



PASCACK VALLEY FOOTBALL YOUTH COACHES CLINIC 2018







PASCACK VALLEY FOOTBALL *YOUTH COACHES CLINIC 2018*



Date: Wednesday, JULY 18 @ 6:00 PM (Meet in Room 178)

Location: Pascack Valley High School

<u>Who</u>: PV Football staff, Hillsdale and River Vale Football staff only.

<u>Reason</u>: Help our youth Football Coaches with Techniques, Drills, and Schemes to implement in our Hillsdale and River Vale Football Programs.

(CLINIC SCHEDULE)

Welcome/Introductions @ 6:00 pm in Room 178

OFFENSE (Room 178)	DEFENSE/SPECIAL TEAMS
Len Cusumano, Craig Nielsen,	(Room 170)
Justin Balsano, Bill Lynn	Adam Preciado,
	JJ Moran, Don Lehmann
-Power Run Game Terminology	-Defensive Game Planning using Hudl
(Cusumano/Nielsen)	System (Preciado)
-Pass Protection Drills/ Schemes	-Inside Linebacker Rules/Drills (Moran)
(Cusumano/Nielsen)	
-Basic Spread Pass Game	-Punt Block Schemes (Preciado)
System/Terminology (Balsano/Lynn)	

PASCACK VALLEY FOOTBALL STAFF 2018

-Contact Information-

<u>NAME</u>	<u>POSITION</u>	<u>INFO</u>
Len Cusumano	-Head Coach	Office: (201) 358-7060 Ext: 24074
	-Offensive Line	Cell: (973) 464-2273
	-Defensive Line	Email: lcusumano@pascack.org
	-Strength & Conditioning	
Craig Nielsen	-Offensive Coordinator	
	-Running Backs	
	-Outside LB's	
Adam Preciado	-Defensive Coordinator	Cell: (551) 427-4248
	-Running Backs	Email: preciado.adam@gmail.com
	-Defensive Backs	
Justin Balsano	-Passing Game Coordinator	
	-Quarterbacks	Email: jusb1734@yahoo.com
	-Defensive Backs	
JJ Moran	-Tight Ends/OL	
	-Inside LB's	Email: jmoran@pascack.org
	-Special Teams Coordinator	
Billy Lynn	-Wide Receivers	
	-Outside LB's	Email: wlynn@pascack.org
	-Assistant Pass Game	
	Coordinator	
Don Lehmann	-Volunteer Coaches	
Danny Williams		
Kyle Schneider		
Brendan Morrisey		
Mark Vetterlein	-Freshman Coaches	
Chris Guinta		
TJ Schneider		