

# AARON SAMUEL BRESLOW, PHD

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## RESEARCH AND CLINICAL FOCUS:

Mental health disparities and social determinants of biopsychosocial health  
Transgender and non-binary minority stress and resilience  
HIV stigma and criminalization

## CURRENT ROLES

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- Albert Einstein College of Medicine/Montefiore Medical Center** 2018-Present  
Postdoctoral Research Fellow  
Center for Health Equity, Psychiatry Research Institute at Montefiore Einstein
- Harvard Medical School/Cambridge Health Alliance** 2018-Present  
Postdoctoral Research Fellow  
Health Equity Research Lab/Center for Multicultural Mental Health Research
- Einstein-Rockefeller-CUNY Center for AIDS Research** 2018-Present  
Behavioral Health Fellow
- Teachers College, Columbia University** 2018-Present  
Adjunct Assistant Professor  
Department of Counseling and Clinical Psychology

## EDUCATION

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- University of Cape Town** 2008  
Academic Fellowship, HIV Prevention and Feminist Studies
- Brandeis University** 2010  
Bachelor of Arts, Women's, Gender, & Sexuality Studies  
Thesis: Transcending exclusion: Transgender survivors' experiences with single-gender domestic violence services
- Teachers College, Columbia University** 2018  
Doctor of Philosophy, Counseling Psychology  
Externship: Columbia University Irving Medical Center  
Internship: Montefiore Medical Center/Albert Einstein College of Medicine  
Dissertation: HIV is not a crime: Criminalization and discrimination in HIV/AIDS minority stress

## SCHOLARLY WORK

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### Original communications in reviewed journals:

- Grov, C., Agymenag, L., Ventuneac, A., Breslow, A. S. (2013). Navigating condom use and HIV status disclosure with partners met online: A qualitative pilot study with gay and bisexual men from Craigslist.org. *AIDS Education and Prevention*, 25(1), 72-85.
- Starks, T. J., Rendina, H. J., Breslow, A. S., Parsons, J. T., & Golub, S. A. (2013). The psychological cost of anticipating HIV stigma for HIV-negative gay and bisexual men. *AIDS and Behavior*, 17(8), 2732-2741.
- Grov, C., Breslow, A. S., Newcomb, M. E., Rosenberger, J. G., Bauermeister, J. A. (2014). Gay and bisexual men's use of the Internet: Research from the 1990s through 2013. *Journal of Sex Research*, 51(4), 390-409.
- Rendina, J., Breslow, A. S., Grov, C., Ventuneac, A., Parsons, J. T. (2014). Interest in couples-based voluntary HIV counseling and testing in a national US sample of gay and bisexual men: The role of demographic and HIV risk factors. *Archives of Sexual Behavior*, 43(1), 149-159.
- Grov, C., Rendina, J., Breslow, A. S., Ventuneac, A., Adelson, S., Parsons, J. T. (2014). Characteristics of men who have sex with men (MSM) who attend sex parties: Results from a national online sample in the U.S. *Sexually Transmitted Infections*, 90(1), 26-32.

# AARON SAMUEL BRESLOW, PHD

- Grov, C., Breslow, A. S., Rendina, J., Ventuneac, A. (2014). Men who have sex with men's exposure to, use of, and subjective experiences with the 'NYC Condom.' *AIDS and Behavior*, 18(11), 2172-2177.
- Breslow, A. S., Brewster, M. E., Velez, B., Wong, S., Geiger, E., & Soderstrom, B. (2015). Resilience and collective action: Exploring buffers against minority stress for transgender individuals. *Psychology of Sexual Orientation and Gender Diversity*, 2(3), 253-265.
- Velez, B., Breslow, A. S., Brewster, M. E., Cox, R., & Foster, A. (2016). Building a pantheoretical model of dehumanization with transgender men: Integrating objectification and minority stress theories. *Journal of Counseling Psychology*, 63(5), 497-508.
- Brewster, M. E., Sandil, R., DeBlaere, C., Breslow, A. S., Eklund, A. (2016). "Do you even lift, bro?" Objectification, minority stress, and body image concerns for sexual minority men. *Psychology of Men and Masculinity*, 6(1), 32-47.
- Brewster, M. E., Soderstrom, B., Esposito, J., Breslow, A. S., Sawyer, J., Geiger, E., Morshedjian, N., Arango, S., Caso, T., Foster, A., Sandil, R., Cheng, J. A. (2017). A content analysis of scholarship on consensual non-monogamies: Methodological roadmaps, current themes, and directions for future research. *Couple and Family Psychology: Research and Practice*, 6(1), 32-47.
- Breslow, A. S., Brewster, M. E., Parent, M. S., Chan, A., Yucel, A., Bensmiller, N., Glaeser, E. (2018). Adonis on the apps: Online objectification, self-esteem, and sexual minority men. *Psychology of Men & Masculinity*, Online first.
- Brewster, M. E., Velez, B., Breslow, A. S., Geiger, E. (2019). Unpacking body image concerns and disordered eating for transgender women: The roles of sexual objectification and minority stress. *Journal of Counseling Psychology*, Online first.

