

Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:45 a	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:45 a - 9:45 a	Roundtable-PSG Rochelle RM: 1 PRE- GED Rebecca Laundry Off-Site 9-11:30am Rick	Roundtable-PSG Teresa RM: 1 PRE- GED Rebecca Early Risers EOH 8:15-9:45a FrankyJune RM: EOH Seeds Of Recovery Darrin Garden	Roundtable-PSG Rick RM: 1 PRE- GED Rebecca	Roundtable-PSG Dan RM: 1 Early Risers EOH 8:15-9:45a FrankyJune RM: EOH Seeds Of Recovery Darrin Garden	Roundtable-PSG Deb L. RM: 7B Adv. Recovery Principles Rochelle RM:1	Roundtable PSG Dan RM: 1 Early Risers EOH Teresa RM: EOH
10:00 a - 11:30 a	WRAP John RM: 7E 9:30 – 2:30 Peer Support Training or Peer Enrichment Program closed Deb L.- RM: 7B Expressions of Hope FrankyJune RM: EOH PRE-GED Rebecca GED RM Out N About Activity Alishia/Carolea Relapse Prevention Renee RM:1	WRAP John RM: 7E 9:30 – 2:30 Peer Support Training or Peer Enrichment Program closed Deb L.- RM: 7B PRE- GED Rebecca GED RM Expressions of Hope FrankyJune RM: EOH Anger Management Terrance RM: 7A Off Site 12 Step Meeting 11:00- 1:30 Rick WHAM Dan RM: Res. Lab Out N About Alishia/Carolea	Journey of Hope Rick Rm: Res. Lab Relapse Prevention Renee RM: 7B Your Wise Mind John RM: 7E Expressions of Hope FrankyJune RM: EOH PRE-GED Rebecca GED RM Women's Boundaries Teresa RM: 7A Men's Health and Wellness Dan RM: 1	WRAP John RM: 7E Anger Management Terrance RM: 7A 9:30 – 2:30 Peer Support Training or Peer Enrichment Program closed Deb L.- RM: 7B Expressions of Hope FrankyJune RM: EOH PRE-GED Rebecca GED RM WHAM Dan: RM: Res. Lab Out N About Alishia/Carolea	Recovery Goals Debi W. RM: 7B PRE-GED Rebecca GED Room Alternative Realities John RM: 7E Expressions of Hope FrankyJune RM: EOH Good Grief Teresa RM: 7A Smoking Cessation Renee RM:1 WHAM Dan RM: Res. Lab Out N About Alishia/Carolea	Art Studio Teresa RM: EOH Recreation Room Open Recovery Talk PSG Rick RM: 7A
11:45 a	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 p	Roundtable Susan RM: 1 All Participant Education Deb W RM: 7A Open Computer Lab/GED Tutoring Rebecca LGBTQ Rick RM: 7E	Roundtable Deb W RM: 1 All Participant Education John RM: 7A Open Computer Lab Rebecca Art Studio/Sew What 1:00- 3:00pm FrankyJune RM: EOH Substance Abuse Support 1:45-2:45pm Rochelle Rm:7E	1 st Wed month, CHEEERS closes at 1pm 2 nd Wed/ mo PARTICIPANT MEETING Rebecca- RM: 7B 3 rd Wed/mo. All Participant Education Rebecca RM: 7A 4 th Wed/mo . ADVISORY COUNCIL Rebecca RM: 7A 5 th Wed/Mo(if applies) All Participant Education Rebecca RM: 7A Computer Tutor Teresa Rm: GED Lab Mobility- Getting Around Town Dan Art Studio/Sew What 1:00- 3:00pm FrankyJune RM: EOH	All Participant Education John RM: 7A Opioid Education Robert 1:00-2:30PM RM: 1 Open Computer Lab Teresa Art Studio/Sew What FrankyJune RM: EOH 1:00-3:00pm Connections Group 1:00-2:00p Jennifer Rm:7E GET FIT! Rebecca GYM	Roundtable Terrance RM: 1 All Participant Education Rochelle RM: 7A Computer Tutor Rebecca GED Lab Jewelry Techniques FrankyJune RM: EOH 1- 3pm (SNACK INCLUDED)	All Participant Education Spirituality Terrance Recreation Room Open Art Studio Rick RM: EOH Open Computer Lab Open Teresa
2:30 p 2:45 p	Optional SNACK Recreation Rm Open	Optional SNACK Let's Dish Jimmy-Kitchen/Rm:2 GET FIT! Rebecca GYM 2:45p - 3:45p	Optional SNACK Roller Coaster Teresa RM: 1 Recreation Rm Open Recovery Support Terrance Rm: 7A	Optional SNACK Karaoke Music/Dance Games PSG Renee RM: Dining Let's Dish Kitchen Susan RM: 2	Optional SNACK Karaoke Music/ Dance Games PSG Terrance RM: Dining Let's Dish Kitchen Susan RM: 2	
3:00 p – Close	Wrap Up ALL STAFF	Karaoke Music Scheduled PSG Susan RM: Dining Open Computer Lab Rick 3-4pm	Wrap Up ALL STAFF	3:35pm - 4:30 pm Recovery 1 st Ambassadors Teresa RM:7B Open Computer Lab Rebecca 3-5pm	GET FIT! Rebecca GYM 3-4p Open Computer Lab Teresa 3-4pm	Wrap UP ALL STAFF
4:00 p	Center Closes	5pm Dinner	Center Closes	4:30 pm Gratitude Lists-Renee 5pm Dinner	4:30 pm Gratitude Lists-Dan 5pm Dinner	Center Closes

Hours of Operation:
Mon., Wed., Sat. 7:30 am- 4pm
Tues., Thur., Fri.
7:30am – 7:00pm



602-246-7607 1950 W. Heatherbrae Dr. Suite 5 Phoenix AZ 85015

6:15 pm Wrap Up
7 pm Center Closes

Effective: 01/08/2019