

# November/December 2017

## At a glance

### Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<b>12</b> Worship 11:15 Open Hearts Gong Bath 3 pm	<b>13</b> Meditation 7 pm AA 8 pm	<b>14</b> Cards 9:30 TOPS 6:30 LSC Council 7 pm	<b>15</b> Coffee Shop Office Hours U of R Taste of Skylight Planning 7 pm	<b>16</b> Craft/Study 1:30	<b>17</b>	<b>18</b> LBC Musical St. James UC 7pm
<b>19</b> Worship @ 10 am St. James United For LBC Musical	<b>20</b> Meditation 7 pm AA 8 pm	<b>21</b> Cards 9:30 TOPS 6:30 Faith Formation 7 pm	<b>22</b> Coffee Shop Office Hours U of R	<b>23</b> Craft/Study 1:30	<b>24</b> Film & Faith	<b>25</b> IMCF Breakfast 9 am
<b>26</b> Worship 11:15 Potluck	<b>27</b> Meditation 7 pm AA 8 pm	<b>28</b> Cards 9:30 TOPS 6:30	<b>29</b>	<b>30</b> Craft/Study 1:30	<b>1</b>	<b>2</b>
Russell Away – United-Anglican Dialogue						
<b>3</b> Worship 11:15 Communion	<b>4</b> Meditation 7 pm AA 8 pm	<b>5</b> Cards 9:30 TOPS 6:30	<b>6</b> Coffee Shop Office Hours Leadership Team 7 pm	<b>7</b> Cong Care 10 am Craft/Study 1:30 Family Dinner 6 pm Carol Singing & Nativity Nt 7 pm	<b>8</b>	<b>9</b> Women's Breakfast 8 am
<b>10</b> Worship 11:15 Open Hearts	<b>11</b> Stocking stuffers for RYC due Meditation 7 pm AA 8 pm	<b>12</b> Cards 9:30 TOPS 6:30	<b>13</b> Coffee Shop Office Hours	<b>14</b> Craft/Study 1:30	<b>15</b>	<b>16</b>

TOPS = Take Off Pounds Sensibly  
AA = Alcoholics Anonymous



## ANNOUNCEMENTS

November 12, 2017

306-761-0556 eastsideunited@sasktel.net  
Like us on facebook (Eastside United Church)  
Follow us on Twitter @Eastside\_united  
www.eastsideunited.ca



**Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.**

### Ministers:

Minister: Russell Mitchell-Walker  
Greeting: Laura Muxlow and Ruth Hannah  
Congregational Care Greeter: Sheri Nupdal  
Prayers: Janet Bjorndahl  
PowerPoint: Jacob and Brent Tkachuk  
Music: Michelle Dickie  
Last week's attendance: 61

Russell's e-mail address: [russell.eastside@sasktel.net](mailto:russell.eastside@sasktel.net)

### Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

### Russell's Office Hours:

Russell is in the office Tuesday through Thursday, working from home Friday.

**Coffee Shop Office Hours** Wednesdays from 2 to 4:30. Month of November at the Campion College Brewed Awakening!

**Scripture Reading:** Amos 1: 1-2; 5: 14-15, 21-24

### Songs –

*Who is My Mother?* MV #178 vs. 1, 3  
*Joyful, Joyful We Adore You* VU #232 vs 1, 2, 3  
*I Can Feel You Near Me God* MV #48  
*Let Justice Roll*  
*What Can I Do?* MV #191  
*Let There Be Light* VU #679  
*May God's Sheltering Wings* MV #214

**St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am** in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. If you need a ride call Rod 306-789-1388. Everyone is welcome.

**Eastside's Craft/Study Group** Thursdays at 1:30 pm in the Multipurpose Room and East Sanctuary! We are reading *Flipped* by Doug Pagitt. Join us as we share in discussion, handiwork and coffee time following. We have an extra copy of the book - let the office know if you are interested.

**LSC Meditation Group:** Join us on Monday, November 13 at 7 pm in the East Sanctuary. We'd love to have you join us whether you're new to meditation or an experienced practitioner. All are welcome, remember to wear comfortable clothing. For more info, please get in touch with Sheri Nupdal at [sherinupdal7@gmail.com](mailto:sherinupdal7@gmail.com).

