



Chantarelle Gazette

Chantarelle Homeowners' Association Newsletter

MAY 2024 – Issue 35.5

“THE SAME AGE HER ENTIRE LIFE . . .”



I once asked an elderly woman what it was like to be old and to know that the majority of her life was now behind her.

She told me that she has been the same age her entire life. She said the voice inside her head had never aged. She has always just been the same girl. Her mother's daughter. She had always wondered when she would grow up and be an old woman.

She mentioned she observed her body age and her faculties dull, yet the essence of who she is inside remained unfazed. She didn't age. She remained unchanged.

Remember, our spirits are eternal. Our souls are forever. The next time you encounter an elderly person, look at them and know they are still a child, just as you are still a child, and children will always need love, attention, and purpose.

--Author Unknown

PRESIDENT'S REMARKS

I was pleased to see such a nice turn out for our HOA meeting in April to discuss landscape tree work in our community. We were able to lay out a plan for tree pruning for the next two years, plus other work that needs to be done. During our meeting two items came up that needed to be moved to the May meeting. This is so we make sure that everyone gets informed about these individual issues and they can then be added to the agenda for May. There will be discussion and then hopefully a decision will be made.

The first item is the use of Roundup for weed abatement. Several members of our community would like to see our use of Roundup eliminated by our landscape contractor. Over the years, there has been environmental talk from professionals concerning the use of this product as it contains a questionable carcinogen.

The other item that came up concerned trees and who is responsible when tree roots cause damage to walkways, driveways and water lines. In addition to the damage question, some homeowners have requested the ability to pay (themselves) for the replacement of trees in their front yard. Decisions on these matters could have impacts to HOA finances.

All of this will be included on the agenda for our regular meeting on May 28th.

--Steve Rogers

TREASURER'S REPORT AS OF MARCH 31

There were no reserve expenses in March, and the amount in the reserve fund was still in good shape at \$540,103.50. Operating expenses for the first three months of the year were still all under budget and really not significant at this time of the year. In total, expenses were under budget by about \$14,822. Our operating cash

stands at about \$42,022. Subtracting the current liabilities leaves us with ready cash of about \$20,609, still a decent amount at this time of the year. The new delinquency report shows quite a few delinquent homeowners. However, I believe we're still dealing with confusion and missed payments due to the change in banks in January. However, there are two delinquencies that are over \$1,000, and Strong Management is in contact with both homeowners.

--Ron Yamato

LANDSCAPE COMMITTEE REPORT

Big Day For Landscaping



On April 16 we had a special Chantarelle meeting to discuss landscaping, trees, policies and procedures. It was a lively discussion. I presented a tree trimming plan that was unanimously agreed to by the Board. This is a

two-year plan. During the week of April 22, our arborist Jeff Lester with his crew pruned 15 Ornamental Pear Trees at these homes -

S. Temelec Circle - homes 104, 238, 254, 260 and 266.

St. James - homes 110, 114, 126, 130, 174, 178, 182, 186 and 190.

221 S. Temelec Circle will also be pruned. There was a water break in the yard and pruning the tree will help it do better after excess water in the yard.

On **January 9, 2025** Jeff Lester is back for Ornamental Pear the sequel. The following homes will have their Ornamental Pear tree pruned.

St. Patrick Court - homes 11, 12, 17, 18, 23, 24 and 29.

St. Matthew Court - homes 15, 16, 22, 28, 29, 34

S. Temelec Circle - homes 153 and 161.

New planting

I met with Waldron in April about a plan for new planting in front of the clubhouse. More to come.

Other issues that were discussed.

Tree roots in your lawn that are lifting the sidewalk, driveway etc. Steve Rogers said it is possible to get the offending root cut and to put in something to prevent it from growing back. We also discussed rodents digging in the front lawns to see if it can be mitigated. Next month's HOA should have more details on this topic.

There was so much discussion it was decided to continue it at next month's HOA meeting. Some things may require some research including who owns the tree in your front yard and who pays if it causes damage, just two examples of items discussed in April. Please come to the May HOA meeting to hear more about landscaping and bring your questions.

As I am writing this, it is the most beautiful spring day, I hope you too are outside on your patio enjoying the birds and flowers in your yard. Til next month, thank you for making Chantarelle green! Thank you to Ron and Debbie Yamato for all their ideas on pruning.

--Tom Flinn

415-621-7572 thomasflinn@gmail.com

CHANTARELLE SOCIAL NEWS

Our next First Friday Event is coming on May 3rd beginning at 5:30 p.m. in the Clubhouse and will be the Celebration of Cinco de Mayo! This celebration is officially on Sunday May 5th; however we will get the party started a few days early!

Steve has once again offered to make margaritas for us, so don't be too late coming or you may miss out. To keep in the festive spirit of the evening I would like to also encourage you to bring your favorite Mexican appetizer to share. If you are really

adventurous, you can even go online and try making one of the many Cinco de Mayo dessert recipes! (This isn't a "must do" foodie event, just a suggestion.) You may also wish to still bring your own favorite beverage, and that's just fine!

