

Gestalt Certification Program Schedule & Reading

2020-2021, rev. 10-14-20

LEVEL I				
MODULE A				
FRI, OCT 2	5:00-6:00	New Student Orientation	Faculty	none
	6:15 – 7:45	Community Opening	Faculty	none
	8:00 – 9:30 Group Demos		Naaz	Yontef: Gestalt Therapy – Introduction (website)
SUN, OCT 04	11 AM – 5 PM	FOUNDATIONS OF GESTALT THEORY	Naaz/Ken	Joyce & Sills: Ch. 2, Phenomenology (book) Mueller: Monet Poem (website), Spencer-Brown: Laws of Form (website,) Harding: Having no head (website)
FRI, OCT 16	6:15 – 9:30 Experiential Lecture #1 8:00 – 9:30 Group Demos	Basic Gestalt Concepts: Contact & Contact-Boundary	Naaz	Mayer: Contact-Boundary: Homage to a Hyphen (Web), Harding: On Having No Head (website)
FRI, OCT 23	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Group Demos	Theory of Self	Naaz	PHG: Ch. X, Sections 2, 3, 4, 5 Meyer: Self: Pragmatism to GT (website)
FRI, OCT 30	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Group Demos	Sequence of Contacting	Naaz	PHG: Ch. XII, sec. 1, 3,7,8,9 (book) PHG: Ch. XIII, sec 1,2,3,4 (book)
FRI, NOV 13	6:15 – 7:45 Demonstration 8:00 – 9:30 Group Demos		Naaz/Dan/ Michael	None
MODULE B				
FRI, NOV 20	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Group Demos	Interruption to contacting: Introjection & Projection	Rosary	
FRI, DEC 04	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Group Demos	Retroreflection	Rosary	
FRI, DEC 18	6:15 PM: Graduation (students & guests, faculty) 7:30 PM: Holiday Party (students, faculty, community)			
FRI, JAN 08	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Group Demos	Confluence & Egotism	Rosary	
SAT, JAN 09	9:00-5:30	Socio-Cultural Influence I	Michelle	
JAN 22-24, 2021	TBA	WINTER INTENSIVE		
FRI, JAN 29	6:15 – 7:45 Demonstration 8:00 – 9:30 Group Demos		Rosary/She l/Marla	
SAT, JAN 30	11 AM – 5 PM	MAKE-UP: (MOD A)	NAAZ	For students starting in Feb. Do Mod A readings.
SUN, JAN 31	11 AM – 5 PM	MAKE-UP: (MOD B)	ROSARY	For students starting in Feb. Do Mod B readings.
MODULE C				
FRI, FEB 05	5:00–6:00	New Student Orientation	Faculty	
	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Practicum	Techniques II: Concept of Experiment	Ina	
SAT, FEB 06	9:00-5:30	Socio-Cultural Influence II	Michelle	
FRI, FEB 19	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Practicum	Verbal Experiments	Ina	
SUN, FEB 21	TBA	Group Demo Make-Up	TBA	This is for students starting in the 2 nd Semester.
FRI, FEB 26	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Practicum	Suppressive & Expressive Experiments	Ina	
FRI, MAR 05	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Ina /Michael/R obert	
SAT, MAR 06	11 AM – 5 PM	TECHNIQUES I: EMBODIMENT	M'LOU	
MODULE D				
FRI, MAR 19	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Practicum	Techniques I: Focusing	Rick	
FRI, APR 09	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Practicum	Support & Frustration	Rick	
SUN, APR 11	9 AM – 5 PM	Psychopharmacology & Suicide Assessment	Joe/Naaz	
FRI, APR 16	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Practicum	Support & Self-Support	Rick	
FRI, APR 30	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Rick/Matt/ M'Lou	
FRI, MAY 07	6:15 – 7:45 Community Meeting 8:00 – 9:30 Practicum	Closing Community Meeting	Rick/Matt/ M'Lou	
FRI, MAY 14	11 AM – 5 PM	FACULTY MEETING (faculty only)		
SAT, JUN 05	10 AM – 6 PM	SUMMER INTENSIVE PREP	TBA	Re-read Meyer from Mod B
TBA	TBA	SUMMER INTENSIVE		