### **THE NEW PARISH – Connecting with the neighbourhood**

As part of Russell's study and exploration through *Leadership in The New Parish*, he will be spending more time out and about in our neighbourhood. To enjoy this experience even more and engage more fully with area residents, he is offering a free **Dog Walking Service**. If you live in the vicinity of 3018 Doan Drive (University Park, Arcola East, Wascana, etc.) and have a pooch that would appreciate some exercise, please let Russell know. FYI, dog owners are welcome to go on these walks, too!

Also part of Russell's *New Parish* coursework, he is looking for two or three individuals interested in exploring a vision of our neighbourhood. Where do people tend to bump into each other? What are the assets in the area? Let Russell know if you would like to join him for **group mapping of our Arcola East Parish** - a one evening commitment.

**Do you have a group in the neighbourhood that you have coffee with regularly?** Russell would love to join you and have a visit with your group as part of his *New Parish* and sabbatical work. You can extend an invitation to Russell to join you between now and April.



**Jingle Bell Bazaar, Tea & Bake Sale:** at Whitmore Park United Church on Saturday, November 18 from 2-4pm. Baking, Turkey Pies, Preserves, Christmas Crafts, White Elephant: Admission is \$3 and includes teas, coffee or juice and dessert.

**Christmas Tea** Broadway United Church, 105 Broadway Avenue. Saturday, November 18, 2017 1 to 4pm. Bake Sale, White Elephant Table, Craft Tables, Tea, Coffee and Dessert \$3 at the door.

**Wesley's Annual Christmas Market with Children's Shopping Spree** November 25, 10 am - 2 pm at Wesley United Church, 3913 Hillsdale St. Tickets \$3. children under 10 free, available in advance from church office or at the door (Includes beverage and muffin).

**WESTMINSTER WORLD MARKET:** Saturday, November 25 from 10 am to 2 pm, Westminster will host approximately 30 tables where Newcomers to our city will sell their products of food and crafts. Our last market had 16 countries represented! Entry by donation goes to our Refugee Fund. Come and enjoy the flavours of the world! Pop up Ten Thousand Villages Sale next door at Holy Rosary Cathedral too!

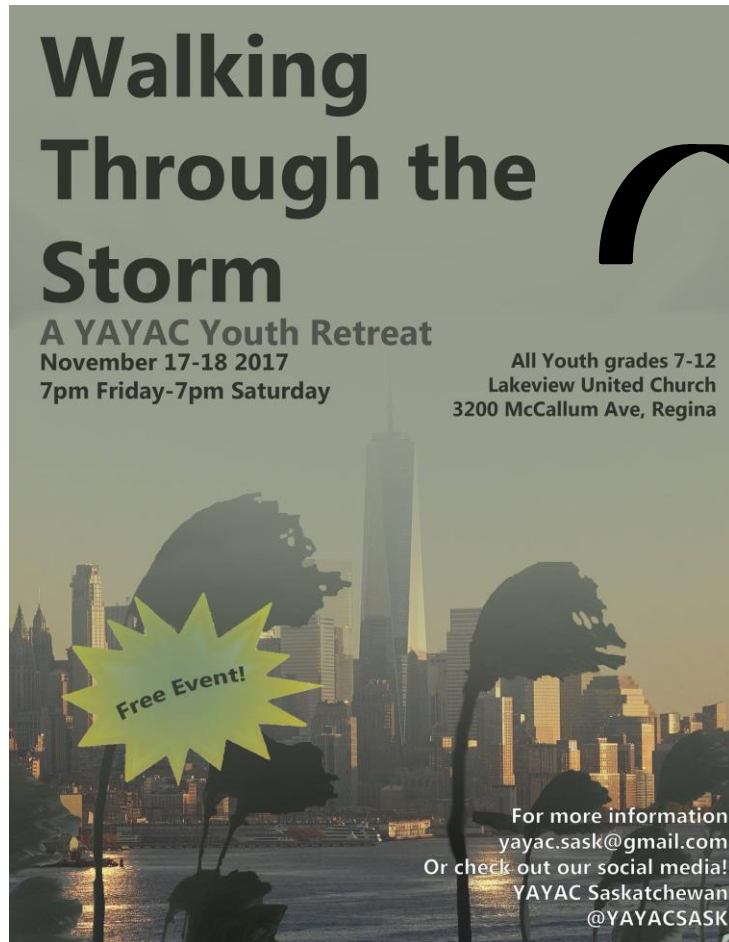
**Disaster relief:** Mission and Service is assisting with flood and hurricane relief in South Asia and the US. Please visit [www.united-church.ca/news/emergencies-home-and-around-globe](http://www.united-church.ca/news/emergencies-home-and-around-globe) to see how you can help. Our support makes a difference as millions confront the impact of global climate change.

