

May 2018
Post Newsletter
WesternSpringsVFW.org

Commander's Stuff

By Joe Barker

joebarker104@gmail.com

Congratulations to our new slate of officers and thank you for stepping up to lead our Post. Rich, Esteban, and Buddy will provide a new perspective which will move us forward while maintaining our traditional focus on helping fellow veterans. I know I speak for everyone when I commit to continue our strong support, as we have for all previous leadership teams.

Thanks also to Chaplain (Rev.) Bob Geaschel for accepting the parade Grand Marshal honor. I anticipate meaningful and thoughtful words at the ceremony.

The near targets to keep in mind:

- Poppy Day sales
- Memorial Day parade
- Installation dinner

More info to follow shortly. Please check your calendars!

Did You Know?

In February 1924, the VFW registered the name Buddy Poppy with the U.S. Patent Office.

Save the Dates

May 8th – 7:30 p.m. **Post Regular meeting** at Grace Lutheran Church
May 10th – Hospital Visit
May 11th – deadline for June newsletter
June 12th – 7:30 p.m. **Post Regular meeting** at Grace Lutheran Church

Quartermaster Report

By Mike Winner

(708) 829-0069

Gonakadet@att.net

Statement of funds as of 4/10/18:

Post General Fund	\$16,415.52
Post Relief Fund	602.14
TOTAL:	\$17,017.66

Semper Fi!

Hospital Chairman Report

By Walt Bergenthal

(708) 246-4858

During our April Post meeting, the following were elected to serve our Post as officers for next year. Their terms are July 1, 2018, through June 30, 2019.

Slate of officers for the 2018/2019 term:

Commander	Rich Jesswein
Senior Vice Commander	Esteban Lopez
Junior Vice Commander	Buddy Georgeoulakis
Quartermaster	Mike Winner
Chaplain	Bob Geaschel
Trustees	One-year Walt Bergenthal Two-year Jim Boland Three-year Joe Barker

Outgoing two-year Commander Joe Barker is to be complimented for an outstanding job leading our Post. During our meetings, Joe claims it's all in the wrist the way he bangs his gavel. Listen up, Rich. Joe is a tough act to follow.

4 Useful Gardening Hacks You'll Love This Spring

- Looking to give container gardening a try? You can grow all the ingredients for making homemade salsa by planting a **salsa garden**. Plant roma tomatoes in one pot since they tend to grow larger. Then plant onions, peppers and cilantro in another pot.
- **Don't throw away your coffee grounds**. Just like a cup of joe perks you up in the morning, coffee grounds also can be used to perk up your garden. Besides smelling amazing, coffee can help your garden as sheet mulch, slug deterrent, and for at-home composting.
- Speaking of composting, it's easy to **DIY compost** in your yard. Most people do cold composting, which is as simple as collecting yard waste or taking out organic materials from your trash (i.e. fruit & veggie peels, coffee grounds and eggshells), then corralling them in a pile or bin. Sprinkle water over the pile regularly and be sure to turn over the pile once a week with a garden fork. Once the compost becomes dry, brown and crumbly, it's ready to be added to your garden as feed.
- Water small indoor plants with less mess by **upcycling a milk jug**. Light a needle and poke small holes into the lid of container.

Source: Better Homes & Gardens