

**Coaching & Positive Psychology I****20 hours**

**Objective:** Coaching & Positive Psychology I introduce the student to the theories, concepts and practice of positive psychology. Given that most of psychology seems to study the abnormal and the pathological aspects of human behavior this describes how psychological health can be promoted, encouraged and emphasized in ones practice. Thi test covers Parts 1 through 5 of the text.

**Text:** Positive Psychology In Practice. P. Alex Linley & Stephen Joseph (ed.) ISBN: 0471459062.

**Coaching & Positive Psychology II****20 hours**

**Objective:** Coaching & Positive Psychology II introduce the student to the theories, concepts and practice of positive psychology. Given that most of psychology seems to study the abnormal and the pathological aspects of human behavior this describes how psychological health can be promoted, encouraged and emphasized in ones practice. This test covers Parts 6 through 9 of the text.

**Text:** Positive Psychology In Practice. P. Alex Linley & Stephen Joseph (ed.) ISBN: 0471459062.

**Coaching & Positive Psychology III****14 hours**

**Objective:** Coaching & Positive Psychology III introduce the student to the theories, concepts and practice of positive psychology. Given that most of psychology seems to study the abnormal and the pathological aspects of human behavior this describes how psychological health can be promoted, encouraged and emphasized in ones practice. This test covers Parts 10 through 13 of the text.

**Text:** Positive Psychology In Practice. P. Alex Linley & Stephen Joseph (ed.) ISBN: 0471459062.

**Assessment In Positive Psychology I****14 hours**

**Objective:** Assessment In Positive Psychology I introduces the student to the models, assessment tools, techniques and testing instruments of positive psychology. The various perspectives provided in this series of courses helps the student to look at clients from the perspective of strengths rather than one of pathology, weaknesses and needs. This test covers Parts I and II of the text.

**Text:** Positive Psychology Assessment: A Handbook of Models and Measures. Shane L. Lopez & C. R. Snyder (ed.) ISBN: 1557989885.

**Assessment In Positive Psychology II****14 hours**

**Objective:** Assessment In Positive Psychology II introduces the student to the models, assessment tools, techniques and testing instruments of positive psychology. The various perspectives provided in this series of courses helps the student to look at clients from the perspective of strengths rather than one of pathology, weaknesses and needs. This test covers Parts III and IV of the text.

**Text:** Positive Psychology Assessment: A Handbook of Models and Measures. Shane L. Lopez & C. R. Snyder (ed.) ISBN: 1557989885.

**Assessment In Positive Psychology III****12 hours**

**Objective:** Assessment In Positive Psychology III introduces the student to the models, assessment tools, techniques and testing instruments of positive psychology. The various perspectives provided in this series of courses helps the student to look at clients from the perspective of strengths rather than one of pathology, weaknesses and needs. This test covers Parts V and VII of the text.

**Text:** Positive Psychology Assessment: A Handbook of Models and Measures. Shane L. Lopez & C. R. Snyder (ed.) ISBN: 1557989885.