Hope to see you there!

--Lois Rogers, Social Chair

OUR NEW CHANTARELLE NEIGHBORS

No new neighbors this month.

--Russelle Johnson - 707-935-8658

rxrjohnson@yahoo.com

--Peggy Owens - 707-343-7087

powens2@juno.com

--Shelley Lawrence - 951-202-0459

pashelaw@gmail.com

--Debby Bonamassa - 315-725-8047

debbonamassa@yahoo.com

SUNSHINE COMMITTEE

The committee is going strong. Thanks to everyone for letting us know who has been ill and had surgery.

--Jackie O'Neill - 707-292-0261

BOOK CLUB NEWS

I am going to be hosting the book club Tuesday, May 21, 2024. The book I have chosen was written by Sue Grafton and is the first book in her Alphabet Murder Mystery Series. The book is titled, "A" is for Alibi. The series was started in 1982 but I hope that it is still as enjoyable for all readers in 2024 as it was when I first read it way back when.

If you are interested in joining us, please call or text Marybeth (940-290-4757) or Barbara (415-377-8712)

--Terri Barnett

CLUBHOUSE NOTES

All Chantarelle HOA members are welcome to join in fun activities with your neighbors. If you have an interest in joining a Clubhouse activity, please contact the club coordinators for the groups with scheduled activities:

Water Aerobics/Flex Exercise

Peggy Owens - 707-343-7087

Bunco Babes

Russelle Johnson - 707-935-8658

Mexican Train Dominoes

Peggy Owens - 707-343-7087

Art Club

Mike Hashii - 415-686-5512

Poker Night

Ron Yamato - 415-305-1400

Book Club

Marybeth Jacobsen - 949-290-4757

Barbara White - 415-377-8712.

The days and times for those groups with scheduled activities are located on the calendar at the back of this newsletter.

If you are interested in knowing more about starting a new club activity or renting the Clubhouse facility for your next family and friends event, please contact Linda Jackson 415-987-0021 for more details.

--Linda Jackson

RETAIL THERAPY

I've always loved to shop. It started when I was a little girl. My mom and I made a ritual out of shopping for new school clothes. I would get so excited in anticipation of what outfits and shoes my mom would get me. Our store of choice was A&S (Abraham & Strauss) in downtown Brooklyn. After shopping, Mom and I would eat in the A&S restaurant where I always ordered a cream cheese sandwich on date nut bread with a cup of tea. I felt so grown up!

Shopping has always been great fun for me. During the pandemic, though, it changed. It's not as exciting as it used to be. I rarely go into a retail store now. I shop online and wait until things go on sale. I miss the window displays and in-store merchandising. Shopping patterns have certainly changed and that's why legendary stores like Macy's are closing.

Now I go “thrifting” with my friends. I have found some wonderful home décor items at Plain Jane’s and at the 8th Street Antique Mall. You just never know what you’re going to find. I’m a bargain shopper too. If there’s a discount to be had I’m going to take full advantage of it. When I worked for Dole & Bumble Bee in their Advertising and Sales department, I was in charge of sales promotions which included couponing. I used to check the Sunday paper and clip grocery coupons, then forget to bring them with me when I went shopping. Oh well...

As a community of 55+ we have “Senior Discounts” available to us. We all know about Sonoma Market’s Senior Day on Tuesdays. You just have to say you’re a senior and they give you 10% off. Recently, it kind of irked me when the cashier automatically gave me the discount before my telling her. Hmm!

In the monthly AARP magazine several discounts are listed that we can all take advantage of. Discounts available include travel - hotels, rental cars and popular attractions - restaurants, retail stores and a lot more. Take a look at the AARP website and see if any of your favorites retailers or restaurants are listed. Not a member? AARP is having a 25% discount on new memberships. Check it out! www.aarp.org/evenmore

--Valerie Camarda

BOARD OF DIRECTORS

Steve Rogers, President
707-771-9290

Susan Carlisle, Vice-President
415-302-8935

Ron Yamato, Treasurer
415-305-1400

Cindy Adamson, Secretary
707-931-8832

Pat Chace, Director
707-935-7301

MANAGEMENT COMPANY

Strong Property Management
PO Box 1368, Sonoma, 95476

Paul Strong 707-933-9151

Email: paul@strongmgt.com

24 hour Emergency Number:

1-800-359-2362

CHANTARELLE GAZETTE STAFF

Editor - Valerie Camarda

Proofreader – Linda Jackson

Art Director – Tom McKean



ART CLUB – APRIL EXHIBITS AND MAY EXHIBIT' THEME

Clubhouse Exhibit in April -

Koi, Moorea (Yachts in the Channel Between Moore & Papeete), Laura's Calla Lily (This elegant bloom is loved by my daughter-in-law), Sasanqua Camellia and April Shower.



