

River Falls Gymnastics Club Fall 2 Session Schedule

November 2, 2015- January 24, 2016 (9 weeks)

No Classes: 11/23-11/29 and 12/21-1/3

| River Falls Gymnastics Club Gym (RFGC Gym N8234 945 th St.) | | | | | | | | | | |
|---|------------------|-------------------|------------------|------------------|--|--|------------------|--------------|--|--|
| Class Classes meet once per week | Mon | Tue | Wed | Thurs | Fri | Sat | Sun | Fee | | |
| Koalas (30min) 18 months-2 years old Parent/Child Class | 6:10PM | 10:00AM | | 9:50AM | 10:20AM | | 4:20PM | \$72 | | |
| Monkeys (45 min) 3-4 year olds | 4:30PM | 10:35AM 5:20PM | 6:10PM | 9:00AM 5:20PM | 9:30AM | 9:00AM | 3:30PM | \$93 | | |
| Monkeys 4+ (45 min) 4-5 year olds | | 4:30PM | 4:30PM | 6:10PM | | | | \$93 | | |
| Boys Only (45 min) Boys 4-6 years old | | 5:20PM | | | | | | \$93 | | |
| Tigers (45 min) 5-6 year olds | 5:20PM | 6:10PM | 5:20PM | 4:30PM 5:20PM | | 9:55AM | 4:55PM | \$93 | | |
| Boys Tumbling & Trampoline (55 min) Boys 7-10 years old | | | | 7:15PM | | | | \$101 | | |
| Boys Intermediate (55 min) Boys 6-10 years old Completed at least one session of Boys Tumbling/Trampoline | | | | 4:35PM | | | | \$101 | | |
| Beginner 1 (55 min) Beginners 7 years & up or advanced from Tigers | 5:00PM 6:00PM | 4:30PM 5:30PM | 4:30PM | 4:30PM 5:30PM | | 10:45AM | 4:35PM 5:45PM | \$101 | | |
| Beginner 1 9+ (55min) Beginners 9 years & up | | | 7:00PM | | | | | \$101 | | |
| Beginner 2 (75 min) Advanced from Beg.1 | 4:30PM 5:55PM | 4:45PM 6:30PM | 4:45PM | 6:30PM | | | 4:55PM 5:30PM | \$109 | | |
| Beginner 3 (75 min) Advanced from Beg.2 | 6:45PM | 6:05PM | | 6:00PM | | | | \$109 | | |
| Intermediate 1 (90 min) Advanced from Beg. 3 | | 6:05PM | 5:30PM | 4:25PM | | | 5:35PM | \$130 | | |
| Intermediate 2 (90 min) Advanced from Int.1 | | 4:30PM | 4:30PM 6:10PM | 5:35PM | 4:30PM Add on class (attend twice/week) \$63 | | 3:00PM 4:00PM | \$130 | | |
| Intermediate 3 (2 hrs) Invitation Only | | 5:30PM | 6:05PM | | | 9:50AM Add on class (attend twice/week) \$69 | | \$141 | | |
| Training Team (2hrs twice per week, invite only) Payment Agreement Required | 6:15PM | | | 6:15PM | | | | \$216 | | |

| Meyer Middle School Gym (MMS Gym 230 N 9th St.) TEAM will follow schedule provided by their coach. | | | | | | | | | |
|---|--------|--------|--------|--------|--|--|--|----------------------------------|--|
| Team (2.5 hrs twice per week, invite only) | 6:15PM | | | 6:15PM | | | | Payment Agreement Required | |
| Team Optional Practice (2 hrs once per week. Class not required. Class meets 8xs) | | 6:15PM | | | | | | \$109 | |
| Intermediate 3 Rec (2 hrs once per week. Non- competitive route. Must have completed 2 Sessions of Int. 3) | | | 6:15PM | | | | | \$141 | |

Priority Registration Opens October 23rd
Registration Opens to the Public October 26th