**"War destroys all of us: we desperately appeal for peace on the Korean peninsula."** Connected to Catherine Christie's visit with us on October 15, the National Council of Churches in Korea (NCCCK) has released this collective call and urgent appeal to the international community for peace in Korea: <http://bit.ly/2yOgsfs>.

Our **Moderator Jordan Cantwell** has written to all MP's as they head back to their fall session after the summer break. She addresses our concerns regarding Reconciliation, Israel-Palestine, and refugees. See it here: <http://bit.ly/2i8oLJp>.

The **Regina MultiFaith Forum** sponsored a refugee family that arrived in Regina almost a year ago and is getting settled very nicely. Refugee committee members have very generously given of their time in seeing that the family's needs around language, transportation, and job seeking have been met but have determined that an extension of financial assistance to the family would be beneficial. The RMFF is therefore looking to raise an additional \$15K to extend support to their family. Please make cheques payable to The Archdiocese of Regina noted for RMFF Refugee Fund and send c/o Dwaine Dornan at 207-4451 Nicurity Dr. Regina, SK S4X 0E5. Tax receipts will be issued by the Archdiocese.

**Come join us for Sunday supper!** Post-secondary students are invited to an evening **meet greet eat** at Wesley United Church, Sunday, November 19 from 7 to 9 pm. If you know students at the University of Regina, First Nations University, or Sask Polytechnic, please let them know about this event. Check out the website [www.wesleyuc.sk.ca/](http://www.wesleyuc.sk.ca/) for details and to RSVP (by November 15). For more information, call Tina at 306-586-5220.

A poster for a youth retreat titled "Walking Through the Storm". The background is a city skyline at night with a large, dark, stormy cloud shape in the foreground. The text is in a bold, sans-serif font. A yellow starburst graphic with the words "Free Event!" is in the bottom left corner. A black arrow points from the poster towards the registration information on the right.

**Walking Through the Storm**  
A YAYAC Youth Retreat  
November 17-18 2017  
7pm Friday-7pm Saturday

All Youth grades 7-12  
Lakeview United Church  
3200 McCallum Ave, Regina

Free Event!

For more information  
[yayac.sask@gmail.com](mailto:yayac.sask@gmail.com)  
Or check out our social media!  
YAYAC Saskatchewan  
@YAYACSASK

Registration forms on Eastside bulletin board.

**You are invited to consider making a financial donation in support of the Christmas outreach party for the Women of the Dawn Counselling Centre.** This non-profit organization supports urban First Nations women in the pursuit of self-reliance and social and economic self-sufficiency. Donations can be mailed to: Women of the Dawn Counselling Centre, 3026 Dewdney Avenue, Regina, Saskatchewan S4P 0Y2. If you have any questions please call. Ivy Kennedy 306-522-1994 or 306-737-1456.