## Original communications under review:

- Breslow, A. S., Brewster, M. E. (*Under Review*). HIV is not a crime: Exploring criminalization and discrimination in a dual model of HIV/AIDS minority stress. *Stigma and Health*.
- Breslow, A. S., Scheer, J. R., Brewster, M. E. (*Under Review*). A critical analysis of psychological advocacy, research, and care with non-binary communities. *American Psychologist*.

## Books, chapters in books, and review articles:

- Sawyer, J. S., Breslow, A. S., Brewster, M. E. (2016). Gender socialization in men. In *SAGE Encyclopedia of Psychology and Gender* (pp. 749-752). Thousand Oaks, CA: SAGE Publications.
- Breslow, A.S., Keuroghlian, A. (In Preparation). Psychiatric implications of gender and sexuality. In *Introduction to Psychiatry*. Cambridge, MA: Harvard University Press.
- Scheer, J. R., Breslow, A. S., Esposito, J., Price, M. (In Preparation). Violence against gay men. In *Violence Against LGBTQ+ Persons: Research, Practice, and Advocacy*.

## Abstracts:

- Breslow, A.S., Channon, A., Murphy, D., Weiss, E., Carter, O., Hanes, A. (2010). Intersections of queer theory and feminism in psychological research. Panel: Tillie K. Lubin Symposium: The Perils and Promise of Intergenerational Feminism, Brandeis University.
- Breslow, A.S. (2010). Trans-ending exclusion: Gendered policies in Boston-area domestic violence shelters. Paper: Brandeis University Undergraduate Sexualities Research Conference.
- Grov, C., Agymenag, L., Ventuneac, A., Breslow, A. S. (2012). Navigating condom use and HIV status disclosure with partners met online: A qualitative pilot study with gay and bisexual men from Craigslist.org. Paper: The Society for the Scientific Study of Sexuality Annual Meeting.
- Hammer, I., Hornback, S., Jones, K., Nasert, V., Breslow, A. S., Bimbi, D., Ventuneac, A., Parsons, J. T. (2013). Project T-Talk: Research with transgender women - a different approach. Panel: Philadelphia Trans-Health Conference.
- Ventuneac, A. Rendina, H.J., Grov, C., Breslow, A. S., Jimenez, R., Parsons, J. T. (2013). Indicators of sexual health among highly sexually active gay and bisexual men: Research findings and future directions for a health promotion framework. Paper: Annual Regional Meeting of the Society for the Scientific Study of Sexuality.