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LEVEL II				
MODULE A				
FRI, SEP 11	6:15-9:15	Intake Orientation & Intro to Clinical Case Record	Marilyn & Shelley	
SUN, SEP 13	11:00-5:00 (off-site at Elinor's office)	Intro to Personality Adaptations	Elinor	
FRI, OCT 02	6:15 – 7:45	Community Opening	Faculty	
	8:00 – 9:30 Practicum		Daniel	Gendling Interview on focusing (web)
FRI, OCT 16	6:15 – 7:45 Experiential Lecture #1	Techniques I: Focusing	Daniel	Gendlin: Focusing, Ch. IV & V (book) Gendlin: Focusing-Oriented Therapy, Ch. 6 (website) Weiser: Something New, Here & Now (handout)
	8:00 – 9:30 Practicum			
FRI, OCT 23	6:15 – 7:45 Experiential Lecture #2	Support & Frustration	Daniel	Joyce & Sills: Ch. 7, Strengthening Support (book) Smith: Ch. 7, Chicken Soup is Poison (book) Philippson: Ch. 27, Why Shouldn't We Interrupt? (book)
	8:00 – 9:30 Practicum			
SAT, OCT 24	09:00 – 6:00	Intro to Clinical Skills	Shelley & Janice	
FRI, OCT 30	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Practicum	Support & Self-Support	Daniel	Smith: Ch.4, Self-Support (book) Joyce & Sills: Ch. 8, Shame (book)
SUN, NOV 08	11am-5pm	Techniques V: Chairwork	Rosary	Immordino: Chairwork (website)
FRI, NOV 13	6:15 – 7:45 Demonstration		Naaz /Dan /Michael	
	8:00 – 9:30 Practicum			
MODULE B				
FRI, NOV 20	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Practicum	Layer Theory: Overview of Layers	Shelley	
SUN, NOV 22	11 AM -5PM	TRANSFERENCE	Lenore/Robert	
FRI, DEC 04	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Practicum	Games Layer	Shelley	
FRI, DEC 18	6:15 PM: Graduation (students & guests, faculty) 7:30 PM: Holiday Party (students, faculty, community)			
FRI, JAN 08	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Practicum	Hurt Child	Shelley	
SAT, JAN 09	9:00-5:30	Socio-Cultural Influence I	Michelle	
JAN 22-24, 2021	TBA	WINTER INTENSIVE	TBA	
FRI, JAN 29	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Rosary/Shelley/ Marla	
MODULE C				
FRI, FEB 05	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Practicum	Anti-authoritarian roots	Robert	
SAT, FEB 06	9:00-5:30	Socio-Cultural Influence II	Michelle	
FRI, FEB 19	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Practicum		Robert	
FRI, FEB 26	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Practicum		Robert	
SUN, FEB 28	11 AM – 5 PM	DEATH LAYER	Naaz	
FRI, MAR 05	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Ina/Michael/Robert	
SUN, MAR 07	11 AM – 5 PM	Techniques VI: Reparenting	Shelley	
MODULE D				
FRI, MAR 19	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Practicum	Specialized Skills: Where Contact Cycles meet Physiology	Matthew	
FRI, APR 09	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Practicum	Tracking Contact in the Body	Matthew	
FRI, APR 16	6:15 – 7:45 Experiential Lecture #3 8:00 – 9:30 Practicum	Experiencing Self through the Body	Matthew	
FRI, APR 30	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Rick/Matthew/M' Lou	
FRI, MAY 07	6:15 – 7:45 Community Meeting 8:00 – 9:30 Practicum	Closing Community Meeting	TBD	
FRI, MAY 14	11AM – 5PM	FACULTY MEETING (faculty only)		
TBA	TBA	SUMMER INTENSIVE		

