

**THE DOC BRAVER
FRESHMEN AND JUNIOR VARSITY INVITATIONAL CHAMPIONSHIPS**

AT Garret Mt.

Sponsored By The
Bergen Track & Field LLC

Wednesday, November 4, 2020 Small Schools
Thursday, November 5, 2020 Large Schools

*****Meet Information*****

3:45	Frosh Boys
3:55	Frosh Girls
4:05	J-V Boys
4:20	J-V Girls

Awards: Top Twenty in each race
Top Two Teams in each race
Trophy to Winning Team in each race

Entry Fee: \$80.00 per team
\$12.00 per individual

There is no limit to the number of teams or individuals in any race.

We are using **NJ Mile Split** to enter your rosters and declare that you are coming to the meet. All you have to do is enter **ALL the Athletes that are competing in the meet.**

Any questions or problems, please call me at home **973-831-2412**

See you on the 4th or the 5th ,
Brian Rodak
Meet Director

Enter on Mile Split and send your forms in as Usual!!

Race Divisions/Info will be ready by Friday, 10/30

39th ANNUAL

DOC BRAVER FRESHMEN AND JUNIOR VARSITY INVITATIONAL CHAMPIONSHIPS

AT GARRET MT
November 4 & 5, 2020

Entry Form:

School _____ Coach _____

School Phone _____ Coach's Home Phone _____

We wish to enter the following races at \$80.00 per team of seven runners or \$12.00 per individual. You may enter as many teams or individuals as you wish.

	<u># of teams</u>	<u># of individuals</u>
Freshmen Boys	_____	_____
Freshmen Girls	_____	_____
J-V Boys	_____	_____
J-V Girls	_____	_____
	_____ X \$80.00	_____ X \$12.00
Garret Mt. Surcharge	\$20.00	

Total Entry Fee Enclosed: _____

Make Check Payable To: Bergen Track & Field LLC

**Mail Entries To: Brian Rodak
1 Adobe Dr
Wayne, NJ 07470**

**Fax # (973) 907-2642
(NO COVER SHEETS)
Email: njbta@aol.com**

Entries Close: October 29, 2020

Divisions posted by Nov. 1st (What day you are running!)

Coaches

You MUST send me your school's insurance certificate naming the Passaic County Parks Department as additionally insured and the certificate holder.

Passaic County Parks Department 209 Totowa Road Wayne, NJ 07470

You could ask for one for the entire season from September 15th through November 15th and send me a copy. They want me to turn them in for each race at the mountain.

**NO warming up or down on the course –
Once you are done competing, we ask you to
leave the mountain to comply with the
NJSIAA Covid rules.**

This meet has been named after Dr. Rick Braver (www.DrRun.com) for the 20 plus years of dedicated service to our local runners for all their foot, ankle and leg pains. Doc has been a major supporter, fan and friend and we are proud to name this meet after him.