



**THE PARENTING CENTER AND SOMS WOULD LIKE TO INVITE ALL SOMS, MMS, AND CHS PARENTS TO ATTEND:**

## **“The Impact of Social Media on Children & Adolescents”**

**Wednesday, June 7th at 7:00PM**  
**SOMS Little Theater**

**This program is intended to provide straight talk to parents and guardians ONLY. Please do not bring children to this event.**

### **Presented by:**



**Lauren Muriello, MA, LPC**  
Licensed Psychotherapist  
Founder of Well Being Therapy Center  
Montville, NJ

**Lauren Muriello, MA LPC is the Founder of Well Being Therapy Center with locations in Montville and Short Hills, NJ.**

Lauren and her staff provide individual, family, and group therapy to children, adolescents, and couples. Lauren's specialty has always been teen issues – including self-harm, social anxiety, and addressing how family dynamics impact adolescent development.

Previously, Lauren was Co-Director of Omega Teen Camp, a division of the Omega Institute (the Nation's largest holistic education center). In this role she worked with more than 200 staff and teens to ensure the program was successful in providing a safe and supportive environment for adolescents to successfully manage life challenges. Lauren received her Bachelor's Degree from Cornell University, and her Master's Degree from Montclair State University.



**well being therapy center**

**Lauren will address the impact of Social Media on our Teens including:**

- What's happening in the brain? Is this like a drug?
- To Monitor or Not to Monitor, That is the Question.
- Software and Webware that Help You Keep Your Teen Safe.
- Overview of Apps Commonly Used.
- Know the Lingo, and it's Important to Your Teen.
- Your Role as Parent – Like it, Tweet it, Pin it.
- Creating a Healthy Balance for Your Teen.

**PLEASE JOIN US FOR A WONDERFUL INFORMATIONAL EVENING!**

**Any questions, please contact Karen Weiland at [kweiland@somsd.k12.nj.us](mailto:kweiland@somsd.k12.nj.us) or Allison Cahill at [acahill@somsd.k12.nj.us](mailto:acahill@somsd.k12.nj.us)**

