

Breakfast

	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
7/29	Cold Cereal Juice Milk	Large Bagel Cream Cheese Pineapple Milk	Breakfast Pizza Apple Milk	Maple Waffles Pears Milk	Breakfast Burritos Apple Slices Milk
7/8, 8/5	Blueberry Muffins Juice Milk	Biscuits W/ Country Gravy Peaches Milk	Boiled Eggs WW Bread Fresh Orange Milk	Hot Oatmeal W/Brown Sugar WW Bread Banana Milk	Cheese Omelet Tortilla Mandarin Oranges Milk
7/15	Cold Cereal Juice Milk	Cheese Omelet WW Bread Peaches Milk	Breakfast Burritos Cinnamon Apple Slices Milk	Breakfast Combo Tortilla Pineapple Milk	Pancakes Pears Milk
7/22	Banana Bread Yogurt Juice Milk	Sausage W/ Tortilla Applesauce Milk	Breakfast Pizza Apricots Milk	Cream Of Wheat WW Bread Banana Milk	Pancake Wrap Apple Milk

Lunch

	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
7/29	Bean & Cheese Burrito Veg.-French Fries Fruit-Peaches Grain-Included in Entree Picante Sauce Milk	Pizza Veg.-Broccoli Fruit-Fresh Fruit Grain-Included in Entree Ranch Dressing Milk	Ham and Cheese Sandwich Veg.-Carrot Sticks Fruit-SideKick Grain-Included in Entree Milk	Soft Beef Taco Veg.-Pinto Beans Fruit-Honeydew Grain-WW Tortilla Cheese Picante Sauce Milk	Turkey and Cheese Wrap Veg.- Celery Sticks Fruit-Orange Grain-WW Tortilla Milk
7/8 8/5	Chicken Nuggets Veg.-Broccoli Fruit-Orange Grain-Breadstick BBQ Sauce Milk	Frito Pie Veg.-Mexicali Corn Fruit-Mixed Fruit Grain-WW Tortilla Cheese Milk	Pizza Veg.-Carrot Sticks Fruit- SideKick Grain-Included in Entrée Ranch Milk	Chicken Fajitas Veg.-Pinto Beans Fruit-Peaches Grain-WW Tortilla Cheese Picante Sauce Milk	Peanut butter and Jelly Sandwich Veg.-Celery sticks Fruit-Apple Grain-WW Bread Milk
7/15	Cheese Sticks w/ Marinara Veg.- Carrots Fruit-Pineapple Grain-Included in Entrée Milk	Salisbury Steak Veg.-Whip Potatoes Fruit-Fresh Fruit Grain-WW Roll Brown Gravy Milk	Chicken Pattie On a Bun Veg.-Baked Beans Fruit-SideKick Grain-Sun Chips Milk	Pizza Veg.-Carrots Fruit-Honeydew Grain-Included in Entree Ranch Dressing Milk	Turkey and Cheese Sandwich Veg.-Broccoli Fruit- Apple Grain-Included in Entree Milk
7/22	Macaroni & Cheese Veg.-French Fries Fruit-Apple Grain-Breadstick Ketchup Milk	Cheeseburger Veg.-Baked Beans Fruit-Peaches Grain-WW Hamburger Bun Mustard, Ketchup, Pickles Milk	Peanut butter and Jelly Sandwich Veg.-Baby Carrots Fruit-SideKick Grain-WW Bread Ranch Milk	Bow Tie Lasagna Veg.-Mixed Vegetables Fruit-Mixed Fruit Grain-Garlic Breadstick Milk	Ham and Cheese Sandwich Veg.-Fresh Broccoli Fruit-Orange Grain-WW Bun Milk

Snack

	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
7/1 7/29	Chex Mix Milk	Orange Wedges Milk	Goldfish Crackers Milk	Peaches Milk	Honey Graham Crackers W/ Jelly Juice
7/8 8/5	Applesauce Milk	Apricots Milk	Cheese Its Milk	Fresh Apple Slices Milk	Strawberry Chex Mix Juice
7/15	Celery Sticks Ranch Milk	Orange Wedges Milk	Zucchini Bread Milk	Animal Crackers Milk	Muffin Juice
7/22	Goldfish Crackers Milk	Mixed Fruit Milk	Applesauce Milk	Strawberry Chex Mix Milk	Goldfish Crackers Juice



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Canteen of Central New Mexico

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