continuing the A Work of Art, Culture and Its Story during worship! If you have a piece of work or cultural item that has a story or holds spiritual meaning for you and would like to share on Sunday during worship, please let Russell know.

Volunteer Positions: Eastside United is looking to fill a rotating roster of volunteers to help run live-streaming technology during in-person worship on Sundays once we are able to return to being in-person. This will include: running PowerPoint during worship, hosting and monitoring the stream over Zoom and Facebook Live, as well as operating the remote-controlled web cam. Please email eastsideunited@sasktel.net to volunteer, or for more information. **We need the volunteers in place and trained before we can return to in-person worship**

Cloth Masks: It is now recommended that we double mask, and one suggestion is to wear a cloth mask over a surgical mask. It is very important to wear masks when we are out in public, especially indoors. **It is now policy to wear a mask when in the church building.** If you would like a mask, please email the office indicating how many masks you need, and we will connect you with someone making masks. Elastic is needed if you have any! Thanks to Clare Banks, Wanda Barr, Gladys Olekson, Nancy Cranfield, Jean MacKay who are willing to make masks. More sewers are welcome!

PAR and M & S Donations: If you would like to add or increase PAR and/or M&S offerings, please contact Harvey and he will help you get set up or make changes. Email eastsideunited@sasktel.net to let Harvey know what changes you would like to make, and he will submit the changes for processing.

Hello Neighbour Card Reminder: If you would like to and are healthy enough to do so, download a Hello Neighbour card that was sent with the **weekly email** to let people know you're available to help! By putting these cards in mailboxes, it allows those of use who are well to help the people around us who may need it. **This is more important again as we are asked to reduce our contacts and go out less!**

Text In Church: We are trying something new! We have a 60 day trial of Text in Church which allows us to send group texts and e-mails about events and for newcomers. If you would like to receive text notifications about special services and events at Eastside, text the word 'Loop' to 306-517-6797.



Were you unable to attend worship in the past? Don't worry about it! You can find a video recording of past services online. Visit our website [HERE](#) to find uploaded videos of service. They are also on Facebook, starting Feb 14.



Please share your favourite hymns with us! Let us know by filling out this Google Form [HERE](#).



Did you miss the announcements at last Sunday's worship service? Sometimes feel like an event snuck up on you and you didn't receive proper notice? Printed announcements are saved on the Eastside website each week - check 'em out at www.eastsideunited.ca under the **What's New** heading!



a ZOOM gathering for
Young Adults
18-35 years



ALL ARE TRULY WELCOME
Every Wednesday at 6:30pm
a safe space for
**open-minded, faith-based
and engaging conversation**

hosted by
McClure United Church
in Saskatoon

Contact Rev Laura Fohse for the ZOOM link:
Text (306-291-5838) or
email laura@mcclureunitedchurch.org

Dethroning Mammon - A Stewardship Book Discussion for Lent

Dethroning Mammon: Making Money Serve Grace is a book by the Archbishop of Canterbury Justin Welby in which he looks at the subject of money and materialism. Designed for study in the weeks of Lent, *Dethroning Mammon* discusses how our own attitudes and the pressures of society affect how we handle the power of money (Mammon). Reading and reflecting on the book will help us think more fully about the power of money in our lives and our world. Over six weeks we can grow as disciples and stewards through reading, conversing, and praying together.

What: a one-hour book discussion (one chapter a week) via Zoom

When: Tuesdays (March 23 and 30) at 1 pm CST

Who: led by Archdeacon Cheryl Toth (Stewardship Officer with the Anglican Diocese of Qu'Appelle) and up to 12 participants

How: register by emailing Cheryl at stewardship@sasktel.net

How do I get the book? Books have been ordered through Regina bookstore The Penny University. You are asked to contribute the cost of your book. E-versions of the book are available.

This study is open to people of all denominations and is offered in the spirit of LAURC, the covenant between the Lutheran (ELCIC), Anglican, Ukrainian and Roman Catholic churches in Saskatchewan.