**LBC MUSICAL:** Mark your calendar for performances at St. James United Church on November 18 at 7 pm and Sunday Worship November 19 at 10 am. Tickets for November 18 performance are available after church or from the office. ***DON'T FORGET:***

**Eastside worship will be at St. James United Church (4506 Sherwood Drive) on November 19 at 10 am.**

***Taste of Skylight Info Session, Wednesday, November 15 at 7 pm:*** Skylight Festival of Arts, Spirituality, Faith and Justice is a national event started three years ago in Paris, Ontario. Russell is the program chair for the event. We are hosting a tri-parish, ecumenical event in the flavour of Skylight Festival ([www.skylightfestival.ca](http://www.skylightfestival.ca)) in early spring 2018, to enable local folk to experience the Festival. ***Join us at this Info Session to find out more about what this event might look like and how you can be involved.*** ***Attendance does not commit you to being on the planning team.***

***This Advent, we are again gathering stocking stuffers in support of Rainbow Youth Centre!*** As of the first week of December, the Christmas tree in the East Sanctuary will be decorated with candy canes. Each of these will be labelled with an item needed for Christmas stockings distributed by the Rainbow Youth Centre during their Christmas party – things like toothpaste, shampoo, socks, story books and colouring books for the kids. Choose a candy cane, purchase the item on the attached card, and return ***unwrapped items*** to the tree by **Sunday, December 10**. Thanks for your support!

**Did you know?** Russell will be on Sabbatical from January 1-April 2, 2018. The Faith Formation Committee has worked with Russell to line up a number of great guests to share their faith and experiences over this time – we will hear from other religions, youth, indigenous folk, and learn about oppression and privilege. We are grateful to Ken Powers and Hazel Arbon who have agreed to lead worship and offer pastoral care during this time. When not in Australia or at a conference, Russell will be focusing his sabbatical in the neighbourhood, making connections, listening, and seeing where God is at work. This is a fully paid sabbatical so if you wish to give a little extra, it will help with our extra costs each Sunday!





An Evening of  
**Carol  
Singing and  
Nativity**

Thurs Dec 7  
at 7 pm  
at the LSC

For more  
information, call  
306-761-0556.

Come get in the Christmas spirit!

## Do you have a special nativity scene with a story you'd like to share?

Join us for an evening of Christmas festivities on Thursday, December 7 from 7 to 8 pm for carol singing and goodies. We are also inviting Eastside members to share their Nativity scenes by putting them on display that evening. If there is a special story to your scene, please include that for the display.

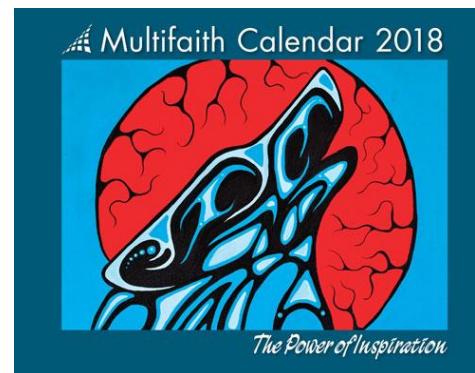
Nativity scenes may be dropped off at the church from December 3-6 in the Middle Office (between Russell's office and the main office) and picked up on Saturday, December 9 between 3 and 3:30 pm. Please contact Amanda Benesh, Greg Thomas, Taylor Balfour, or Leanne Sudom for more information.

## Christmas Turkeys!

Order your Christmas turkey through LBC this year and **everyone wins**. For \$100 you will receive an 8 kg (approx) turkey and charitable tax receipt for \$50. Turkeys can be picked up on Sunday, December 17 from 3 to 5 pm at Eastside United. Or for \$10 more an LBC volunteer will deliver your turkey to your doorstep. To place your order, email [info@lumsdenbeachcamp.com](mailto:info@lumsdenbeachcamp.com).



**Our December Potluck has been moved to Sunday, December 17 following worship.**  
**We look forward to sharing a meal and some Christmas spirit with you then!**



Are you interested in a **2018 Multifaith Calendar**? This year's theme is ***The Power of Inspiration***. The cost is \$20; you can leave payment on the offering plate (write "MultiFaith Calendar" on a visitor envelope with your name) or in the office. Suzanne will be in touch when calendars arrive. They make great gifts!

The new ***Gifts with Vision*** catalogue is ready to help you make a difference in the world – with no excessive packaging and no exchanges! Please look for your copy on the shelves in the narthex or the magazine rack in the administration entrance. You can also visit [giftswithvision.ca](http://giftswithvision.ca) to select gifts online and read inspiring stories of how your generosity has already changed lives.