

1ST ANNUAL - FUSTA WEST WEEKEND OF DANCE AND AGM

**Where: MacKinnon Dance Academy
2200 Outlet Center, Oxnard, CA 93036**

**When: November 14 & 15, 2015
Sat: 9am-4pm Dinner: 6pm-9pm
Sun: 9am - 1pm**

**Who: FUSTA West Dancers: Beginners - Premiers
Teachers
Parents**

**Price: \$20.00 per dancer
\$15.00 per parent
\$10.00 per FUSTA West teacher**

**Host Hotel: Grandstay Residential Suites
2211 E. Gonzales Road, Oxnard, CA 93036
(805) 983-6808**

(\$100.00 per night special rate if booked by 10/13/15)

Questions? Contact Kathy Eisel 626-963-6099 or kathyeisel@earthlink.net

Registration Form:

Please fill out and return to Kathy Eisel, with a check or money order made out to **FUSTA West**. Also, circle the sessions in which you plan to attend.

Dancer Name(s): _____ x \$20.00 each = \$ _____

E-mail: _____

Phone: _____

Dance Level: _____

Parent(s) _____ x \$15.00 each = \$ _____

FUSTA West Member: _____ x \$10.00 each = \$ _____

Mail to: Kathy Eisel, FUSTA West, 1140 E. Ada Ave. Glendora, CA 91741

*****Registration due by October 13, 2015*****

Planned Sessions*

Saturday Morning

- 9 – 10 FUSTA West AGM (Members)*
Dancer & Parent social time (Dancers/Parents)*
*Continental breakfast served
- 10 – 12 Jr Set Step Lecture (Premier Juniors)
- 10 - 11 Perfecting Highland Movements (Premier Seniors)
Warmups / Stretching / Strength conditioning (Pre-premiers)
- 11 – 12 Jig / Hornpipe Rhythms (Premier Seniors)
Pre-premier Highland (Pre-premiers)
Ballet movements for Highland (All levels)
- 12 - 1 Lunch

Saturday Afternoon

- 1 – 3 Sr Set Step Lecture (Premier Seniors)
- 1 - 2 Perfecting Highland Movements (Premier Juniors)
Perfecting Highland Movements (Pre-premiers)
Parents Forum (Parents)
- 2 – 3 Jig / Hornpipe Rhythms (Premier Juniors)
Ballet movements for Highland (All levels)
- 3 – 4 Basics of Choreography (All levels)
Scrutineering/ Computer and hand tally (Parents)
Cake Walk and other interesting dances (All levels)
- 6 – 9 Dinner and Ceilidh (catered at studio)

Sunday Morning

- 8:30-9 Continental Breakfast
- 9 – 10 Sr Premiership Set Steps – 2 dances (Premier Seniors)
Jr Premiership Set Steps – 2 dances (Premier Juniors)
Pre-premier Nationals (Pre-premiers)
- 10 – 11 Sr Premiership Set Steps – 2 dances (Premier Seniors)
Jr Premiership Set Steps – 2 dances (Premier Juniors)
World Champion Chat (Pre-premiers)
Basics of Choreography (All levels)
- 11 – 12 Group Choreography (All levels)
Teachers' Forum (Teachers)

*Sessions and times are subject to change