# AARON SAMUEL BRESLOW, PHD

6. Brewster, M., Cheng, J., Foster, A., Breslow, A. S., Esposito, J., Geiger, E., Keum, B., Lenaburg, S., Sandil, R., Sawyer, J. S. (2014). The 'Me-Search' in research: Processing insider/outsider identities when conducting studies with marginalized groups. Panel: Winter Roundtable Conference, Teachers College, Columbia University.
7. Brewster, M. E., Sandil, R., Eklund, A., Breslow, A. S., & Cheng, J. (2014). "No fats no fems!" The dark side of Grindr usage for sexual minority men. Poster: Annual meeting of American Psychological Association.
8. Breslow, A. S., Brewster, M. E., Wong, S., Lenaburg, S., Foster, A., Velez, B., Jones, K. (2014). A test of objectification theory with transgender women. Poster: Annual meeting of American Psychological Association.
9. Foster, A., Geiger, E., Caso, T., Arango, S., Breslow, A. S., Brewster, M. E., Cheng, J., Esposito, J., Morshedian, N., Sandil, R., Sawyer, J. S., Soderstrom, B. (2015). Self and social justice: The benefits and drawbacks of hashtag activism. Panel: Winter Roundtable Conference, Teachers College, Columbia University.
10. Geiger, E., Esposito, J., Breslow, A. S., Sandil, R. (2015). Talking feminism: Fear of the "F" word. Panel: Annual meeting of the Association for Women in Psychology.
11. Esposito, J., Geiger, E., Breslow, A. S., Foster, A., Sandil, R. (2015). Disability and multiple sclerosis: Stigma, outness, and links with psychological well-being. Poster: Annual meeting of the Association for Women in Psychology.
12. Cheng, J., Sandil, R., Breslow, A. S. (2015). "No fried chicken, tacos, rice, or curry!" Experiences of men of color on Grindr. Poster: Annual meeting of the American Psychological Association.
13. Foster, A., Geiger, E., Breslow, A. S. (2015). Intersectional theory in practice. Discussion group: Annual meeting of the American Psychological Association.
14. Velez, B., Breslow, A. S., Brewster, M. E., Cox Jr., R., & Foster, A. (2015). A test of objectification theory with transgender men. Poster: Annual meeting of the American Psychological Association.
15. Brewster, M. E., Soderstrom, B., Esposito, J., Breslow, A. S., Caso, T., Arango, S., Foster, A., Geiger, E., Sandil, R., Morshedian, N., Sawyer, J. S., Cheng, J. (2015). Understanding "monogamish" relationships: A content analysis of peer-reviewed articles. Poster: Annual meeting of the American Psychological Association.
16. Breslow, A. S., Esposito, J., Foster, A., Geiger, E., Brewster, M. E., Velez, B., Wong, S., Walker, A., Eklund, A., Candon, E. (2015). Minority stress beyond LGB: New frontiers in transgender, asexuality, and disability stigma research. Symposium: Annual meeting of the American Psychological Association.
17. Breslow, A. S. (2015). Gray shame, velvet rage: Aging through anger and internalized homophobia. Case Conference: Teachers College, Columbia University.
18. Arnold, E. E., Choo, B., Wang, J., Breslow, A. S., Brewster, M. E., Foster, A., Geiger, E., Sandil, R. (2016). Redefining support: Unexpected mental health resources in the digital world. Panel: Winter Roundtable Conference, Teachers College, Columbia University. Feb. 2016.
19. Breslow, A. S., Brewster, M. E., Arnold, E. E. (2016). HIV risk, body shame, and steroid use amongst Grindr-using sexual minority men. Poster: Winter Roundtable Conference, Teachers College, Columbia University.
20. Payton, G., Breslow, A. S., Chang, J. J., Fraga, E., Mejia-Smith, B. X. (2016). Pathways to Practice. Panel: Winter Roundtable Conference, Teachers College, Columbia University.
21. Chiarilli, D., Ryan, B., Arnold, E., Breslow, A. S. (2016). PrEPping for the future: HIV & LGBTQ current state of the research: What about PrEP? Panel: QueerWeek, Teachers College, Columbia University.
22. Camon, R., Breslow, A. S., Buque, M., Rodriguez-Moralez, C., Terry, M. (2016). Intersectionality of dimensions of identity: Clinical implications. Multicultural Behavioral Medicine Symposium. Panel: Columbia University Medical Center.
23. Breslow, A. S., Brewster, M. E. (2016). Disrupting polyamory. Panel: Queer Disruptions Conference on Gender and Sexuality at Columbia University.
24. Breslow, A. S., Chan, A., Geiger, E., Glaeser, E., Yucel, A. (2017). HIV is not a crime: Exploring psychological implications of HIV criminal laws in the United States. Roundtable: Winter Roundtable Conference, Teachers College, Columbia University.
25. Glaeser, E., Geiger, E., Arnold, E., Breslow, A. S., Chan, A., Sundri, J., Yucel, A., Sandil, R. (2017). Other people's trauma: Thinking critically about grief, privilege, and the politics of allyship in social justice work. Roundtable: Winter Roundtable Conference, Teachers College, Columbia University.

