

Legacy American Martial Arts

Hybrid Schedule

651-343-2320

Email: legacyama@gmail.com

Schedule starts September 1st, 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			In studio		In studio
			2:00-2:45pm Tai Chi		9:15-10:00am Tai Chi
	Zoom & In Studio Hybrid Learning 4:15-4:45pm Taekwondo Junior Beginners	Zoom & In Studio Hybrid Learning	4:15-4:45pm Taekwondo Junior Beginners		10:15-10:40am Karate Kubs
In Studio 4:40-5:10pm Taekwondo Junior Advanced	4:55-5:20 Green & Blue Belts	4:40-5:10pm Taekwondo Junior Advanced	4:55-5:20 Green & Blue Belts		10:50am-11:20am Taekwondo Black Belts
5:20-5:45pm Karate Kubs	5:30-5:55 Junior Leadership Year 1	5:20-5:45pm Karate Kubs	5:30-5:55 Red & BB Candidates		11:30-12:00pm Brazilian Jiu Jitsu Family
5:55-6:20 White & Yellow Belts	6:00-6:25 Red & BB Candidates	5:55-6:20 White & Yellow Belts	6:05-6:30 1st Degrees		
Zoom & In Studio Hybrid Learning	6:35-7:00 1st Degrees	6:30-7:15pm Tai Chi	6:40-7:05 2nd Degree+		
6:30-7:00pm Brazilian Jiu Jitsu Family	7:10-7:35 2nd Degree+	7:30-8:15pm Brazilian Jiu Jitsu Teens & Adults	7:10-7:35pm Year 2+ Junior & Adult Leadership		
7:10-7:40pm Brazilian Jiu Jitsu Family	TKD Teens & Adults 7:45-8:30pm		TKD Teens & Adults 7:45-8:30pm		

MONDAY

Jr. Green-Red	4:40
Karate Kubs	5:20
White & Yellow Belts	5:55
Family Brazilian Jiu-Jitsu	6:30
Family Brazilian Jiu-Jitsu	7:10

TUESDAY

Jr. White-Yellow	4:15
Green & Blue Belts	4:55
Jr. Leadership - Year 1	5:30
Red & Candidate Belts	6:00
1st Degrees	6:35
2nd Degrees & Up	7:10
TKD Teen & Adult	7:45

WEDNESDAY



Jr. Green-Red	4:40
Karate Kubs	5:20
White & Yellow Belts	5:55
Tai Chi	6:30
Adult Brazilian Jiu Jitsu	7:30

THURSDAY

Tai Chi	2:00
Jr. White-Yellow	4:15
Green & Blue Belts	4:55
Red & Candidate Belts	5:30
1st Degrees	6:05
2nd Degrees & Up	6:40
Leadership - Year 2 Jr & Adult	7:10
TKD Teen & Adult	7:45

SATURDAY

Tai Chi	9:15
Karate Kubs	10:15
TKD Black Belts	10:50
Family Brazilian Jiu-Jitsu	11:30

 = Zoom and In-Person
 = In-Person

*Students should be in uniform with all necessary equipment for their class 5 minutes before.

Parents must pick up their student immediately after class end.

*Spectators must avoid talking too loudly, as this will disturb the students in class.

*Only students and instructors are to be on the training floor. Parents and siblings must be given permission before stepping onto the training floor.

*Parents/Siblings who need to cross the training floor should walk along the back wall to cross.

Special events, schedule changes, bad weather closings, announcements, and other information can be found on our Facebook page - make sure to "Like" us to stay up to date!