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LEVEL III				
MODULE A				
FRI, OCT 02	6:15 – 7:45	Community Opening	Faculty	
	8:00 – 9:30 Practicum		Michael	
FRI, OCT 16	6:15 – 7:45 Experiential Lecture #1	Personality Development	Michael	Johnson: Ch. 1 & 2
	8:00 – 9:30 Practicum			
FRI, OCT 23	6:15 – 7:45 Experiential Lecture #2	Personality Development	Michael	Johnson: Ch. 3 & 4
	8:00 – 9:30 Practicum			
FRI, OCT 30	6:15 – 7:45 Experiential Lecture #3	Personality Development	Michael	Kurtz: Ch. 3 Heller & LaPierre: Part A The Five Adoptive Survival Styles pgs 31-89
	8:00 – 9:30 Practicum			
SUN, NOV 01	11 AM – 5 PM	Relational Gestalt Therapy I	TBA	
FRI, NOV 13	5:00 – 6:15 <i>Final Paper Seminar 1</i>		Daniel	
	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Naaz Dan/Michael	
MODULE B				
FRI, NOV 20	6:15 – 7:45 Experiential Lecture #1 8:00 – 9:30 Practicum	The field: creating safety, co-regulation/use of self	Marla	
FRI, DEC 04	6:15 – 7:45 Experiential Lecture #2 8:00 – 9:30 Practicum	Organismic experience	Marla	
FRI, DEC 18	6:15 PM: Graduation Ceremony (students & guests, faculty) 7:30 PM: Holiday Party (students, faculty, community)			
FRI, JAN 08	6:15 – 7:45 Experiential Lecture #3	Dyad: Co-created self/other	Marla	
	8:00 – 9:30 Practicum			
SAT, JAN 09	9:00-5:30	Socio-Cultural Influence I	Michelle	
JAN 22-24, 2021	TBA	WINTER INTENSIVE		
FRI, JAN 29	6:15 – 7:45 Demonstration		Rosary/Shell ey/Marla	
	8:00 – 9:30 Practicum			
MODULE C				
FRI, FEB 05	6:15 – 7:45 Experiential Lecture #1	Personality Development II	Michael	
	8:00 – 9:30 Practicum			
SAT, FEB 06	9:00-5:30	Socio-Cultural Influence II	Michelle	
FRI, FEB 19	6:15 – 7:45 Experiential Lecture #2	Personality Development II	Michael	
	8:00 – 9:30 Practicum			
FRI, FEB 26	6:15 – 7:45 Experiential Lecture #3	Personality Development II	Michael	
	8:00 – 9:30 Practicum			
FRI, MAR 05	5:00 – 6:15 <i>Final Paper Seminar 2</i>		Daniel	
	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Ina/Michael/ Robert	
MODULE D				
SUN, MAR 14	11AM – 5PM	Relational Gestalt Therapy II: The Intersubjective Perspective	TBA	
FRI, MAR 19	6:15 – 7:45 Experiential Lecture #1	Embodied relational themes	M’Lou	
	8:00 – 9:30 Practicum			
FRI, APR 09	6:15 – 7:45 Experiential Lecture #2	Embodied relational themes	M’Lou	
	8:00 – 9:30 Practicum			
FRI, APR 16	6:15 – 7:45 Experiential Lecture #3	Embodied relational themes	M’Lou	
	8:00 – 9:30 Practicum			
FRI, APR 30	5:00 – 6:15 <i>Final Paper Seminar 3</i>		Daniel	
	6:15 – 7:45 Demonstration 8:00 – 9:30 Practicum		Rick/Matthe w/M’Lou	
FRI, MAY 07	6:15 – 7:45 Community Meeting 8:00 – 9:30 Practicum	Closing Community Meeting	TBD	
FRI, MAY 14	11 AM – 5 PM	FACULTY MEETING (faculty only)		
TBA	TBA	SUMMER INTENSIVE		