



THE FOLKLOOM SCHOOL PRESENTS...

HOW TO BECOME A SKILLS FOR CHANGE COACH

Welcome to the Folkloom School's Skills for Change Coaching Program!

If you want to become a Skills for Change Coach, complete the following courses and prerequisites:

- Application to Become a Skills for Change Coach
- Skills for Change Coaching Workshop
- Skills for Change Bodywork Workshop
- Skills for Change Mediation Workshop
- 25 Hours Practice: Coaching, Bodywork &/or Mediations
- Skills for Change Coaching Supervision Package
- Skills for Change Coaching Skills Self-test
- Skills for Change Completion Workshop

The Skills for Change Coaching Workshop is a pre-requisite for the Skills for Change Mediation Workshop. All requirements must be complete before you attend the Skills for Change Completion Workshop.

The Skills for Change Coaching Program can be completed in a solo apprenticeship style if you prefer. Each workshop is 20 hours instead of 40, and customized to your learning needs. The cost remains the same for either the apprenticeship or the classroom-style workshop.

When there are two or three students in the program, we can complete each course (Coaching, Mediation, Bodywork) within 24 hours, and with four students, within 32 hours.

Cost:

The total cost of the program: \$6,080 - \$8,860 sliding scale. The individual elements of the program are itemized below. If you would like to pay for the entire program up front, you will receive a 10% discount.

Nancy Shanteau

Folkloom School Lead Teacher

Skills for Change Coach & Coach Supervisor

Coaching, Mediation, Bodywork

Work, Life, Writing, Embodiment

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- Application to Become a Skills for Change Coach -- \$300 - \$500 sliding scale administration fee to enter the Skills for Change Coaching Program, due upon acceptance.
- Skills for Change Coaching Workshop -- \$1400 - \$2000 sliding scale
- Skills for Change Bodywork Workshop -- \$1400 - \$2000 sliding scale
- Skills for Change Mediation Workshop -- \$1400 - \$2000 sliding scale
- Skills for Change Coaching Supervision Package -- 12 sessions with a Skills for Change Coach Supervisor, fee set by coach, likely \$90 - \$150 sliding scale per session
- Skills for Change Coaching Skills Self-test and Portfolio Review -- included in the program administration fee
- Skills for Change Completion Workshop -- \$500 - \$800 sliding scale
- 25 Hours Practice: Coaching, Bodywork &/or Mediations -- you may charge clients a nominal fee for these practice sessions if this is your first training as a coach. If you are adding the Skills for Change Coaching approach to your previously established practice, you may charge your standard coaching rate for these sessions. If you charge \$35 for these sessions, you will make \$875, a nice opportunity to defray some of the costs!

What you need to do: request and submit the Skills for Change Coaching Program Application.

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