# AARON SAMUEL BRESLOW, PHD

26. Geiger, E., Yucel, A., Sundri, J., Chan, A., Breslow, A. S., Sandil, R., Brewster, M. (2017). Three swipes and Ur out: Applying objectification theory to dating app use among WSM. Poster: Annual meeting of the American Psychological Association.
27. Breslow, A. S., Chan, A., Arnold, E., Glaeser, E., Yucel, A., Sandil, R. (2017). Bis, tris, glutes, and lies: Objectification and body image concerns amongst app-using sexual minority men. Poster: Annual meeting of the American Psychological Association.
28. Ittelson, A., Dalke, K., Breslow, A. S. (2018). Intersex advocacy and care: Challenging patriarchal violence and bio-normalcy in legal, medical, and psychological work with intersex people. Symposium: Winter Roundtable Conference, Teachers College, Columbia University.
29. Erdheim, J., Breslow, A. S., Glaeser, E., Motulsky, W. (2018). Queer and trans misogyny: Exploring unique, insidious effects of patriarchy in queer and trans communities. Roundtable: Winter Roundtable Conference, Teachers College, Columbia University.
30. Geiger, E., Bensmiller, N., Brenman, M., Breslow, A. S., Chan, A., Glaeser, E., Motulsky, W., Yucel, A., Sandil, R., Brewster, M. (2018). #MeToo, YouToo, UsToo: Sexual harassment in the clinical context. Roundtable: Winter Roundtable Conference, Teachers College, Columbia University.
31. Geiger, E., Breslow, A. S., Glaeser, E., Motulsky, W., Brewster, M. (2018). Women's online sexual harassment: The development of a new measure. Poster: Annual meeting of the American Psychological Association.
32. Breslow, A. S., Glaeser, E., Motulsky, W., Geiger, E., Sandil, R., Brewster, M. (2018). Genderpunks and demiqueers: Exploring the unique impact of non-binary transgender minority stress. Poster: Annual meeting of the American Psychological Association.
33. Breslow, A. S., Sandil, R., Glaeser, E., Woods, A., Siegel, K. (2018). PrEP privilege: Awareness, utilization, and adherence to pre-exposure prophylaxis among a race-, sexual orientation-, and SES-diverse US sample of sexual minority men. Presentation: Annual meeting of the International Congress of Applied Psychology.
34. Breslow, A. S., Cook, B., Mullen, B., Progovac, A. (2018). AIDS and its inequalities: Addressing disparities and promoting health equity at Montefiore/Einstein and Harvard Medical School. Grand rounds: Einstein-Rockefeller-CUNY Center for AIDS Research CFAR AIDS Club.
35. Breslow, A. S., Guttman, J., Sandil, R., Silk, B., Wise, O. (2019). Queer and trans wellness: A community collective approach to holistic health. Roundtable: Winter Roundtable Conference, Teachers College, Columbia University.
36. Velez, B., Breslow, A. S., Geiger, E., Lei, N. L., Brewster, M. (2019). Pushing the boundaries: Testing minority stress theory with diverse populations. Division 17, Symposium. Annual meeting of the American Psychological Association.
37. Breslow, A. S., Brewster, M. E., Geiger, E. (2019). Gatekeepers and genderqueers: Exploring transgender congruence, steps to 'transition,' and resilience among a national sample of non-binary adults. Symposium: Division 35, Section IV annual symposium on Emerging Areas of Science, Practice, and Education with LGBTQ People. Annual meeting of the American Psychological Association.

## TEACHING EXPERIENCE

<b>Teachers College, Columbia University:</b> <i>Adjunct Assistant Professor</i>			2018-Present
<b>Course:</b>	<b>Instructor:</b>	<b>Semester:</b>	
Trans Advocacy and Care	Aaron Samuel Breslow, PhD	Spring 2019	
<b>Albert Einstein College of Medicine:</b> <i>Lecturer</i>			2017-Present
Psychiatric Implications of Minority Stress	Aaron Samuel Breslow, PhD	Fall 2017; Spring 2018	
<b>Invited Lectures:</b>			2013-Present
New York University			
Albert Einstein College of Medicine			
Teachers College, Columbia University			
Barnard College, Columbia University			