Home Window Exhibits in April –

Flock together, The Rose whisper, Azalea smile and Untitled.



Next month's Exhibitions Theme will be "Pets, Plants, and Portrait"

Anybody who is thinking about showing art in a future exhibition, please send me an email at mhashii@gmail.com

–Mike Hashii

SAFETY AND WELFARE

From VistaGardensMemoryCare.com, some great tips for spring and summer:

1. Get Moving with Outdoor Activities

The warmer weather and longer days provide the perfect opportunity to get outside and get moving. Take a daily walk around your neighborhood or local park, try gardening or join a local senior exercise class. Not only will you get some much-needed physical activity, but spending time outdoors can also boost your mood and mental health.

2. Stay Hydrated

As temperatures rise, it's important to stay hydrated. Seniors are at a higher risk of dehydration, so make sure to drink plenty of water throughout the day. If you're not a fan of plain water, try adding some fruit or herbal tea for added flavor.

3. Keep Your Skin Protected

While it's important to get some sunlight for vitamin D, it's equally important to protect your skin from the sun's harmful rays. Wear sunscreen with at least SPF 30 and protective clothing, such as a hat and long-sleeved shirt, when spending time outdoors.

4. Spring Clean Your Living Space

Spring cleaning isn't just good for your living space, it's good for your health too. Get rid of clutter and dust, which can worsen allergies and respiratory issues. Cleaning your living space can also improve your mental health and provide a sense of accomplishment.

5. Stay Connected with Loved Ones

Spring is a great time to reconnect with family and friends. Whether it's a phone call, video chat, or in-person visit, staying connected can improve your mood and overall well-being.

6. Incorporate Healthy Eating Habits

Now is the perfect time to incorporate more fresh fruits and vegetables into your diet. Look for local farmers markets or start a small garden to grow your own produce. Eating a healthy, balanced diet can improve energy levels, boost immunity and lower the risk of chronic diseases.

7. Prioritize Sleep

Getting enough sleep is crucial for overall health and well-being. Make sure to establish a regular sleep routine and create a comfortable sleeping environment. If you're having trouble sleeping, talk to your doctor about possible solutions.

8. Stay Up to Date on Health Screenings and Vaccinations

Spring is a good time to schedule any necessary health screenings or vaccinations. This can include an annual physical, vision, and hearing tests, and vaccinations for the flu and pneumonia.

9. Stay Active Mentally

Keeping your mind active is just as important as staying physically active. Try reading a new book, playing brain games or taking a class to learn a new skill.

10. Practice Mindfulness and Relaxation

Spring can be a busy and stressful time, so it's important to take time to relax and practice mindfulness. This can include meditation, yoga, deep breathing or simply spending time in nature.

11. Take Advantage of Senior Discounts and Activities

Many businesses and organizations offer special discounts and activities for seniors during the spring season. Take advantage of these opportunities to save money and engage in fun activities. (See Valerie's article on Retail Shopping.)

12. Plan Safe and Enjoyable Travel

Spring is a popular time for travel, but seniors should take extra precautions to ensure their safety and comfort. Consider traveling with a companion, packing any necessary medication and documents, and researching accommodations that cater to senior needs.

13. Check Your Medications

Now is a good time to check your medications and ensure that they are still effective and necessary. If you have any concerns or questions, talk to your doctor or pharmacist.

14. Embrace Nature

Spring is the perfect time to embrace nature and all it has to offer. Take a nature walk, go birdwatching, or simply sit outside and enjoy the beauty of the season.

15. Volunteer or Give Back

Volunteering or giving back to the community can be a fulfilling and rewarding experience for seniors. Consider volunteering at a local charity, organizing a community event, or simply helping out a neighbor in need.

May celebrations:

Mother's Day is May 12th

Memorial Day will be observed this year on Monday, May 27th

Take a moment to remember and honor our fallen veterans.

--Peggy Owens, Coordinator

SAFETY/WELFARE Committee

powens2@juno.com

POOL OPENS MAY 6

If you are at the Clubhouse/pool and have children who are minors using the bathroom, please supervise them so that the bathroom remains clean.

CHANTARELLE WEEKLY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
Pool Aerobics 11:30		Pool Aerobics 11:30		Pool Aerobics 11:30

MAY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3 First Friday 5:30	4
5	6 Pool Opens	7 Bunco 1:00-4:00	8	9	10	11
12 MOTHERS DAY	13	14 No Mexican Train Dominoes	15 No Poker	16	17	18
19	20	21 Book Club 4:00-5:30	22	23 Art Club 1:00-3:30	24	25
26	27 MEMORIAL DAY	28 Board Meeting 2:00 No Mexican Train Dominoes	29	30	31	

Waldron Landscaping is now here on Monday 8:00-4:00 and Tuesday 8:00-4:00.
Garbage, recycling & garden trash pickup is on Monday.