# AARON SAMUEL BRESLOW, PhD

Hunter College, City University of New York

**Teachers College, Columbia University:** *Graduate Teaching Associate* 2014-2017

<b>Course:</b>	<b>Instructor:</b>	<b>Semester:</b>
Racial-Cultural Laboratory	Luisa Bonifacio, PhD	Spring 2017
Foundations of Counseling	Jessica Esposito, PhD	Fall 2016
Foundations of Counseling	Brandon Velez, PhD	Fall 2016
Group Counseling	Riddhi Sandil, PhD	Summer 2016
Evaluation Methods	Gregory Payton, PhD	Summer 2016
Multicultural Psychology	Brandon Velez, PhD	Spring 2016
Group Counseling	Riddhi Sandil, PhD	Spring 2016
Assessment	Kimberly Baranowski, PhD	Fall 2015
Group Counseling	Riddhi Sandil, PhD	Summer 2015
Group Counseling	Defne Akol, PhD	Spring 2015
Multicultural Psychology	Brandon Velez, PhD	Spring 2015
Multicultural Psychology	Derald W. Sue, PhD	Summer 2014
LGBT Issues in Psychology	Melanie Brewster, PhD	Spring 2014

**Brandeis University:** *Teaching Assistant* Fall 2009

<b>Course:</b>	<b>Instructor:</b>	<b>Semester:</b>
Peace, Conflict, and Coexistence Studies	Mitra K. Shavarini, PhD	Fall 2009

## RESEARCH EXPERIENCE

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Albert Einstein College of Medicine, PRIME Center for Health Equity: <i>Postdoctoral Research Fellow</i>	2018-Present
Harvard Medical School, Health Equity Research Lab: <i>Postdoctoral Research Fellow</i>	2018-Present
Einstein-Rockefeller-CUNY Center for AIDS Research: <i>Behavioral Health Fellow</i>	2018-Present
Columbia University, Lab for Oppression, Resilience, and Empowerment: <i>Coordinator</i>	2013-2018
Columbia University, Winter Roundtable Conference on Cultural Psychology and Education: <i>Coordinator</i>	2016-2017
Center for HIV/AIDS Educational Studies and Training, CUNY: <i>Project Manager</i>	2010-2013
Desmond Tutu HIV Foundation, University of Cape Town: <i>Research Intern</i>	2009

## CLINICAL EXPERIENCE

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Montefiore Medical Center/Albert Einstein College of Medicine: <i>Psychology Intern</i>	2017-2018
NewYork-Presbyterian/Columbia University Irving Medical Center: <i>Psychology Extern</i>	2015-2017
Opportunity Charter School: <i>Psychology Extern</i>	2014-2015
Dean Hope Center for Educational and Psychological Services, Columbia University: <i>Psychology Extern</i>	2014-2015
Center for HIV/AIDS Educational Studies and Training, CUNY: <i>Clinical Team Member</i>	2010-2013
Brandeis University Queer Resource Center: <i>Director</i>	2007-2010
Gay Men's Health Crisis: <i>Mental Health Intern</i>	2008

## PROFESSIONAL EXPERIENCE

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WyzAnt Tutoring Company: <i>Tutor</i>	2015-2017
Silver Spring Networks: IoT Networking Solutions: <i>Grant Writer</i>	2009
Fenway Community Health Center: <i>Health Intern</i>	2007-2009
AIDS Walk San Francisco: <i>Grant Writer</i>	2007

## PROFESSIONAL SOCIETY MEMBERSHIPS

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Division 17, Society of Counseling Psychology, American Psychological Association
Division 44, Society for the Psychological Study of LGBT Issues, American Psychological Association

# AARON SAMUEL BRESLOW, PHD

Division 45, Society for the Psychological Study of Culture, Ethnicity and Race, American Psychological Association  
Association of Graduate Students, American Psychological Association  
International Association of Applied Psychology

## HONORS AND AWARDS

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Teachers College, Columbia University: Doctoral Dissertation Grant	2018
American Psychological Association Student Travel Award	2015
Teachers College, Columbia University: Department of Counseling and Clinical Psychology Scholarship	2013
Brandeis University: Dean's List; High Honors; World of Work Fellowship Award	2007-2010

## COMMUNITY INVOLVEMENT

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Montefiore Medical Center Inclusion and Diversity Committee: <i>Member</i>	2018-Present
Queer Anga Wellness and Community Collective: <i>Board Member</i>	2018-Present
InterACT Advocates for Intersex Youth: <i>Mental Health Consultant</i>	2017-Present
QueerWeek, Teachers College, Columbia University: <i>Consultant</i>	2016-2017
CUNY HIV/AIDS Community Advisory Board,: <i>Board Member</i>	2013-2014

## PEER REVIEW SUPPORT

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Psychology and Sexuality	2018-Present
Cognitive and Behavioral Practice	2017-Present
LGBT Health	2016-Present
Journal of Sex Research	2013-Present
Journal of the International AIDS Society	2013-Present